

## Icelandic Masters Open Championships 2013 - 3.5.2013 to 4.5.2013

## Úrslit

## Grein 1 Karlar 30-34 800 . Metra Skriðsund

	Nafn	ár	Team	Tíminn	Tíma
1	Grétar Snorrason	32	Sundfélag Hafnarfjarðar	12:05,57	11:54,15
	37,94 1:21,43 2:06,28 2:51,57 3:37,18 4:22,88 5:08,50 5:54,42				
	6:40,05 7:25,63 8:11,24 8:56,26 9:41,19 10:26,00 11:10,43 11:54,15				
2	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	NT	16:00,47
	43,82 1:36,00 2:33,71 3:34,37 4:36,88 5:38,56 6:39,58 7:42,41				
	8:44,30 9:47,39 10:50,88 11:54,93 12:56,57 13:58,44 15:00,49 16:00,47				

## Grein 1 Karlar 35-39 800 . Metra Skriðsund

1	Elvar Níelsson	39	Sunddeild Breiðabliks	NT	10:48,67
	34,29 1:11,56 1:50,64 2:30,91 3:12,27 3:53,34 4:35,15 5:16,59				
	5:59,06 6:41,04 7:23,08 8:05,19 8:47,06 9:29,07 10:11,63 10:48,67				
2	Hákon Sigurðsson	39	Sundfélag Hafnarfjarðar	12:53,38	11:39,23
	39,29 1:21,84 2:05,49 2:49,35 3:32,79 4:16,73 5:01,15 5:45,95				
	6:30,79 7:15,22 7:59,97 8:44,84 9:28,68 10:13,12 10:57,10 11:39,23				

## Grein 1 Karlar 40-44 800 . Metra Skriðsund

1	Viðar Þorsteinsson	40	Sunddeild Breiðabliks	12:08,09	11:18,57
	39,42 1:21,30 2:03,09 2:45,76 3:28,18 4:11,74 4:54,83 5:38,26				
	6:20,25 7:02,59 7:45,40 8:27,96 9:10,08 9:53,39 10:36,36 11:18,57				
2	Hálf dán Freyr Örnólfsson	40	Sundfélag Hafnarfjarðar	11:11,79	12:14,94
	35,84 1:20,61 2:07,05 2:54,98 3:43,29 4:31,77 5:19,91 6:06,69				
	6:53,37 7:40,85 8:27,27 9:14,86 10:01,89 10:48,78 11:34,54 12:14,94				
3	Árni Þór Árnason	44	Sundfélag Hafnarfjarðar	NT	12:51,58
	41,84 1:27,79 2:16,66 3:05,60 3:54,96 4:43,12 5:32,42 6:21,12				
	7:09,94 7:59,61 8:49,04 9:38,39 10:27,73 11:17,30 12:06,83 12:51,58				
4	Alexander Arnarson	40	Sunddeild Breiðabliks	NT	13:59,89
	41,71 1:29,83 2:19,62 3:12,53 4:05,34 4:59,03 5:52,81 6:46,84				
	7:41,02 8:35,59 9:31,16 10:24,66 11:19,50 12:14,45 13:09,62 13:59,89				
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

## Grein 1 Karlar 45-49 800 . Metra Skriðsund

1	Sigurjón Þórðarson	49	Umf. Tindastól	NT	11:40,41
	36,86 1:16,18 1:59,25 2:42,56 3:26,77 4:11,16 4:55,67 5:41,01				
	6:25,19 7:10,28 7:55,20 8:40,01 9:25,26 10:11,35 10:55,92 11:40,41				
---	Einar Kristinsson	49	Sunddeild Breiðabliks	NT	NS

## Grein 1 Karlar 50-54 800 . Metra Skriðsund

1	Jón Hugi Harðarson	50	Sundfélag Akraness	NT	10:51,69
	35,39 1:13,30 1:53,15 2:33,18 3:13,81 3:54,86 4:36,07 5:17,55				
	5:59,33 6:41,82 7:24,39 8:06,56 8:48,66 9:30,84 10:12,71 10:51,69				
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	NT	10:55,86
	34,57 1:13,31 1:53,62 2:33,95 3:15,01 3:57,17 4:38,93 5:21,25				
	6:03,61 6:45,46 7:27,68 8:10,91 8:53,05 9:35,07 10:16,73 10:55,86				

## Grein 1 Karlar 55-59 800 . Metra Skriðsund

1	Einar Hauksson	55	Sunddeild Breiðabliks	NT	11:36,25
	36,46 1:18,56 1:59,62 2:43,61 3:27,67 4:11,07 4:56,41 5:40,20				
	6:25,55 7:09,15 7:53,50 8:38,24 9:23,52 10:08,23 10:52,82 11:36,25				
2	Remi Spilliaert	55	Sundfélagið Ægir	12:05,04	12:11,48
	39,53 1:23,45 2:09,20 2:56,10 3:42,62 4:29,39 5:15,22 6:01,51				
	6:47,63 7:33,84 8:20,70 9:07,56 9:53,69 10:40,28 11:26,31 12:11,48				
3	Ragnar Marteinnsson	56	Sunddeild Stjarnan	13:19,10	13:29,78
	42,57 1:32,15 2:24,25 3:16,82 4:09,19 5:02,18 5:55,04 6:47,59				
	7:39,66 8:31,98 9:24,07 10:17,22 11:09,98 12:01,80 12:48,39 13:29,78				
4	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	NT	15:26,53
	48,94 1:44,58 2:41,68 3:39,95 4:38,17 5:36,17 6:34,46 7:33,00				
	8:32,10 9:32,18 10:32,21 11:31,97 12:30,98 13:30,72 14:30,68 15:26,53				

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**Grein 1 Karlar 60-64 800 . Metra Skriðsund**

1	Sigmundur Stefánsson	60	Umf. Selfoss	12:47,57	12:22,32
	40,87	1:25,74	2:12,78	3:00,25	3:48,63
	5:25,25	7:00,40	7:47,31		
	9:21,02	10:08,22	10:54,26	11:39,86	12:22,32
2	Valgeir S. Kárasón	62	Umf. Tindastól	13:16,58	13:11,79
	43,06	1:31,02	2:21,66	3:12,17	4:03,28
	4:53,65	5:43,70	6:33,32		
	7:24,90	8:15,72	9:06,17	9:56,34	10:46,56
	11:37,09	12:25,25	13:11,79		

**Grein 1 Karlar 65-69 800 . Metra Skriðsund**

1	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	23:59,30	25:44,03
	1:19,44	2:53,06	4:28,21	6:03,82	7:39,11
	10:52,74	12:32,02	14:06,18		
	15:47,34	17:25,23	19:02,54	24:03,11	25:44,03

**Grein 2 Konur 40-44 800 . Metra Skriðsund**

1	Helga Sigurðardóttir	44	Sundfélagið Ægir	NT	11:37,16
	37,19	1:18,72	2:02,12	2:46,38	3:30,60
	4:15,01	4:59,82	5:44,66		
	6:28,88	7:13,03	7:58,34	8:42,82	9:27,42
	10:11,77	10:55,90	11:37,16		

**Grein 2 Konur 45-49 800 . Metra Skriðsund**

1	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	12:50,33	13:33,52
	42,62	1:31,40	2:21,81	3:13,28	4:05,10
	4:57,69	5:47,79	6:39,02		
	7:32,17	8:24,57	9:16,86	10:09,18	11:00,21
	11:52,98	12:45,28	13:33,52		

**Grein 2 Konur 55-59 800 . Metra Skriðsund**

1	Sigurbjörg Eðvarsdóttir	55	Sundfélagið Ægir	NT	16:36,04
	51,98	1:52,79	2:55,61	3:58,65	5:03,72
	6:07,46	7:11,08	8:13,36		
	9:18,55	10:20,99	11:25,21	12:27,98	13:31,04
	14:34,23	16:36,04	16:36,04		

**Grein 2 Konur 60-64 800 . Metra Skriðsund**

1	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	15:39,14	16:25,25
	51,08	1:49,62	2:52,38	3:54,39	4:57,79
	5:59,87	7:03,25	8:06,40		
	9:09,50	10:12,72	11:14,80	12:17,41	13:21,66
	14:24,15	15:26,51	16:25,25		

**Grein 3 Karlar 25-29 50 . Metra Flugsund**

1	Sindri S. Friðriksson	25	Sundfélag Hafnarfjarðar	NT	27,47
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**Grein 3 Karlar 30-34 50 . Metra Flugsund**

1	Stefán Rey Ólafsson	34	Umf. Selfoss	28,81	28,13
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**Grein 3 Karlar 35-39 50 . Metra Flugsund**

1	Ægir Sigurðsson	35	Umf. Selfoss	28,90	28,77
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**Grein 3 Karlar 40-44 50 . Metra Flugsund**

1	Árni Rúnar Árnason	40	Sundfélag Hafnarfjarðar	NT	32,18
2	Magni Þór Samsonarson	43	Sundfélag Hafnarfjarðar	32,09	33,70
3	Geir Sigurður Jónsson	40	Sundfélagið Ægir	42,00	34,32
4	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	35,23	36,35
5	Magnús Pálmi Örnólfsson	42	Hsb Bolungarvík	NT	38,48
6	Bergþór Jóhannsson	44	Sundfélag Hafnarfjarðar	38,73	38,97

**Grein 3 Karlar 45-49 50 . Metra Flugsund**

1	Þórir Marínó Sigurðsson	45	Sundfélagið Ægir	NT	31,23
2	Sigurjón Þórðarson	49	Umf. Tindastól	NT	35,01
3	Kristinn Samsonarson	48	Sundfélag Hafnarfjarðar	34,57	36,53
4	Gunnar Júlíusson	46	Í B V	35,15	39,07
5	Magnús Tryggvason	49	Hamar	36,75	40,42
---	Einar Kristinsson	49	Sunddeild Breiðabliks	43,23	NS

**Grein 3 Karlar 50-54 50 . Metra Flugsund**

1	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	31,72	32,66
2	Hilmar Hreinsson	54	Sundfélag Hafnarfjarðar	37,47	38,54

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**Grein 3 Karlar 55-59 50 . Metra Flugsund**

1	Guðjón Guðnason	59	Sundfélag Hafnarfjarðar	34,43	34,79
2	Remi Spilliaert	55	Sundfélagið Ægir	40,82	41,92

**Grein 3 Karlar 60-64 50 . Metra Flugsund**

1	Hans Birgir Friðriksson	60	Umf. Tindastól	NT	38,40
2	Valgeir S. Kárason	62	Umf. Tindastól	43,00	42,56

**Grein 4 Konur 35-39 50 . Metra Flugsund**

1	Íris Ragnarsdóttir	38	Sundfélag Hafnarfjarðar	NT	37,14
2	Sigrún Árnadóttir	36	Sunddeild Breiðabliks	NT	58,57

**Grein 4 Konur 40-44 50 . Metra Flugsund**

1	Eygló Traustadóttir	42	Sundfélagið Ægir	NT	36,69
2	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	42,61
3	Irina Óskarsdóttir	40	Sunddeild Breiðabliks	NT	54,18

**Grein 4 Konur 45-49 50 . Metra Flugsund**

---	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	47,12	NS
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**Grein 4 Konur 60-64 50 . Metra Flugsund**

1	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	55,39	57,69
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**Grein 5 Karlar 30-34 100 . Metra Bringusund**

1	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	NT	1:40,47
	47,28	1:40,47			

**Grein 5 Karlar 35-39 100 . Metra Bringusund**

1	Hákon Sigurðsson	39	Sundfélag Hafnarfjarðar	NT	1:33,49
	43,75	1:33,49			

**Grein 5 Karlar 40-44 100 . Metra Bringusund**

1	Finnbjörn Aðalheiðarson	44	Sundfélagið Ægir	NT	1:22,72
	38,78	1:22,72			
2	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	1:24,82	1:26,48
	41,29	1:26,48			
3	Rúnar Már Jóhannsson	40	Sundfélag Hafnarfjarðar	NT	1:31,91
	44,40	1:31,91			
4	Kári Höskuldsson	40	Í B V	1:36,79	1:34,73
	44,25	1:34,73			
5	Guðmundur Þorleifsson	44	Sundfélag Hafnarfjarðar	NT	1:38,08
	46,16	1:38,08			
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

**Grein 5 Karlar 45-49 100 . Metra Bringusund**

1	Sigurjón Þórðarson	49	Umf. Tindastól	NT	1:28,31
	41,30	1:28,31			
2	Vignir Barkarson	49	Sundfélag Akraness	1:27,99	1:29,39
	42,94	1:29,39			
---	Einar Kristinsson	49	Sunddeild Breiðabliks	NT	NS

**Grein 5 Karlar 55-59 100 . Metra Bringusund**

1	Sigmar Björnsson	55	Keflavík	1:28,05	1:29,43
	41,38	1:29,43			
2	Ragnar Marteinnsson	56	Sunddeild Stjarnan	1:41,03	1:33,37
	44,07	1:33,37			
3	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	1:37,88	1:37,41
	45,82	1:37,41			
4	Björgvin Björgvinsson	58	Sundfélag Hafnarfjarðar	1:42,40	1:44,04
	46,05	1:44,04			

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**Grein 5 Karlar 60-64 100 . Metra Bringusund**

1	Kári Kaaber	63	Sundfélag Hafnarfjarðar	1:28,50	1:28,01
	41,67	1:28,01			

**Grein 5 Karlar 65-69 100 . Metra Bringusund**

1	Trausti Sveinbjörnsson	67	Sundfélag Hafnarfjarðar	NT	1:48,06
	50,20	1:48,06			
2	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	2:46,80	2:36,93
	1:14,67	2:36,93			

**Grein 5 Karlar 75-79 100 . Metra Bringusund**

1	Óli G Þórðarson	77	Sundfélag Hafnarfjarðar	1:58,17	1:54,89
	55,06	1:54,89			
2	Haukur Bergsteinnsson	77	Sunddeild Breiðabliks	NT	2:28,65
	1:11,12	2:28,65			

**Grein 6 Konur 30-34 100 . Metra Bringusund**

1	Ebba Særún Brynjarsdóttir	31	Sundfélag Hafnarfjarðar	NT	1:39,50
	46,47	1:39,50			
2	Harpa Hrund Berndsen	32	Sundfélagið Ægir	NT	2:00,78
	55,89	2:00,78			

**Grein 6 Konur 35-39 100 . Metra Bringusund**

1	Auður Ásgeirsdóttir	39	Í B V	1:35,33	1:30,29
	41,75	1:30,29			

**Grein 6 Konur 40-44 100 . Metra Bringusund**

1	Karitas Guðmundsdóttir	43	Sundfélag Hafnarfjarðar	1:56,14	1:53,80
	52,45	1:53,80			

**Grein 6 Konur 45-49 100 . Metra Bringusund**

1	Rebekka Björgvinsdóttir	46	Í B V	2:03,16	2:08,83
	1:01,07	2:08,83			

**Grein 6 Konur 50-54 100 . Metra Bringusund**

1	Birna Jóhanna Ólafsdóttir	50	Sundfélag Hafnarfjarðar	1:36,15	1:46,62
	53,04	1:46,62			
2	Ásrún Vilbergsdóttir	52	Sundfélag Hafnarfjarðar	1:59,91	1:59,85
	57,57	1:59,85			
3	Gerður Arnarsdóttir	51	Sundfélag Hafnarfjarðar	NT	2:09,21
	1:04,00	2:09,21			

**Grein 6 Konur 60-64 100 . Metra Bringusund**

1	Björg Kristóferdóttir	61	Ungmennasamband Borgarfjarðar	NT	1:55,04
	54,20	1:55,04			
2	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	2:03,41	2:01,31
	56,69	2:01,31			
---	Svanhildur Sigurðardóttir	62	Sundfélag Hafnarfjarðar	NT	DQ
	1:08,21				

**Grein 6 Konur 65-69 100 . Metra Bringusund**

1	Ragna María Ragnarsdóttir	65	Sundfélagið Ægir	2:21,02	2:25,78
	1:09,36	2:25,78			

**Grein 7 Karlar 25-29 50 . Metra Skriðsund**

1	Sindri S. Friðriksson	25	Sundfélag Hafnarfjarðar	NT	25,22
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**Grein 7 Karlar 30-34 50 . Metra Skriðsund**

1	Stefán Rey Ólafsson	34	Umf. Selfoss	26,30	25,81
2	Bjarni Freyr Guðmundsson	31	Sundfélagið Ægir	NT	27,09
3	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	38,71	42,72
---	Kristinn Sverrisson	34	Sunddeild Breiðabliks	NT	NS

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**Grein 7 Karlar 35-39 50 . Metra Skriðsund**

1	Ægir Sigurðsson	35	Umf. Selfoss	26,50	26,21
2	Elvar Nielsson	39	Sunddeild Breiðabliks	28,27	27,87
---	Gylfi Örn Gylfason	37	Sundfélag Hafnarfjarðar	32,80	DQ

**Grein 7 Karlar 40-44 50 . Metra Skriðsund**

1	Hálf dán Freyr Örnólfsson	40	Sundfélag Hafnarfjarðar	27,08	27,70
2	Árni Rúnar Árnason	40	Sundfélag Hafnarfjarðar	NT	28,66
3	Geir Sigurður Jónsson	40	Sundfélagið Ægir	34,00	29,50
4	Magnús Pálmi Örnólfsson	42	Hsb Bolungarvík	NT	30,31
5	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	29,99	31,02
6	Magni Þór Samsonarson	43	Sundfélag Hafnarfjarðar	29,73	31,63
7	Bergþór Jóhannsson	44	Sundfélag Hafnarfjarðar	30,91	32,73
8	Alexander Arnarson	40	Sunddeild Breiðabliks	NT	33,57
9	Árni Þór Árnason	44	Sundfélag Hafnarfjarðar	NT	34,85
10	Kári Höskuldsson	40	Í B V	35,39	35,48
11	Gunnar Þór Gunnarsson	43	Umf. Selfoss	NT	36,19
---	Ólafur Baldursson	44	Sundfélag Hafnarfjarðar	36,14	NS
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

**Grein 7 Karlar 45-49 50 . Metra Skriðsund**

1	Theódór Ólafsson	48	Sundfélag Hafnarfjarðar	29,77	28,80
2	Þórir Marínó Sigurðsson	45	Sundfélagið Ægir	NT	29,33
3	Vignir Barkarson	49	Sundfélag Akraness	29,11	29,75
4	Kristinn Samsonarson	48	Sundfélag Hafnarfjarðar	31,82	31,41
5	Gunnar Júlíusson	46	Í B V	32,22	32,76
6	Magnús Tryggvason	49	Hamar	32,93	35,03

**Grein 7 Karlar 50-54 50 . Metra Skriðsund**

1	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	29,35	30,12
2	Jón Hugi Harðarson	50	Sundfélag Akraness	29,95	30,79
3	Hilmar Hreinsson	54	Sundfélag Hafnarfjarðar	32,82	32,60

**Grein 7 Karlar 55-59 50 . Metra Skriðsund**

1	Ragnar Marteinnsson	56	Sunddeild Stjarnan	29,74	29,87
2	Einar Hauksson	55	Sunddeild Breiðabliks	30,59	31,81
3	Remi Spilliaert	55	Sundfélagið Ægir	31,15	32,86
4	Hafsteinn Guðmundsson	56	Umf. Tindastól	NT	41,24
5	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	42,96	42,11
---	Þorgeir Sigurðsson	56	Sunddeild Breiðabliks	34,31	NS

**Grein 7 Karlar 60-64 50 . Metra Skriðsund**

1	Hans Birgir Friðriksson	60	Umf. Tindastól	NT	31,51
2	Sigmundur Stefánsson	60	Umf. Selfoss	33,41	32,85
3	Valgeir S. Kárasón	62	Umf. Tindastól	34,00	33,09
4	Kári Kaaber	63	Sundfélag Hafnarfjarðar	37,07	36,22
5	Jón Guðmundsson	64	Sundfélag Hafnarfjarðar	37,53	37,63
6	Valdimar Hallgrímsson	64	Sundfélag Akraness	NT	42,95

**Grein 7 Karlar 65-69 50 . Metra Skriðsund**

1	Trausti Sveinbjörnsson	67	Sundfélag Hafnarfjarðar	NT	40,20
2	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	1:06,21	1:12,02

**Grein 7 Karlar 75-79 50 . Metra Skriðsund**

1	Haukur Bergsteinnsson	77	Sunddeild Breiðabliks	NT	1:05,84
---	Óli G Þórðarson	77	Sundfélag Hafnarfjarðar	44,29	NS

**Grein 8 Konur 20-24 50 . Metra Skriðsund**

---	Sædis Rán Sveinsdóttir	20	Sundfélagið Ægir	NT	X39,80
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**Grein 8 Konur 25-29 50 . Metra Skriðsund**

1	Agnes Davy	28	Sundfélagið Ægir	NT	40,39
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**Grein 8 Konur 30-34 50 . Metra Skriðsund**

1	Harpa Hrund Berndsen	32	Sundfélagið Ægir	NT	41,65
2	Ebba Særún Brynjarsdóttir	31	Sundfélag Hafnarfjarðar	NT	45,24

**Grein 8 Konur 35-39 50 . Metra Skriðsund**

1	Sigurlín Garðarsdóttir	39	Umf. Selfoss	30,92	30,27
2	Íris Ragnarsdóttir	38	Sundfélag Hafnarfjarðar	32,33	32,82
3	Auður Ásgeirsdóttir	39	Í B V	32,25	33,03
4	Hildur Kristinsdóttir	38	Sundfélag Hafnarfjarðar	NT	39,80
5	Sigrún Árnadóttir	36	Sunddeild Breiðabliks	NT	45,57

**Grein 8 Konur 40-44 50 . Metra Skriðsund**

1	Helga Sigurðardóttir	44	Sundfélagið Ægir	NT	30,21
2	Eygló Traustadóttir	42	Sundfélagið Ægir	NT	32,66
3	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	35,55
4	Irina Óskarsdóttir	40	Sunddeild Breiðabliks	NT	40,71
5	Sigrún Þ Geirsdóttir	41	Sundfélagið Ægir	NT	45,50
6	Karitas Guðmundsdóttir	43	Sundfélag Hafnarfjarðar	47,23	48,59

**Grein 8 Konur 45-49 50 . Metra Skriðsund**

1	Hrund Baldursdóttir	49	Umf. Selfoss	38,70	37,40
2	Rebekka Björgvinsdóttir	46	Í B V	48,31	52,70

**Grein 8 Konur 50-54 50 . Metra Skriðsund**

1	Karen Malmquist	52	Óðinn	37,13	37,85
2	Birna Jóhanna Ólafsdóttir	50	Sundfélag Hafnarfjarðar	36,01	44,90
3	Ásrún Vilbergsdóttir	52	Sundfélag Hafnarfjarðar	55,18	55,63
---	Gerður Arnarsdóttir	51	Sundfélag Hafnarfjarðar	NT	DQ

**Grein 8 Konur 55-59 50 . Metra Skriðsund**

1	Soffía Káradóttir	57	Umf. Tindastól	NT	49,36
2	Sigurbjörg Eðvarsdóttir	55	Sundfélagið Ægir	NT	49,56

**Grein 8 Konur 60-64 50 . Metra Skriðsund**

1	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	45,23	43,66
2	Björg Kristóferdóttir	61	Ungmennasamband Borgarfjarðar	NT	44,44
3	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	41,63	45,54
4	Svanhildur Sigurðardóttir	62	Sundfélag Hafnarfjarðar	57,73	57,44

**Grein 8 Konur 65-69 50 . Metra Skriðsund**

1	Ragna María Ragnarsdóttir	65	Sundfélagið Ægir	53,18	52,06
2	Jóhanna Jónasdóttir	69	Sunddeild Breiðabliks	NT	59,36

**Grein 9 Karlar 120-159 200 . Metra Skriðsund Boðsund**

---	Sundfélag Hafnarfjarðar	A	NT	NS
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**Grein 9 Karlar 160-199 200 . Metra Skriðsund Boðsund**

1	Sundfélag Hafnarfjarðar	A	NT	1:55,79			
1)	Guðni Guðnason M51	2)	Theódór Ólafsson M48	3)	Árni Rúnar Árnason M40	4)	Hálf dán Freyr Örnólfsson M40
	30,48		59,14		1:27,52		1:55,79
2	Sundfélag Hafnarfjarðar	B	NT	2:16,52			
1)	Sindri S. Friðriksson M25	2)	Grétar Snorrason M32	3)	Árni Þór Árnason M44	4)	Gunnar Stefánsson M32
	25,69		59,22		1:34,14		2:16,52

**Grein 9 Karlar 200-239 200 . Metra Skriðsund Boðsund**

1	Sundfélagið Ægir	A	NT	1:57,65			
1)	Þórir Marínó Sigurðsson M45	2)	Bjarni Freyr Guðmundsson M313)	3)	Remi Spilliaert M55	4)	Geir Sigurður Jónsson M40
	29,48		56,50		1:28,85		1:57,65

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**(Grein 9 Karlar 200-239 200 . Metra Skriðsund Boðsund)**

2	Umf. Selfoss	A	NT	1:58,55
	1) Stefán Rey Ólafsson M34	2) Gunnar Þór Gunnarsson M43	3) Sigmundur Stefánsson M60	4) Ægir Sigurðsson M35
	25,97 1:00,37 1:32,76	1:58,55		
3	Sundfélag Hafnarfjarðar	B	NT	2:16,31
	1) Hákon Sigurðsson M39	2) Gylfi Örn Gylfason M37	3) Rúnar Már Jóhannsson M40	4) Finnbogi Gylfason M43
	34,10 1:05,55 1:46,54	2:16,31		
4	Sundfélag Hafnarfjarðar	A	NT	2:16,52
	1) Kristinn Samsonarson M48	2) Bergþór Jóhannsson M44	3) Guðmundur Þorleifsson M44	4) Magni Þór Samsonarson M43
	31,39 1:04,92 1:29,99	2:16,52		
5	Umf. Tindastól	A	NT	2:19,24
	1) Valgeir S. Kárason M62	2) Hafsteinn Guðmundsson M56	3) Sigurjón Þórðarson M49	4) Hans Birgir Friðriksson M60
	34,53 1:15,26 1:47,74	2:19,24		

**(Grein 9 Karlar 240-279 200 . Metra Skriðsund Boðsund)**

1	Sundfélag Hafnarfjarðar	B	NT	2:30,24
	1) Kári Kaaber M63	2) Trausti Sveinbjörnsson M67	3) Aðalsteinn Einarson M55	4) Guðjón Guðnason M59
	36,27 1:16,00 1:57,84	2:30,24		
2	Sundfélag Hafnarfjarðar	A	NT	3:24,35
	1) Björgvin Björgvinsson M58	2) Jón Guðmundsson M64	3) Þorsteinn Ingimundarsson M67	4) Óli G Þórðarson M77
	47,76 1:27,29 2:38,16	3:24,35		

**(Grein 10 Konur 160-199 200 . Metra Skriðsund Boðsund)**

1	Sundfélagið Ægir	A	NT	2:44,52
	1) Sigrún Þ Geirsdóttir W41	2) Agnes Davy W28	3) Harpa Hrud Berndsen W32	4) Sædis Rán Sveinsdóttir W20
	45,03 1:24,50 2:05,56	2:44,52		

**(Grein 10 Konur 200-239 200 . Metra Skriðsund Boðsund)**

1	Sundfélag Hafnarfjarðar	A	NT	3:27,79
	1) Birna Jóhanna Ólafsdóttir W50	2) Ásrún Vilbergsdóttir W52	3) Svanhildur Sigurðardóttir W62	4) Ingibjörg Svala Ólafsdóttir W60
	47,35 1:43,63 3:27,79			

**(Grein 10 Konur 240-279 200 . Metra Skriðsund Boðsund)**

1	Sundfélag Hafnarfjarðar	A	NT	2:44,35
	34,01 1:17,03 2:04,34	2:44,35		

**(Grein 11 Konur 30-34 400 . Metra Skriðsund)**

---	Ebba Særún Brynjarsdóttir	31	Sundfélag Hafnarfjarðar	NT	NS
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**(Grein 11 Konur 40-44 400 . Metra Skriðsund)**

1	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	6:10,59
	41,52 1:27,45 2:15,21	3:02,75	3:49,66 4:36,64	5:24,20	6:10,59

**(Grein 11 Konur 45-49 400 . Metra Skriðsund)**

1	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	6:21,16	6:32,79
	42,66 1:30,76 2:20,39	3:10,29	4:01,07 4:52,12	5:43,01	6:32,79

**(Grein 11 Konur 55-59 400 . Metra Skriðsund)**

1	Sigurbjörg Eðvarsdóttir	55	Sundfélagið Ægir	NT	8:29,47
	53,38 1:55,56 3:01,15	4:06,70	5:13,87 6:18,51	7:25,22	8:29,47

**(Grein 11 Konur 60-64 400 . Metra Skriðsund)**

1	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	7:35,07	7:59,86
	50,62 1:48,77 2:48,42	3:50,69	4:54,45 5:56,85	7:00,35	7:59,86
2	Elisabet Ingibergsdóttir	60	Sundfélag Hafnarfjarðar	NT	8:44,14
	48,91 1:48,09 2:52,58	3:59,04	5:08,14 6:18,79	7:31,09	8:44,14

**(Grein 12 Karlar 30-34 400 . Metra Skriðsund)**

1	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	7:04,98	7:31,26
	45,47 1:36,36 2:31,81	3:29,75	4:29,34 5:29,88	6:31,09	7:31,26

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**Grein 12 Karlar 35-39 400 . Metra Skriðsund**

1	Gylfi Örn Gylfason	37	Sundfélag Hafnarfjarðar	NT	5:54,75
	38,41 1:20,11 2:03,56 2:49,24 3:35,97 4:23,05 5:10,19			5:54,75	

**Grein 12 Karlar 40-44 400 . Metra Skriðsund**

1	Geir Sigurður Jónsson	40	Sundfélagið Ægir	6:00,00	5:50,14
	40,29 1:24,64 2:11,36 2:57,97 3:44,24 4:27,69 5:09,50			5:50,14	
2	Árni Þór Árnason	44	Sundfélag Hafnarfjarðar	NT	6:04,46
	40,14 1:24,10 2:10,47 2:58,19 3:45,42 4:32,30 5:18,18			6:04,46	
3	Guðmundur Þorleifsson	44	Sundfélag Hafnarfjarðar	8:47,24	7:06,29
	44,05 1:33,99 2:28,20 3:23,65 4:18,67 5:14,45 6:10,54			7:06,29	
---	Alexander Arnarson	40	Sunddeild Breiðabliks	NT	NS
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

**Grein 12 Karlar 50-54 400 . Metra Skriðsund**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	5:08,93	5:16,46
	35,04 1:13,66 1:53,65 2:34,13 3:14,43 3:55,37 4:36,59			5:16,46	
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	NT	5:29,90
	34,77 1:14,51 1:57,26 2:40,66 3:23,61 4:07,66 4:49,81			5:29,90	

**Grein 12 Karlar 55-59 400 . Metra Skriðsund**

1	Einar Hauksson	55	Sunddeild Breiðabliks	5:43,34	5:41,05
	36,79 1:17,25 2:01,19 2:44,85 3:28,86 4:13,46 4:58,24			5:41,05	
2	Ragnar Marteinson	56	Sunddeild Stjarnan	6:10,14	6:12,79
	37,71 1:21,50 2:08,57 2:57,65 3:47,73 4:38,99 5:28,71			6:12,79	
3	Þorgeir Sigurðsson	56	Sunddeild Breiðabliks	6:49,20	6:50,56
	46,31 1:37,54 2:29,45 3:21,79 4:13,91 5:06,53 6:00,81			6:50,56	
4	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	NT	8:55,54
	49,17 1:48,74 2:48,33 3:49,20 4:49,63 5:51,32 6:54,44			8:55,54	

**Grein 12 Karlar 60-64 400 . Metra Skriðsund**

1	Valgeir S. Kárason	62	Umf. Tindastól	6:28,56	6:33,71
	44,04 1:31,94 2:21,93 3:12,75 4:04,18 4:55,61 5:47,05			6:33,71	

**Grein 12 Karlar 65-69 400 . Metra Skriðsund**

1	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	12:12,02	12:46,00
	1:21,03 2:54,12 6:13,42 7:52,55 9:32,33 11:07,39			12:46,00	

**Grein 14 Karlar 35-39 100 . Metra Flugsund**

1	Ægir Sigurðsson	35	Umf. Selfoss	1:08,09	1:07,36
	31,45 1:07,36				

**Grein 14 Karlar 40-44 100 . Metra Flugsund**

1	Hálfván Freyr Örnólfsson	40	Sundfélag Hafnarfjarðar	NT	1:21,41
	38,90 1:21,41				
2	Magnús Pálmi Örnólfsson	42	Hsb Bolungarvík	NT	1:41,36
	45,84 1:41,36				

**Grein 14 Karlar 45-49 100 . Metra Flugsund**

1	Sigurjón Þórðarson	49	Umf. Tindastól	NT	1:31,42
	42,25 1:31,42				
---	Einar Kristinsson	49	Sunddeild Breiðabliks	NT	NS

**Grein 14 Karlar 50-54 100 . Metra Flugsund**

1	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	1:16,27	1:18,84
	36,54 1:18,84				

**Grein 14 Karlar 55-59 100 . Metra Flugsund**

1	Remi Spilliaert	55	Sundfélagið Ægir	NT	1:39,96
	45,93 1:39,96				

**Grein 15 Konur 20-24 50 . Metra Bringusund**

---	Sædis Rán Sveinsdóttir	20	Sundfélagið Ægir	NT	X50,02
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**Grein 15 Konur 25-29 50 . Metra Bringusund**

1	Agnes Davy	28	Sundfélagið Ægir	NT	54,11
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**Grein 15 Konur 30-34 50 . Metra Bringusund**

---	Harpa Hrund Berndsen	32	Sundfélagið Ægir	NT	DQ
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**Grein 15 Konur 35-39 50 . Metra Bringusund**

1	Sigurlín Garðarsdóttir	39	Umf. Selfoss	NT	39,81
2	Auður Ásgeirsdóttir	39	Í B V	40,73	39,95

**Grein 15 Konur 40-44 50 . Metra Bringusund**

1	Irina Óskarsdóttir	40	Sunddeild Breiðabliks	NT	50,43
2	Karitas Guðmundsdóttir	43	Sundfélag Hafnarfjarðar	51,97	53,56
3	Sigrún Þ Geirsdóttir	41	Sundfélagið Ægir	NT	54,07

**Grein 15 Konur 45-49 50 . Metra Bringusund**

1	Hrund Baldursdóttir	49	Umf. Selfoss	NT	50,20
2	Rebekka Björgvinsdóttir	46	Í B V	59,87	59,88

**Grein 15 Konur 50-54 50 . Metra Bringusund**

1	Birna Jóhanna Ólafsdóttir	50	Sundfélag Hafnarfjarðar	43,59	49,14
2	Karen Malmquist	52	Óðinn	NT	49,83
3	Ásrún Vilbergsdóttir	52	Sundfélag Hafnarfjarðar	NT	54,94
4	Gerður Arnarsdóttir	51	Sundfélag Hafnarfjarðar	NT	57,81

**Grein 15 Konur 55-59 50 . Metra Bringusund**

---	Soffía Káradóttir	57	Umf. Tindastól	NT	NS
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**Grein 15 Konur 60-64 50 . Metra Bringusund**

1	Björg Kristóferdóttir	61	Ungmennasamband Borgarfjarðar	NT	51,05
2	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	55,56	55,46
3	Svanhildur Sigurðardóttir	62	Sundfélag Hafnarfjarðar	1:10,09	1:06,88

**Grein 15 Konur 65-69 50 . Metra Bringusund**

1	Ragna María Ragnarsdóttir	65	Sundfélagið Ægir	NT	1:05,83
2	Steinnun Hjartadóttir	65	Umf. Tindastól	NT	1:14,92

**Grein 16 Karlar 25-29 50 . Metra Bringusund**

1	Sindri S. Friðriksson	25	Sundfélag Hafnarfjarðar	NT	31,92
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**Grein 16 Karlar 30-34 50 . Metra Bringusund**

1	Bjarni Freyr Guðmundsson	31	Sundfélagið Ægir	NT	34,68
2	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	45,76	46,66

**Grein 16 Karlar 40-44 50 . Metra Bringusund**

1	Finnbjörn Aðalheiðarson	44	Sundfélagið Ægir	NT	35,88
2	Árni Rúnar Árnason	40	Sundfélag Hafnarfjarðar	NT	38,64
3	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	37,69	39,17
4	Rúnar Már Jóhannsson	40	Sundfélag Hafnarfjarðar	NT	41,91
5	Bergþór Jóhannsson	44	Sundfélag Hafnarfjarðar	40,04	42,10
6	Kári Höskuldsson	40	Í B V	42,50	43,06
---	Guðmundur Þorleifsson	44	Sundfélag Hafnarfjarðar	44,56	DQ
---	Alexander Arnarson	40	Sunddeild Breiðabliks	NT	NS
---	Ólafur Baldursson	44	Sundfélag Hafnarfjarðar	40,63	NS
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

**Grein 16 Karlar 45-49 50 . Metra Bringusund**

1	Þórir Marínó Sigurðsson	45	Sundfélagið Ægir	NT	39,88
2	Vignir Barkarson	49	Sundfélag Akraness	39,88	40,19
3	Kristinn Samsonarson	48	Sundfélag Hafnarfjarðar	43,54	42,48

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**Grein 16 Karlar 50-54 50 . Metra Bringusund**

1	Eyþór Gissurarson	51	Sunddeild Breiðabliks	42,84	44,45
---	Hilmar Hreinsson	54	Sundfélag Hafnarfjarðar	42,04	NS

**Grein 16 Karlar 55-59 50 . Metra Bringusund**

1	Guðjón Guðnason	59	Sundfélag Hafnarfjarðar	39,29	39,69
2	Ragnar Marteinnsson	56	Sunddeild Stjarnan	39,04	40,04
3	Sigmar Björnsson	55	Keflavík	39,15	40,92
4	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	42,65	44,31
5	Björgvin Björgvinsson	58	Sundfélag Hafnarfjarðar	44,65	46,67

**Grein 16 Karlar 60-64 50 . Metra Bringusund**

1	Kári Kaaber	63	Sundfélag Hafnarfjarðar	40,64	40,92
2	Valdimar Hallgrímsson	64	Sundfélag Akraness	NT	46,15
3	Valgeir S. Kárason	62	Umf. Tindastól	52,21	47,35
4	Jón Guðmundsson	64	Sundfélag Hafnarfjarðar	50,36	52,56

**Grein 16 Karlar 65-69 50 . Metra Bringusund**

1	Trausti Sveinbjörnsson	67	Sundfélag Hafnarfjarðar	45,91	45,17
2	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	1:14,70	1:08,99

**Grein 16 Karlar 75-79 50 . Metra Bringusund**

1	Óli G Þórðarson	77	Sundfélag Hafnarfjarðar	51,43	57,70
2	Haukur Bergsteinnsson	77	Sunddeild Breiðabliks	1:05,46	1:03,51

**Grein 17 Konur 40-44 100 . Metra Baksund**

1	Eygló Traustadóttir	42	Sundfélagið Ægir	NT	1:19,41
	39,17 1:19,41				
2	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	1:31,52
	45,64 1:31,52				

**Grein 17 Konur 50-54 100 . Metra Baksund**

1	Karen Malmquist	52	Óðinn	1:37,53	1:38,63
	47,87 1:38,63				

**Grein 17 Konur 60-64 100 . Metra Baksund**

1	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	1:48,18	1:52,11
	54,52 1:52,11				
2	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	2:03,95	1:58,46
	55,18 1:58,46				

**Grein 18 Karlar 40-44 100 . Metra Baksund**

1	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	1:24,70	1:27,12
	40,78 1:27,12				

**Grein 18 Karlar 50-54 100 . Metra Baksund**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	1:16,47	1:18,89
	37,60 1:18,89				
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	1:27,08	1:26,05
	41,57 1:26,05				

**Grein 18 Karlar 60-64 100 . Metra Baksund**

1	Jón Guðmundsson	64	Sundfélag Hafnarfjarðar	2:08,10	2:10,49
	58,18 2:10,49				
2	Kári Kaaber	63	Sundfélag Hafnarfjarðar	1:45,72	2:25,44
	1:29,65 2:25,44				

**Grein 18 Karlar 65-69 100 . Metra Baksund**

1	Páll Arnór Pálsson	65	Sunddeild Breiðabliks	NT	2:20,02
	1:05,50 2:20,02				

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**Grein 19 Konur 35-39 200 . Metra Skriðsund**

1	Hildur Kristinsdóttir	38	Sundfélag Hafnarfjarðar	NT	3:39,54
	48,88	1:45,63	2:44,85	3:39,54	
2	Sigrún Árnadóttir	36	Sunddeild Breiðabliks	NT	3:51,52
	52,10	1:51,42	2:52,85	3:51,52	

**Grein 19 Konur 40-44 200 . Metra Skriðsund**

1	Helga Sigurðardóttir	44	Sundfélagið Ægir	NT	2:31,13
	34,02	1:11,86	1:51,59	2:31,13	

**Grein 19 Konur 45-49 200 . Metra Skriðsund**

1	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	2:59,71	3:07,85
	41,26	1:29,20	2:18,89	3:07,85	

**Grein 19 Konur 50-54 200 . Metra Skriðsund**

1	Birna Jóhanna Ólafsdóttir	50	Sundfélag Hafnarfjarðar	3:02,86	3:32,94
	52,43	1:45,44	2:39,64	3:32,94	
2	Ásrún Vilbergsdóttir	52	Sundfélag Hafnarfjarðar	NT	4:36,10
	59,83	2:08,88	3:22,85	4:36,10	

**Grein 19 Konur 55-59 200 . Metra Skriðsund**

1	Sigurbjörg Eðvarsdóttir	55	Sundfélagið Ægir	NT	4:02,61
	53,01	1:55,16	3:00,35	4:02,61	

**Grein 19 Konur 60-64 200 . Metra Skriðsund**

1	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	3:43,55	3:38,43
	49,90	1:45,43	2:43,15	3:38,43	
2	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	3:36,28	3:47,45
	49,62	1:47,09	2:48,17	3:47,45	

**Grein 20 Karlar 30-34 200 . Metra Skriðsund**

1	Stefán Rey Ólafsson	34	Umf. Selfoss	2:15,25	2:09,71
	30,62	1:03,93	1:37,00	2:09,71	
2	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	3:16,81	3:36,77
	46,10	1:40,44	2:38,63	3:36,77	

**Grein 20 Karlar 40-44 200 . Metra Skriðsund**

1	Hálf dán Freyr Örnólfsson	40	Sundfélag Hafnarfjarðar	2:24,96	2:26,77
	33,63	1:11,24	1:50,53	2:26,77	
2	Magnús Pálmi Örnólfsson	42	Hsb Bolungarvík	NT	2:51,22
	35,94	1:18,73	2:04,80	2:51,22	
3	Geir Sigurður Jónsson	40	Sundfélagið Ægir	NT	2:51,31
	40,10	1:24,33	2:10,16	2:51,31	
4	Árni Þór Árnason	44	Sundfélag Hafnarfjarðar	NT	2:55,50
	37,22	1:20,16	2:07,82	2:55,50	
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

**Grein 20 Karlar 45-49 200 . Metra Skriðsund**

1	Vignir Barkarson	49	Sundfélag Akraness	2:25,83	2:28,74
	33,82	1:10,43	1:48,89	2:28,74	
2	Sigurjón Þórðarson	49	Umf. Tindastól	NT	2:37,52
	35,92	1:15,60	1:57,15	2:37,52	
3	Gunnar Júlíusson	46	Í B V	2:32,47	2:55,66
	39,92	1:23,56	2:10,29	2:55,66	
---	Einar Kristinsson	49	Sunddeild Breiðabliks	NT	NS

**Grein 20 Karlar 50-54 200 . Metra Skriðsund**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	NT	2:27,46
	34,05	1:11,26	1:49,20	2:27,46	
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	2:31,89	2:30,39
	33,84	1:12,43	1:52,28	2:30,39	

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**Grein 20 Karlar 55-59 200 . Metra Skriðsund**

1	Einar Hauksson	55	Sunddeild Breiðabliks	2:40,30	2:40,58
	35,13 1:15,87 1:58,27 2:40,58				
2	Ragnar Marteinson	56	Sunddeild Stjarnan	2:46,19	2:42,30
	35,79 1:16,91 2:00,32 2:42,30				
3	Remi Spilliaert	55	Sundfélagið Ægir	2:39,60	2:42,60
	35,96 1:16,55 2:00,17 2:42,60				
4	Þorgeir Sigurðsson	56	Sunddeild Breiðabliks	3:06,78	3:09,62
	42,13 1:29,73 2:20,58 3:09,62				
5	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	NT	3:40,62
	45,79 1:42,52 2:42,55 3:40,62				

**Grein 20 Karlar 60-64 200 . Metra Skriðsund**

1	Sigmundur Stefánsson	60	Umf. Selfoss	2:44,26	2:44,28
	37,78 1:19,52 2:02,41 2:44,28				
2	Valgeir S. Kárason	62	Umf. Tindastól	3:07,07	3:02,84
	41,14 1:27,28 2:16,77 3:02,84				
3	Hans Birgir Friðriksson	60	Umf. Tindastól	NT	3:25,16
	41,19 1:31,77 2:28,31 3:25,16				

**Grein 20 Karlar 65-69 200 . Metra Skriðsund**

1	Páll Arnór Pálsson	65	Sunddeild Breiðabliks	NT	4:03,35
	51,47 1:55,19 3:00,75 4:03,35				
2	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	5:45,83	6:29,25
	1:21,83 3:03,95 4:45,85 6:29,25				

**Grein 20 Karlar 75-79 200 . Metra Skriðsund**

1	Óli G Þórðarson	77	Sundfélag Hafnarfjarðar	3:43,61	3:56,21
	51,22 1:51,01 2:55,63 3:56,21				

**Grein 21 Konur 30-34 100 . Metra Fjór**

1	Harpa Hrund Berndsen	32	Sundfélagið Ægir	NT	1:55,66
	54,48 1:55,66				

**Grein 21 Konur 35-39 100 . Metra Fjór**

1	Sigurlín Garðarsdóttir	39	Umf. Selfoss	NT	1:16,21
	35,25 1:16,21				
2	Auður Ásgeirsdóttir	39	Í B V	1:24,17	1:23,69
	39,40 1:23,69				

**Grein 21 Konur 40-44 100 . Metra Fjór**

1	Helga Sigurðardóttir	44	Sundfélagið Ægir	NT	1:18,37
	36,78 1:18,37				
2	Eygló Traustadóttir	42	Sundfélagið Ægir	NT	1:22,59
	37,18 1:22,59				
3	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	1:30,59
	42,30 1:30,59				
4	Irina Óskarsdóttir	40	Sunddeild Breiðabliks	NT	1:54,43
	1:00,25 1:54,43				

**Grein 21 Konur 45-49 100 . Metra Fjór**

1	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	NT	1:43,52
	51,34 1:43,52				

**Grein 22 Karlar 25-29 100 . Metra Fjór**

1	Sindri S. Friðriksson	25	Sundfélag Hafnarfjarðar	NT	1:05,62
	30,13 1:05,62				

**Grein 22 Karlar 30-34 100 . Metra Fjór**

1	Bjarni Freyr Guðmundsson	31	Sundfélagið Ægir	NT	1:13,21
	34,81 1:13,21				

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**Grein 22 Karlar 35-39 100 . Metra Fjór**

1	Elvar Níelsson	39	Sunddeild Breiðabliks	1:16,47	1:14,21
	34,33 1:14,21				

**Grein 22 Karlar 40-44 100 . Metra Fjór**

1	Árni Rúnar Árnason	40	Sundfélag Hafnarfjarðar	NT	1:16,22
	34,99 1:16,22				
2	Geir Sigurður Jónsson	40	Sundfélagið Ægir	1:40,00	1:20,65
	40,64 1:20,65				
3	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	1:18,58	1:20,94
	39,01 1:20,94				
---	Finnbjörn Aðalheiðarson	44	Sundfélagið Ægir	NT	DQ
	40,07 DQ				

**Grein 22 Karlar 45-49 100 . Metra Fjór**

1	Þórir Marínó Sigurðsson	45	Sundfélagið Ægir	NT	1:16,08
	33,67 1:16,08				
2	Sigurjón Þórðarson	49	Umf. Tindastól	NT	1:23,00
	38,66 1:23,00				
3	Vignir Barkarson	49	Sundfélag Akraness	1:19,46	1:32,36
	44,65 1:32,36				
---	Einar Kristinsson	49	Sunddeild Breiðabliks	1:40,23	NS

**Grein 22 Karlar 50-54 100 . Metra Fjór**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	1:14,34	1:16,89
	34,88 1:16,89				
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	1:18,71	1:22,79
	38,90 1:22,79				
3	Hilmar Hreinsson	54	Sundfélag Hafnarfjarðar	1:26,40	1:28,56
	41,44 1:28,56				

**Grein 22 Karlar 55-59 100 . Metra Fjór**

1	Guðjón Guðnason	59	Sundfélag Hafnarfjarðar	1:23,25	1:23,63
	39,94 1:23,63				
2	Einar Hauksson	55	Sunddeild Breiðabliks	1:28,55	1:28,86
	43,59 1:28,86				
3	Ragnar Marteinnsson	56	Sunddeild Stjarnan	1:31,27	1:30,18
	43,75 1:30,18				
4	Remi Spilliaert	55	Sundfélagið Ægir	1:29,53	1:34,07
	46,90 1:34,07				

**Grein 22 Karlar 60-64 100 . Metra Fjór**

1	Gunnar Viðar Eiríksson	60	Óðinn	NT	1:33,72
	43,41 1:33,72				
2	Kári Kaaber	63	Sundfélag Hafnarfjarðar	1:37,86	1:36,41
	51,95 1:36,41				

**Grein 23 Blandað 120-159 200 . Metra Fjór Sund Boðsund**

1	Umf. Selfoss	A	NT	2:16,26
	1) Stefán Rey Ólafsson M34	2) Sigurlín Garðarsdóttir W39	3) Ægir Sigurðsson M35	4) Hrunn Baldursdóttir W49
	31,80 1:11,01 1:39,67	2:16,26		
2	Sundfélag Hafnarfjarðar	A	NT	2:30,94
	1) Sindri S. Friðriksson M25	2) Hildur Kristinsdóttir W38	3) Hálfán Freyr Örnólfsson M40	4) Íris Ragnarsdóttir W38
	30,44 1:22,38 1:57,68	2:30,94		
3	Sundfélagið Ægir	A	NT	2:38,82
	1) Agnes Davy W28	2) Finnbjörn Aðalheiðarson M44	3) Þórir Marínó Sigurðsson M45	4) Sædis Rán Sveinsdóttir W20
	48,06 1:24,30 1:59,45	2:38,82		

**Grein 23 Blandað 160-199 200 . Metra Fjór Sund Boðsund**

1	Sundfélagið Ægir	A	NT	2:16,59
	1) Eygló Traustadóttir W42	2) Bjarni Freyr Guðmundsson M313)	3) Geir Sigurður Jónsson M40	4) Helga Sigurðardóttir W44
	37,11 1:11,72 1:46,40	2:16,59		

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**(Grein 23 Blandað 160-199 200 . Metra Fjór Sund Boðsund)**

2	Í B V	A	NT	3:02,71
	1) Rebekka Björgvinsdóttir W46	2) Kári Höskuldsson M40	3) Gunnar Júlíusson M46	4) Auður Ásgeirsdóttir W39
	1:08,72 1:50,06 2:29,39 3:02,71			
3	Sundfélag Hafnarfjarðar	A	NT	3:09,00
	1) Birna Jóhanna Ólafsdóttir W50	2) Jóhann Samsonarson M44	3) Kristinn Samsonarson M48	4) Gerður Arnarsdóttir W51
	1:01,15 1:39,90 2:17,58 3:09,00			
4	Sunddeild Breiðabliks	A	NT	3:14,40
	1) Irina Óskarsdóttir W40	2) Sigrún Árnadóttir W36	3) Elvar Nielsson M39	4) Þorgeir Sigurðsson M56
	1:00,65 2:01,46 2:34,54 3:14,40			

**Grein 23 Blandað 200-239 200 . Metra Fjór Sund Boðsund**

1	Sundfélag Hafnarfjarðar	A	NT	2:40,62
	1) Hilmar Hreinsson M54	2) Ásrún Vilbergisdóttir W52	3) Guðni Guðnason M51	4) Karitas Guðmundsdóttir W43
	44,20 1:40,69 2:14,59 2:40,62			
2	Sunddeild Breiðabliks	A	NT	2:54,24
	1) Margrét Magnúsdóttir W42	2) Einar Hauksson M55	3) Þórdís Pálsdóttir W47	4) Páll Arnór Pálsson M65
	42,19 1:24,65 2:12,63 2:54,24			

**Grein 23 Blandað 240-279 200 . Metra Fjór Sund Boðsund**

1	Sundfélag Hafnarfjarðar	A	NT	3:09,77
	1) Ingibjörg Svala Ólafsdóttir W602)	Kári Kaaber M63	3) Guðjón Guðnason M59	4) Svanhildur Sigurðardóttir W62
	52,94 1:34,74 2:13,44 3:09,77			
2	Umf. Tindastól	A	NT	3:28,37
	1) Soffía Káradóttir W57	2) Steinnun Hjartadóttir W65	3) Hans Birgir Friðriksson M60	4) Valgeir S. Kárason M62
	58,15 2:12,82 3:28,37 3:28,37			

**Grein 24 Karlar 40-44 200 . Metra Fjór**

1	Geir Sigurður Jónsson	40	Sundfélagið Ægir	3:30,00	2:55,79
	38,36 1:27,71 2:18,19 2:55,79				
---	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	3:03,78	NS

**Grein 24 Karlar 45-49 200 . Metra Fjór**

1	Sigurjón Þórðarson	49	Umf. Tindastól	NT	3:04,29
	41,77 1:28,34 2:23,59 3:04,29				

**Grein 24 Karlar 50-54 200 . Metra Fjór**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	NT	2:54,39
	35,48 1:21,25 2:15,29 2:54,39				
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	2:59,83	3:06,02
	36,58 1:26,65 2:24,90 3:06,02				

**Grein 24 Karlar 55-59 200 . Metra Fjór**

1	Remi Spilliaert	55	Sundfélagið Ægir	3:18,66	3:18,56
	45,55 1:38,91 2:35,30 3:18,56				

**Grein 25 Konur 45-49 200 . Metra Fjór**

1	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	3:35,76	3:46,53
	52,29 1:53,06 2:56,77 3:46,53				

**Grein 25 Konur 60-64 200 . Metra Fjór**

1	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	4:16,83	4:20,35
	58,46 2:01,83 3:17,36 4:20,35				

**Grein 26 Karlar 25-29 50 . Metra Baksund**

1	Sindri S. Friðriksson	25	Sundfélag Hafnarfjarðar	NT	30,17
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**Grein 26 Karlar 40-44 50 . Metra Baksund**

1	Árni Rúnar Árnason	40	Sundfélag Hafnarfjarðar	NT	36,34
2	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	36,48	38,06
3	Gunnar Þór Gunnarsson	43	Umf. Selfoss	NT	42,02
4	Kári Höskuldsson	40	Í B V	39,55	43,30

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**(Grein 26 Karlar 40-44 50 . Metra Baksund)**

---	Bergþór Jóhannsson	44	Sundfélag Hafnarfjarðar	45,08	NS
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**Grein 26 Karlar 45-49 50 . Metra Baksund**

1	Vignir Barkarson	49	Sundfélag Akraness	41,27	39,83
2	Steinn Jóhannsson	45	Sundfélag Hafnarfjarðar	37,82	40,16

**Grein 26 Karlar 50-54 50 . Metra Baksund**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	34,39	35,54
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	38,68	38,46
3	Eyþór Gissurarson	51	Sunddeild Breiðabliks	45,99	49,95

**Grein 26 Karlar 55-59 50 . Metra Baksund**

1	Guðjón Guðnason	59	Sundfélag Hafnarfjarðar	39,75	42,17
2	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	1:09,36	57,98

**Grein 26 Karlar 60-64 50 . Metra Baksund**

1	Jón Guðmundsson	64	Sundfélag Hafnarfjarðar	51,93	53,07
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**Grein 26 Karlar 65-69 50 . Metra Baksund**

1	Trausti Sveinbjörnsson	67	Sundfélag Hafnarfjarðar	NT	57,83
2	Páll Arnór Pálsson	65	Sunddeild Breiðabliks	NT	1:02,18
3	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	NT	1:23,82

**Grein 27 Konur 25-29 50 . Metra Baksund**

1	Agnes Davy	28	Sundfélagið Ægir	NT	47,67
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**Grein 27 Konur 35-39 50 . Metra Baksund**

1	Sigurlín Garðarsdóttir	39	Umf. Selfoss	36,25	36,04
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**Grein 27 Konur 40-44 50 . Metra Baksund**

1	Helga Sigurðardóttir	44	Sundfélagið Ægir	NT	37,87
2	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	41,94

**Grein 27 Konur 45-49 50 . Metra Baksund**

1	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	NT	52,57
2	Rebekka Björgvinsdóttir	46	Í B V	1:02,34	1:10,26

**Grein 27 Konur 50-54 50 . Metra Baksund**

1	Karen Malmquist	52	Óðinn	45,65	45,60
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**Grein 27 Konur 60-64 50 . Metra Baksund**

1	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	48,27	51,01
2	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	55,55	54,51

**Grein 27 Konur 65-69 50 . Metra Baksund**

---	Jóhanna Jónasdóttir	69	Sunddeild Breiðabliks	NT	DQ
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**Grein 28 Karlar 30-34 200 . Metra Bringusund**

1	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	NT	3:39,43
	48,38	1:44,34	2:41,85	3:39,43	

**Grein 28 Karlar 40-44 200 . Metra Bringusund**

1	Viðar Þorsteinsson	40	Sunddeild Breiðabliks	NT	3:13,16
	44,05	1:33,25	2:23,86	3:13,16	
2	Rúnar Már Jóhannsson	40	Sundfélag Hafnarfjarðar	NT	3:20,99
	45,69	1:35,92	2:28,22	3:20,99	
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS

**Grein 28 Karlar 45-49 200 . Metra Bringusund**

1	Sigurjón Þórðarson	49	Umf. Tindastól	NT	3:16,97
	44,21	1:35,19	2:27,73	3:16,97	
---	Einar Kristinsson	49	Sunddeild Breiðabliks	NT	NS

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**Grein 28 Karlar 50-54 200 . Metra Bringusund**

1	Eyþór Gissurarson	51	Sunddeild Breiðabliks	NT	4:08,13
	54,60	1:57,92	3:04,82	4:08,13	

**Grein 28 Karlar 55-59 200 . Metra Bringusund**

1	Sigmar Björnsson	55	Keflavík	3:15,16	3:23,10
	45,72	1:36,53	2:29,33	3:23,10	
2	Aðalsteinn Einarson	55	Sundfélag Hafnarfjarðar	3:33,11	3:42,21
	48,74	1:44,93	2:44,18	3:42,21	
3	Björgvín Björgvinsson	58	Sundfélag Hafnarfjarðar	3:48,62	3:57,13
	53,12	1:55,08	2:56,71	3:57,13	

**Grein 28 Karlar 60-64 200 . Metra Bringusund**

1	Kári Kaaber	63	Sundfélag Hafnarfjarðar	3:17,66	3:19,78
	45,34	1:36,57	2:29,10	3:19,78	

**Grein 28 Karlar 65-69 200 . Metra Bringusund**

1	Trausti Sveinbjörnsson	67	Sundfélag Hafnarfjarðar	NT	4:15,64
	59,41	2:07,32	3:15,25	4:15,64	
---	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	5:44,90	DQ
	1:16,69	2:43,76	4:13,34	DQ	

**Grein 28 Karlar 75-79 200 . Metra Bringusund**

1	Óli G Þórðarson	77	Sundfélag Hafnarfjarðar	4:03,24	4:16,82
	59,76	2:06,62	3:14,22	4:16,82	

**Grein 29 Konur 40-44 200 . Metra Bringusund**

1	Karitas Guðmundsdóttir	43	Sundfélag Hafnarfjarðar	4:19,76	4:14,93
	57,72	2:02,13	3:10,30	4:14,93	

**Grein 29 Konur 50-54 200 . Metra Bringusund**

1	Birna Jóhanna Ólafsdóttir	50	Sundfélag Hafnarfjarðar	3:23,82	3:43,61
	55,34	1:51,94	2:48,77	3:43,61	

**Grein 29 Konur 60-64 200 . Metra Bringusund**

1	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	NT	4:20,57
	58,95	2:05,88	3:13,57	4:20,57	

**Grein 29 Konur 65-69 200 . Metra Bringusund**

1	Ragna María Ragnarsdóttir	65	Sundfélagið Ægir	NT	5:16,82
	1:13,69	2:34,56	3:57,06	5:16,82	

**Grein 30 Karlar 30-34 100 . Metra Skriðsund**

1	Stefán Rey Ólafsson	34	Umf. Selfoss	58,61	56,72
	27,29	56,72			
2	Bjarni Freyr Guðmundsson	31	Sundfélagið Ægir	NT	1:00,96
	28,51	1:00,96			
3	Gunnar Stefánsson	32	Sundfélag Hafnarfjarðar	1:26,36	1:32,45
	41,92	1:32,45			

**Grein 30 Karlar 35-39 100 . Metra Skriðsund**

1	Ægir Sigurðsson	35	Umf. Selfoss	57,90	57,01
	27,59	57,01			
2	Elvar Níelsson	39	Sunddeild Breiðabliks	1:01,82	1:01,54
	28,82	1:01,54			
---	Bertel Ingi Arnfinnsson	37	Sunddeild Breiðabliks	NT	NS

**Grein 30 Karlar 40-44 100 . Metra Skriðsund**

1	Hálfván Freyr Örnólfsson	40	Sundfélag Hafnarfjarðar	1:02,33	1:02,70
	30,23	1:02,70			
2	Árni Rúnar Árnason	40	Sundfélag Hafnarfjarðar	NT	1:05,18
	31,22	1:05,18			

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**(Grein 30 Karlar 40-44 100 . Metra Skriðsund)**

3	Geir Sigurður Jónsson	40	Sundfélagið Ægir	1:10,00	1:05,89
	32,46 1:05,89				
4	Jóhann Samsonarson	44	Sundfélag Hafnarfjarðar	1:07,68	1:09,62
	33,22 1:09,62				
5	Karl Georg Klein	44	Sundfélag Hafnarfjarðar	1:12,82	1:15,14
	34,87 1:15,14				
6	Kári Höskuldsson	40	Í B V	1:18,22	1:19,45
	38,11 1:19,45				
7	Gunnar Þór Gunnarsson	43	Umf. Selfoss	NT	1:27,46
	40,64 1:27,46				
---	Magnús Pálmi Örnólfsson	42	Hsb Bolungarvík	NT	DQ
	32,00 DQ				
---	Guðlaugur Egilsson	41	Sundfélag Hafnarfjarðar	NT	NS
---	Finnbjörn Aðalheiðarson	44	Sundfélagið Ægir	NT	NS

**(Grein 30 Karlar 45-49 100 . Metra Skriðsund)**

1	Vignir Barkarson	49	Sundfélag Akraness	1:04,91	1:06,98
	32,51 1:06,98				
2	Gunnar Júlíusson	46	Í B V	1:09,64	1:17,20
	37,04 1:17,20				

**(Grein 30 Karlar 50-54 100 . Metra Skriðsund)**

1	Jón Hugi Harðarson	50	Sundfélag Akraness	1:06,12	1:07,16
	32,30 1:07,16				
2	Guðni Guðnason	51	Sundfélag Hafnarfjarðar	1:07,99	1:07,48
	33,38 1:07,48				

**(Grein 30 Karlar 55-59 100 . Metra Skriðsund)**

1	Einar Hauksson	55	Sunddeild Breiðabliks	1:10,23	1:10,57
	32,76 1:10,57				
2	Remi Spilliaert	55	Sundfélagið Ægir	1:10,68	1:12,49
	34,58 1:12,49				
3	Þorgeir Sigurðsson	56	Sunddeild Breiðabliks	1:23,76	1:27,81
	41,87 1:27,81				
---	Davíð Eysteinn Sölvason	57	Gestur	NT	NS

**(Grein 30 Karlar 60-64 100 . Metra Skriðsund)**

1	Sigmundur Stefánsson	60	Umf. Selfoss	1:12,22	1:13,08
	35,48 1:13,08				
2	Kári Kaaber	63	Sundfélag Hafnarfjarðar	1:26,80	1:23,49
	40,46 1:23,49				
3	Jón Guðmundsson	64	Sundfélag Hafnarfjarðar	1:32,34	1:35,39
	44,51 1:35,39				
---	Hans Birgir Friðriksson	60	Umf. Tindastól	NT	NS

**(Grein 30 Karlar 65-69 100 . Metra Skriðsund)**

1	Trausti Sveinbjörnsson	67	Sundfélag Hafnarfjarðar	NT	1:43,07
	47,55 1:43,07				
2	Páll Arnór Pálsson	65	Sunddeild Breiðabliks	NT	1:51,61
	50,91 1:51,61				
3	Þorsteinn Ingimundarsson	67	Sundfélag Hafnarfjarðar	2:39,16	2:45,15
	1:16,31 2:45,15				

**(Grein 30 Karlar 75-79 100 . Metra Skriðsund)**

1	Óli G Þórðarson	77	Sundfélag Hafnarfjarðar	1:37,69	1:44,48
	50,31 1:44,48				

**(Grein 31 Konur 25-29 100 . Metra Skriðsund)**

1	Agnes Davy	28	Sundfélagið Ægir	NT	1:28,24
	40,54 1:28,24				

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**Grein 31 Konur 30-34 100 . Metra Skriðsund**

1	Harpa Hrund Berndsen	32	Sundfélagið Ægir	NT	1:38,38
	45,26 1:38,38				

**Grein 31 Konur 35-39 100 . Metra Skriðsund**

1	Sigurlín Garðarsdóttir	39	Umf. Selfoss	NT	1:07,18
	32,50 1:07,18				
2	Sigrún Árnadóttir	36	Sunddeild Breiðabliks	NT	1:46,17
	50,33 1:46,17				

**Grein 31 Konur 40-44 100 . Metra Skriðsund**

1	Helga Sigurðardóttir	44	Sundfélagið Ægir	NT	1:06,99
	32,71 1:06,99				
2	Margrét Magnúsdóttir	42	Sunddeild Breiðabliks	NT	1:18,56
	37,37 1:18,56				
3	Irina Óskarsdóttir	40	Sunddeild Breiðabliks	NT	1:39,66
	45,81 1:39,66				

**Grein 31 Konur 45-49 100 . Metra Skriðsund**

1	Hrund Baldursdóttir	49	Umf. Selfoss	1:28,31	1:25,55
2	Þórdís Pálsdóttir	47	Sunddeild Breiðabliks	1:24,41	1:27,48
	40,75 1:27,48				

**Grein 31 Konur 50-54 100 . Metra Skriðsund**

1	Birna Jóhanna Ólafsdóttir	50	Sundfélag Hafnarfjarðar	1:23,47	1:36,65
	47,83 1:36,65				
---	Gerður Arnarsdóttir	51	Sundfélag Hafnarfjarðar	NT	DQ
	57,44 DQ				

**Grein 31 Konur 55-59 100 . Metra Skriðsund**

1	Sigurbjörg Eðvarsdóttir	55	Sundfélagið Ægir	NT	1:51,42
	52,23 1:51,42				

**Grein 31 Konur 60-64 100 . Metra Skriðsund**

1	Guðmunda Ólöf Jónasdóttir	64	Ungmennasamband Borgarfjarðar	1:41,61	1:39,72
	47,96 1:39,72				
2	Ingibjörg Svala Ólafsdóttir	60	Sundfélag Hafnarfjarðar	1:35,74	1:39,93
	47,82 1:39,93				
3	Björg Kristóferdóttir	61	Ungmennasamband Borgarfjarðar	NT	1:41,35
	47,60 1:41,35				
4	Svanhildur Sigurðardóttir	62	Sundfélag Hafnarfjarðar	2:17,05	2:13,47
	1:00,70 2:13,47				

**Grein 31 Konur 65-69 100 . Metra Skriðsund**

1	Jóhanna Jónasdóttir	69	Sunddeild Breiðabliks	NT	2:14,61
	1:00,75 2:14,61				

**Grein 32 Karlar 120-159 200 . Metra Fjørsund Boðsund**

1	Sundfélag Hafnarfjarðar	A	NT	2:20,31
	1) Sindri S. Friðriksson M25 2) Gunnar Stefánsson M32 3) Hálfán Freyr Örnólfsson M40 4) Gylfi Örn Gylfason M37			
	30,01 1:16,34 1:49,46 2:20,31			

**Grein 32 Karlar 160-199 200 . Metra Fjørsund Boðsund**

1	Sundfélagið Ægir	A	NT	2:16,61
	1) Geir Sigurður Jónsson M40 2) Finnbjörn Aðalheiðarson M44 3) Þórir Marínó Sigurðsson M45 4) Bjarni Freyr Guðmundsson M31			
	42,17 1:17,75 1:48,70 2:16,61			
2	Umf. Selfoss	A	NT	2:16,93
	1) Gunnar Þór Gunnarsson M43 2) Ægir Sigurðsson M35 3) Stefán Reyf Ólafsson M34 4) Sigmundur Stefánsson M60			
	42,49 1:16,82 1:45,34 2:16,93			
3	Sundfélag Hafnarfjarðar	B	NT	2:27,33
	1) Steinn Jóhannsson M45 2) Rúnar Már Jóhannsson M40 3) Guðni Guðnason M51 4) Jóhann Samsonarson M44			
	39,42 1:22,14 1:55,90 2:27,33			

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**(Grein 32 Karlar 160-199 200 . Metra Fjósund Boðsund)**

4	Sunddeild Breiðabliks	A	NT	2:35,25
	1) Viðar Þorsteinsson M40	2) Einar Hauksson M55	3) Elvar Nielsson M39	4) Þorgeir Sigurðsson M56
	41,34	1:24,27	1:56,47	2:35,25

**Grein 32 Karlar 200-239 200 . Metra Fjósund Boðsund**

1	Sundfélag Hafnarfjarðar	B	NT	2:53,36
	1) Jón Guðmundsson M64	2) Björgvin Björgvinsson M58	3) Árni Rúnar Árnason M40	4) Karl Georg Klein M44
	55,21	1:48,11	2:20,63	2:53,36

**Grein 32 Karlar 240-279 200 . Metra Fjósund Boðsund**

1	Sundfélag Hafnarfjarðar	A	NT	3:24,49
	1) Aðalsteinn Einarson M55	2) Óli G Þórðarson M77	3) Kári Kaaber M63	4) Trausti Sveinbjörnsson M67
	58,37	1:50,45	2:44,26	3:24,49

**Grein 33 Konur 160-199 200 . Metra Fjósund Boðsund**

1	Sunddeild Breiðabliks	A	NT	3:05,78
	1) Margrét Magnúsdóttir W42	2) Irina Óskarsdóttir W40	3) Þórdís Pálsdóttir W47	4) Sigrún Árnadóttir W36
	41,54	1:33,85	2:21,93	3:05,78
2	Sundfélagið Ægir	A	NT	3:12,83
	1) Agnes Davy W28	2) Ragna María Ragnarsdóttir W653)	Helga Sigurðardóttir W44	4) Harpa Hrud Berndsen W32
	47,95	1:54,58	2:30,75	3:12,83
3	Sundfélag Hafnarfjarðar	A	NT	3:35,01
	1) Karitas Guðmundsdóttir W43	2) Gerður Arnarsdóttir W51	3) Íris Ragnarsdóttir W38	4) Ásrún Vilbergsdóttir W52
	1:02,05	2:39,63	3:35,01	3:35,01

**Grein 33 Konur 200-239 200 . Metra Fjósund Boðsund**

1	Sundfélag Hafnarfjarðar	A	NT	3:48,65
	1) Birna Jóhanna Ólafsdóttir W50	2) Svanhildur Sigurðardóttir W62	3) Ingibjörg Svala Ólafsdóttir W604)	Elisabet Ingibergsdóttir W60
	1:01,09	2:19,20	3:06,75	3:48,65