

Icelandic Masters Open Championship 2010 - 30.4.2010 to 1.5.2010

Úrslit

Grein 1 Karlar 35-39 800 SC Metra Skriðsund

| Nafn | Ár | Félag | Skráður Tími | Úrslita Tími |
|-----------------------------|----|-------------------------|--------------|--------------|
| 1 Hörður Guðmundsson | 36 | Sundfélagið Ægir | NT | 10:27.27 |
| 2 Hálf dán Freyr Örnólfsson | 37 | Sundfélag Hafnarfjarðar | 12:01.33 | 11:38.24 |
| 3 Alexander Eck | 39 | Sundfélag Akraness | 14:18.10 | 12:25.58 |
| 4 Helgi Hinriksson | 38 | Sundfélag Hafnarfjarðar | NT | 12:30.58 |

Grein 1 Karlar 40-44 800 SC Metra Skriðsund

| | | | | |
|----------------------|----|-------------------------|----------|----------|
| 1 Steinn Jóhannsson | 42 | Sundfélag Hafnarfjarðar | 10:35.80 | 10:32.72 |
| 2 Bergþór Jóhannsson | 41 | Sundfélag Hafnarfjarðar | 13:36.03 | 12:55.20 |

Grein 1 Karlar 45-49 800 SC Metra Skriðsund

| | | | | |
|----------------------|----|-------------------------|----------|----------|
| 1 Guðni Guðnason | 48 | Sundfélag Hafnarfjarðar | 11:15.32 | 11:15.63 |
| 2 Sigurjón Þórðarson | 46 | Tindastóll | 12:17.28 | 11:35.27 |

Grein 1 Karlar 50-54 800 SC Metra Skriðsund

| | | | | |
|------------------------------|----|------------------|----------|----------|
| 1 Remi Spilliaert | 52 | Sundfélagið Ægir | 12:19.30 | 12:01.63 |
| 2 Jóhannes Rúnar Jóhannesson | 50 | Breiðablik | NT | 13:45.81 |
| 3 Þorgeir Sigurðsson | 53 | Breiðablik | NT | 14:20.60 |

Grein 1 Karlar 55-59 800 SC Metra Skriðsund

| | | | | |
|-------------------|----|------------|----|----------|
| 1 Valgeir Kárason | 59 | Tindastóll | NT | 13:16.58 |
|-------------------|----|------------|----|----------|

Grein 2 Konur 35-39 800 SC Metra Skriðsund

| | | | | |
|------------------------------|----|--------------------|----------|----------|
| 1 Halldóra Sveinbjörnsdóttir | 36 | Umf Bolungarvík | NT | 12:08.37 |
| 2 Bjarney Guðbjörnsdóttir | 36 | Sundfélag Akraness | 12:06.90 | 12:18.44 |

Grein 2 Konur 40-44 800 SC Metra Skriðsund

| | | | | |
|---------------------------------|----|------------------|----|----------|
| 1 Þórunn Kristín Guðmundsdóttir | 41 | Sundfélagið Ægir | NT | 12:05.89 |
| 2 Þórdís Pálsdóttir | 44 | Breiðablik | NT | 12:50.33 |

Grein 2 Konur 45-49 800 SC Metra Skriðsund

| | | | | |
|---------------------------------|----|-------------------------|----------|----------|
| 1 Karen Malmquist | 49 | Sundfélagið Óðinn | 12:02.16 | 13:10.79 |
| 2 Ásta Þ. Ólafsdóttir | 47 | Sundfélagið Ægir | NT | 13:18.52 |
| 3 Birna Ólafsdóttir | 47 | Sundfélag Hafnarfjarðar | 12:57.93 | 13:24.58 |
| --- Sigríður Helga Sveinsdóttir | 47 | Breiðablik | 15:27.82 | DQ |

Grein 2 Konur 55-59 800 SC Metra Skriðsund

| | | | | |
|-------------------------------|----|-------------------------|----------|----------|
| 1 Ingibjörg Svala Ólafsdóttir | 57 | Sundfélag Hafnarfjarðar | 16:11.62 | 15:55.58 |
|-------------------------------|----|-------------------------|----------|----------|

Grein 3 Karlar 35-39 50 SC Metra Flugsund

| | | | | |
|------------------------|----|------------------|----|-------|
| 1 Hörður Guðmundsson | 36 | Sundfélagið Ægir | NT | 29.91 |
| 2 Elvar Níelsson | 36 | Breiðablik | NT | 33.16 |
| 3 Viðar B Þorsteinsson | 37 | Breiðablik | NT | 45.72 |

Grein 3 Karlar 40-44 50 SC Metra Flugsund

| | | | | |
|-----------------------------|----|-------------------------|-------|-------|
| 1 Ingólfur Gauti Arnarson | 41 | Sundfélag Hafnarfjarðar | 30.34 | 30.85 |
| 2 Magni Þór Samsonarson | 40 | Sundfélag Hafnarfjarðar | 31.75 | 32.20 |
| 3 Gunnar Haukur Kristinsson | 42 | Sundfélag Akraness | 34.18 | 35.14 |
| 4 Jóhann Samsonarson | 41 | Sundfélag Hafnarfjarðar | 34.56 | 35.82 |
| 5 Bergþór Jóhannsson | 41 | Sundfélag Hafnarfjarðar | NT | 38.91 |

Grein 3 Karlar 45-49 50 SC Metra Flugsund

| | | | | |
|------------------------|----|-------------------------|-------|-------|
| 1 Guðni Guðnason | 48 | Sundfélag Hafnarfjarðar | 33.06 | 32.21 |
| 2 Jón Hugí Harðarson | 47 | Sundfélag Akraness | NT | 32.38 |
| 3 Kristinn Samsonarson | 45 | Sundfélag Hafnarfjarðar | NT | 34.57 |

Grein 3 Karlar 55-59 50 SC Metra Flugsund

| | | | | |
|---------------------------|----|-------------------------|-------|-------|
| 1 Guðjón Guðnason | 56 | Sundfélag Hafnarfjarðar | 33.87 | 34.51 |
| 2 Hans Birgir Friðriksson | 57 | Tindastóll | 38.93 | 38.05 |
| 3 Valgeir Kárason | 59 | Tindastóll | NT | 41.79 |

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Grein 4 Konur 25-29 50 SC Metra Flugsund

| | | | | | |
|---|----------------------------|----|------------------|----|-------|
| 1 | María Björk Guðmundsdóttir | 28 | Sundfélagið Ægir | NT | 40.43 |
|---|----------------------------|----|------------------|----|-------|

Grein 4 Konur 30-34 50 SC Metra Flugsund

| | | | | | |
|---|--------------------------------|----|-----------------|----|-------|
| 1 | Sarah-Jane E Caird | 30 | Tindastóll | NT | 37.85 |
| 2 | Hrafnhildur B Sigurgeirsdóttir | 31 | Umf Bolungarvík | NT | 39.56 |
| 3 | Kristín Hreinsdóttir | 34 | Breiðablik | NT | 54.42 |

Grein 4 Konur 35-39 50 SC Metra Flugsund

| | | | | | |
|---|----------------------------|----|--------------------|----|-------|
| 1 | Berglind J Valdimarsdóttir | 35 | Sundfélag Akraness | NT | 36.00 |
| 2 | Bjarney Guðbjörnsdóttir | 36 | Sundfélag Akraness | NT | 39.44 |
| 3 | Lóa Birna Birgisdóttir | 38 | Sundfélagið Ægir | NT | 41.06 |

Grein 4 Konur 40-44 50 SC Metra Flugsund

| | | | | | |
|---|-----------------------|----|---------|----|-------|
| 1 | María Valdimarsdóttir | 40 | Snæfell | NT | 37.42 |
|---|-----------------------|----|---------|----|-------|

Grein 4 Konur 45-49 50 SC Metra Flugsund

| | | | | | |
|-----|----------------------------|----|-------------------------|-------|-------|
| 1 | Harpa Lind Guðbrandsdóttir | 45 | Sunddeild Fjölnis | 40.88 | 42.64 |
| 2 | Birna Ólafsdóttir | 47 | Sundfélag Hafnarfjarðar | 49.70 | 52.13 |
| --- | Elín Viðarsdóttir | 46 | Sunddeild Fjölnis | 37.73 | DQ |

Grein 4 Konur 55-59 50 SC Metra Flugsund

| | | | | | |
|---|-----------------------------|----|-------------------------|----|---------|
| 1 | Ingibjörg Svala Ólafsdóttir | 57 | Sundfélag Hafnarfjarðar | NT | 1:02.34 |
|---|-----------------------------|----|-------------------------|----|---------|

Grein 5 Karlar 35-39 100 SC Metra Bringusund

| | | | | | |
|---|---------------|----|--------------------|----|---------|
| 1 | Alexander Eck | 39 | Sundfélag Akraness | NT | 1:35.85 |
|---|---------------|----|--------------------|----|---------|

Grein 5 Karlar 40-44 100 SC Metra Bringusund

| | | | | | |
|---|--------------------|----|-------------------------|---------|---------|
| 1 | Steinn Jóhannsson | 42 | Sundfélag Hafnarfjarðar | NT | 1:23.30 |
| 2 | Jóhann Samsonarson | 41 | Sundfélag Hafnarfjarðar | 1:23.61 | 1:25.17 |
| 3 | Karl Georg Klein | 41 | Sundfélag Hafnarfjarðar | NT | 1:40.88 |

Grein 5 Karlar 45-49 100 SC Metra Bringusund

| | | | | | |
|---|--------------------|----|--------------------|---------|---------|
| 1 | Vignir Barkarson | 46 | Sundfélag Akraness | 1:27.40 | 1:27.99 |
| 2 | Sigurjón Þórðarson | 46 | Tindastóll | 1:29.48 | 1:29.32 |

Grein 5 Karlar 50-54 100 SC Metra Bringusund

| | | | | | |
|---|---------------------|----|--------------------------------|---------|---------|
| 1 | Sigmar Björnsson | 52 | Íþróttabandalag Reykjanesbæjar | 1:25.95 | 1:25.37 |
| 2 | Örn Ólafson | 54 | Sundfélag Hafnarfjarðar | 1:26.18 | 1:27.38 |
| 3 | Ragnar Marteinsson | 53 | Breiðablik | 1:32.02 | 1:31.59 |
| 4 | Aðalsteinn Einarson | 52 | Sundfélag Hafnarfjarðar | NT | 1:44.12 |

Grein 5 Karlar 55-59 100 SC Metra Bringusund

| | | | | | |
|---|-------------------------|----|-------------------------|---------|---------|
| 1 | Hans Birgir Friðriksson | 57 | Tindastóll | NT | 1:43.07 |
| 2 | Björgvin Björgvinsson | 55 | Sundfélag Hafnarfjarðar | 1:40.91 | 1:46.81 |

Grein 5 Karlar 70-74 100 SC Metra Bringusund

| | | | | | |
|---|-------------------|----|-------------------------|---------|---------|
| 1 | Óli G H Þórðarson | 74 | Sundfélag Hafnarfjarðar | 1:41.82 | 1:58.94 |
|---|-------------------|----|-------------------------|---------|---------|

Grein 6 Konur 25-29 100 SC Metra Bringusund

| | | | | | |
|---|-------------------------|----|-----------------|----|---------|
| 1 | Guðrún H Halldórsdóttir | 25 | Umf Bolungarvík | NT | 1:45.73 |
|---|-------------------------|----|-----------------|----|---------|

Grein 6 Konur 30-34 100 SC Metra Bringusund

| | | | | | |
|---|-----------------------------|----|-------------------|----|---------|
| 1 | Jóna Dögg Sveinbjörnsdóttir | 30 | Breiðablik | NT | 1:31.84 |
| 2 | Sarah-Jane E Caird | 30 | Tindastóll | NT | 1:37.83 |
| 3 | Rachael L Jonestone | 33 | Sundfélagið Óðinn | NT | 1:42.84 |
| 4 | Hrund Karlsdóttir | 34 | Umf Bolungarvík | NT | 1:49.52 |

Grein 6 Konur 35-39 100 SC Metra Bringusund

| | | | | | |
|---|-------------------------|----|-------------------------|---------|---------|
| 1 | Bjarney Guðbjörnsdóttir | 36 | Sundfélag Akraness | 1:33.63 | 1:35.84 |
| 2 | Hugborg Ómarsdóttir | 39 | Sundfélag Hafnarfjarðar | NT | 1:39.46 |
| 3 | Sólveig Sigurðardóttir | 38 | Umf Bolungarvík | NT | 1:49.26 |

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Grein 6 Konur 40-44 100 SC Metra Bringusund

| | | | | | |
|---|------------------------|----|-------------------------|---------|---------|
| 1 | Linda Ólafsdóttir | 42 | Sundfélag Hafnarfjarðar | 1:45.93 | 1:40.87 |
| 2 | Karitas Guðmundsdóttir | 40 | Sundfélag Hafnarfjarðar | 1:58.91 | 1:56.14 |

Grein 6 Konur 45-49 100 SC Metra Bringusund

| | | | | | |
|---|---------------------|----|-------------------------|---------|---------|
| 1 | Birna Ólafsdóttir | 47 | Sundfélag Hafnarfjarðar | 1:34.25 | 1:36.89 |
| 2 | Sarah Buckley | 46 | Sunddeild Fjölnis | 1:36.47 | 1:38.37 |
| 3 | Ásta Þ. Ólafsdóttir | 47 | Sundfélagið Ægir | NT | 1:47.78 |

Grein 7 Karlar 35-39 50 SC Metra Skriðsund

| | | | | | |
|---|--------------------------|----|-------------------------|-------|-------|
| 1 | Hálfván Freyr Örnólfsson | 37 | Sundfélag Hafnarfjarðar | 26.74 | 27.28 |
| 2 | Hörður Guðmundsson | 36 | Sundfélagið Ægir | NT | 27.65 |
| 3 | Elvar Níelsson | 36 | Breiðablik | 28.36 | 28.28 |
| 4 | Helgi Hinriksson | 38 | Sundfélag Hafnarfjarðar | NT | 31.79 |
| 5 | Viðar B Þorsteinsson | 37 | Breiðablik | NT | 33.71 |

Grein 7 Karlar 40-44 50 SC Metra Skriðsund

| | | | | | |
|---|---------------------------|----|-------------------------|-------|-------|
| 1 | Ingólfur Gauti Arnarson | 41 | Sundfélag Hafnarfjarðar | 27.34 | 27.97 |
| 2 | Gunnar Haukur Kristinsson | 42 | Sundfélag Akraness | 28.82 | 29.72 |
| 3 | Magni Þór Samsonarson | 40 | Sundfélag Hafnarfjarðar | 29.92 | 29.73 |
| 4 | Jóhann Samsonarson | 41 | Sundfélag Hafnarfjarðar | 30.72 | 30.68 |
| 5 | Karl Georg Klein | 41 | Sundfélag Hafnarfjarðar | 31.65 | 31.18 |
| 6 | Bergþór Jóhannsson | 41 | Sundfélag Hafnarfjarðar | 32.32 | 31.90 |

Grein 7 Karlar 45-49 50 SC Metra Skriðsund

| | | | | | |
|---|----------------------|----|-------------------------|-------|-------|
| 1 | Jón Hugí Harðarson | 47 | Sundfélag Akraness | NT | 29.95 |
| 2 | Vignir Barkarson | 46 | Sundfélag Akraness | 30.22 | 30.11 |
| 3 | Guðni Guðnason | 48 | Sundfélag Hafnarfjarðar | 29.76 | 30.61 |
| 4 | Kristinn Samsonarson | 45 | Sundfélag Hafnarfjarðar | NT | 31.82 |

Grein 7 Karlar 50-54 50 SC Metra Skriðsund

| | | | | | |
|-----|----------------------------|----|-------------------------|-------|-------|
| 1 | Remi Spilliaert | 52 | Sundfélagið Ægir | 32.09 | 31.41 |
| 2 | Örn Ólafson | 54 | Sundfélag Hafnarfjarðar | NT | 33.12 |
| 3 | Jóhannes Rúnar Jóhannesson | 50 | Breiðablik | NT | 34.57 |
| 4 | Þorgeir Sigurðsson | 53 | Breiðablik | NT | 34.99 |
| 5 | Aðalsteinn Einarson | 52 | Sundfélag Hafnarfjarðar | NT | 43.89 |
| --- | Ragnar Marteinsson | 53 | Breiðablik | 29.38 | DQ |

Grein 7 Karlar 55-59 50 SC Metra Skriðsund

| | | | | | |
|---|-------------------------|----|------------|-------|-------|
| 1 | Hans Birgir Friðriksson | 57 | Tindastóll | 30.88 | 31.00 |
| 2 | Valgeir Kárasón | 59 | Tindastóll | NT | 32.92 |

Grein 7 Karlar 70-74 50 SC Metra Skriðsund

| | | | | | |
|---|-------------------|----|-------------------------|-------|-------|
| 1 | Óli G H Þórðarson | 74 | Sundfélag Hafnarfjarðar | 41.64 | 44.29 |
|---|-------------------|----|-------------------------|-------|-------|

Grein 8 Konur 25-29 50 SC Metra Skriðsund

| | | | | | |
|---|----------------------------|----|------------------|-------|-------|
| 1 | María Björk Guðmundsdóttir | 28 | Sundfélagið Ægir | 33.22 | 32.86 |
| 2 | Sigurbjörg Hallgrímsdóttir | 26 | Umf Bolungarvík | NT | 35.47 |
| 3 | Guðrún H Halldórsdóttir | 25 | Umf Bolungarvík | NT | 39.43 |

Grein 8 Konur 30-34 50 SC Metra Skriðsund

| | | | | | |
|---|--------------------------------|----|-------------------|----|-------|
| 1 | Hrafnhildur B Sigurgeirsdóttir | 31 | Umf Bolungarvík | NT | 33.71 |
| 2 | Sarah-Jane E Caird | 30 | Tindastóll | NT | 34.01 |
| 3 | Jóna Dögg Sveinbjörnsdóttir | 30 | Breiðablik | NT | 35.62 |
| 4 | Rachael L Jonestone | 33 | Sundfélagið Óðinn | NT | 38.53 |
| 5 | Kristín Hreinsdóttir | 34 | Breiðablik | NT | 40.29 |

Grein 8 Konur 35-39 50 SC Metra Skriðsund

| | | | | | |
|---|-------------------------------|----|--------------------|-------|-------|
| 1 | Berglind J Valdimarsdóttir | 35 | Sundfélag Akraness | NT | 33.42 |
| 2 | Hildur Karen Aðalsteinsdóttir | 39 | Sundfélag Akraness | 33.90 | 34.43 |
| 3 | Lóa Birna Birgisdóttir | 38 | Sundfélagið Ægir | NT | 36.08 |

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(Grein 8 Konur 35-39 50 SC Metra Skriðsund)

| | | | |
|--------------------------|--------------------|----|-------|
| 4 Sólveig Sigurðardóttir | 38 Umf Bolungarvík | NT | 37.52 |
|--------------------------|--------------------|----|-------|

Grein 8 Konur 40-44 50 SC Metra Skriðsund

| | | | |
|---------------------------------|----------------------------|-------|-------|
| 1 Þórunn Kristín Guðmundsdóttir | 41 Sundfélagið Ægir | 36.60 | 36.23 |
| 2 Karitas Guðmundsdóttir | 40 Sundfélag Hafnarfjarðar | NT | 48.00 |

Grein 8 Konur 45-49 50 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------------|-------|-------|
| 1 Sarah Buckley | 46 Sunddeild Fjölnis | 35.28 | 35.85 |
| 2 Harpa Lind Guðbrandsdóttir | 45 Sunddeild Fjölnis | 36.89 | 36.79 |
| 3 Birna Ólafsdóttir | 47 Sundfélag Hafnarfjarðar | 36.51 | 37.14 |
| 4 Ásta Þ. Ólafsdóttir | 47 Sundfélagið Ægir | NT | 37.24 |
| 5 Sigríður Helga Sveinsdóttir | 47 Breiðablik | 39.63 | 38.17 |
| 6 Maria F Jakobsdóttir | 48 Breiðablik | NT | 43.80 |

Grein 8 Konur 55-59 50 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------------|-------|-------|
| 1 Ingibjörg Svala Ólafsdóttir | 57 Sundfélag Hafnarfjarðar | 42.54 | 44.59 |
|-------------------------------|----------------------------|-------|-------|

Grein 8 Konur 60-64 50 SC Metra Skriðsund

| | | | |
|-----------------------------|----------------------------------|-------|-------|
| 1 Guðmunda Ólöf Jónasdóttir | 61 Ungmennasamband Borgarfjarðar | 43.30 | 43.68 |
|-----------------------------|----------------------------------|-------|-------|

Grein 9 Konur 100-119 200 SC Metra Skriðsund Boðsund

| | | | |
|--|---|----|---------|
| 1 Umf Bolungarvík | A | NT | 2:27.41 |
| 1) Hrafnhildur B Sigurgeirsdóttir 2) Guðrún H Halldórsdóttir W253) Sigurbjörg Hallgrímsdóttir W4) Halldóra Sveinbjörnsdóttir W | | | |

Grein 9 Konur 120-159 200 SC Metra Skriðsund Boðsund

| | | | |
|---|---|----|---------|
| 1 Sundfélagið Ægir | A | NT | 2:21.93 |
| 1) Lóa Birna Birgisdóttir W38 2) Þórunn Kristín Guðmundsdóttir 3) Ásta Þ. Ólafsdóttir W47 4) María Björk Guðmundsdóttir | | | |
| --- Breiðablik | A | NT | DQ |
| 1) Sigríður Helga Sveinsdóttir W2) Maria F Jakobsdóttir W48 3) Kristín Hreinsdóttir W34 4) Jóna Dögg Sveinbjörnsdóttir | | | |

Grein 9 Konur 160-199 200 SC Metra Skriðsund Boðsund

| | | | |
|--|---|----|---------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 2:59.15 |
| 1) Hugborg Ómarsdóttir W39 2) Karitas Guðmundsdóttir W403) Ingibjörg Svala Ólafsdóttir W4) Linda Ólafsdóttir W42 | | | |

Grein 10 Karlar 120-159 200 SC Metra Skriðsund Boðsund

| | | | |
|--|---|----|---------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 1:56.86 |
| 1) Hálf dán Freyr Örnólfsson M32) Helgi Hinriksson M38 3) Magni Þór Samsonarson M404) Ingólfur Gauti Arnarson M4 | | | |

Grein 10 Karlar 160-199 200 SC Metra Skriðsund Boðsund

| | | | |
|--|---|----|---------|
| 1 Sundfélag Akraness | A | NT | 2:02.14 |
| 1) Gunnar Haukur Kristinsson M2) Vignir Barkarson M46 3) Jón Hugi Harðarson M47 4) Alexander Eck M39 | | | |
| 2 Breiðablik | A | NT | 2:06.70 |
| 1) Ragnar Marteinsson M53 2) Þorgeir Sigurðsson M53 3) Viðar B Þorsteinsson M37 4) Elvar Níelsson M36 | | | |
| 3 Sundfélag Hafnarfjarðar | A | NT | 2:08.11 |
| 1) Jóhann Samsonarson M41 2) Steinn Jóhannsson M42 3) Bergþór Jóhannsson M41 4) Kristinn Samsonarson M45 | | | |

Grein 10 Karlar 200-239 200 SC Metra Skriðsund Boðsund

| | | | |
|--|---|----|---------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 2:38.28 |
| 1) Guðni Guðnason M48 2) Aðalsteinn Einarson M52 3) Örn Ólafson M54 4) Björgvin Björgvinsson M55 | | | |

Grein 10 Karlar 240-279 200 SC Metra Skriðsund Boðsund

| | | | |
|---|---|----|---------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 3:06.08 |
| 1) Guðjón Guðnason M56 2) Þorsteinn Ingimundarsson M63) Trausti Sveinbjörnsson M64 4) Óli G H Þórðarson M74 | | | |

Grein 11 Konur 25-29 400 SC Metra Skriðsund

| | | | |
|------------------------------|---------------------|----|---------|
| 1 María Björk Guðmundsdóttir | 28 Sundfélagið Ægir | NT | 5:31.07 |
|------------------------------|---------------------|----|---------|

Grein 11 Konur 30-34 400 SC Metra Skriðsund

| | | | |
|-------------------------------|---------------|----|---------|
| 1 Jóna Dögg Sveinbjörnsdóttir | 30 Breiðablik | NT | 5:55.58 |
|-------------------------------|---------------|----|---------|

Grein 11 Konur 35-39 400 SC Metra Skriðsund

| | | | |
|------------------------------|--------------------|----|---------|
| 1 Halldóra Sveinbjörnsdóttir | 36 Umf Bolungarvík | NT | 5:45.34 |
|------------------------------|--------------------|----|---------|

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(Grein 11 Konur 35-39 400 SC Metra Skriðsund)

| | | | | | |
|---|-------------------------|----|--------------------|---------|---------|
| 2 | Bjarney Guðbjörnsdóttir | 36 | Sundfélag Akraness | 5:53.58 | 5:54.72 |
| 3 | Lóa Birna Birgisdóttir | 38 | Sundfélagið Ægir | NT | 6:13.60 |

Grein 11 Konur 40-44 400 SC Metra Skriðsund

| | | | | | |
|---|-----------------------------|----|------------------|----|---------|
| 1 | María Valdimarsdóttir | 40 | Snæfell | NT | 5:54.35 |
| 2 | Pórunn Kristín Guðmundsdótt | 41 | Sundfélagið Ægir | NT | 5:57.13 |
| 3 | Pórdís Pálsdóttir | 44 | Breiðablik | NT | 6:21.21 |

Grein 11 Konur 45-49 400 SC Metra Skriðsund

| | | | | | |
|---|---------------------|----|-------------------------|---------|---------|
| 1 | Karen Malmquist | 49 | Sundfélagið Óðinn | 5:43.10 | 6:18.55 |
| 2 | Birna Ólafsdóttir | 47 | Sundfélag Hafnarfjarðar | 6:16.81 | 6:30.66 |
| 3 | Ásta Þ. Ólafsdóttir | 47 | Sundfélagið Ægir | NT | 6:36.66 |

Grein 11 Konur 55-59 400 SC Metra Skriðsund

| | | | | | |
|---|-----------------------------|----|-------------------------|---------|---------|
| 1 | Ingibjörg Svala Ólafsdóttir | 57 | Sundfélag Hafnarfjarðar | 7:38.49 | 7:50.14 |
|---|-----------------------------|----|-------------------------|---------|---------|

Grein 12 Karlar 35-39 400 SC Metra Skriðsund

| | | | | | |
|---|---------------------------|----|-------------------------|---------|---------|
| 1 | Hálf dán Freyr Örnólfsson | 37 | Sundfélag Hafnarfjarðar | 5:33.22 | 5:30.85 |
| 2 | Helgi Hinriksson | 38 | Sundfélag Hafnarfjarðar | NT | 6:00.28 |
| 3 | Alexander Eck | 39 | Sundfélag Akraness | NT | 6:01.49 |
| 4 | Viðar B Þorsteinsson | 37 | Breiðablik | NT | 6:24.98 |

Grein 12 Karlar 40-44 400 SC Metra Skriðsund

| | | | | | |
|---|--------------------|----|-------------------------|---------|---------|
| 1 | Steinn Jóhannsson | 42 | Sundfélag Hafnarfjarðar | 5:09.58 | 5:07.98 |
| 2 | Karl Georg Klein | 41 | Sundfélag Hafnarfjarðar | 5:50.14 | 6:02.84 |
| 3 | Bergþór Jóhannsson | 41 | Sundfélag Hafnarfjarðar | NT | 6:11.40 |

Grein 12 Karlar 45-49 400 SC Metra Skriðsund

| | | | | | |
|---|--------------------|----|-------------------------|---------|---------|
| 1 | Jón Hugí Harðarson | 47 | Sundfélag Akraness | NT | 5:08.93 |
| 2 | Guðni Guðnason | 48 | Sundfélag Hafnarfjarðar | 5:29.03 | 5:26.60 |

Grein 12 Karlar 50-54 400 SC Metra Skriðsund

| | | | | | |
|---|----------------------------|----|------------------|---------|---------|
| 1 | Remi Spilliaert | 52 | Sundfélagið Ægir | 5:52.40 | 5:48.61 |
| 2 | Jóhannes Rúnar Jóhannesson | 50 | Breiðablik | NT | 6:41.99 |
| 3 | Þorgeir Sigurðsson | 53 | Breiðablik | NT | 6:49.20 |

Grein 12 Karlar 55-59 400 SC Metra Skriðsund

| | | | | | |
|---|-----------------|----|------------|----|---------|
| 1 | Valgeir Kárason | 59 | Tindastóll | NT | 6:28.56 |
|---|-----------------|----|------------|----|---------|

Grein 13 Konur 35-39 100 SC Metra Flugsund

| | | | | | |
|---|----------------------------|----|--------------------|----|---------|
| 1 | Berglind J Valdimarsdóttir | 35 | Sundfélag Akraness | NT | 1:23.37 |
|---|----------------------------|----|--------------------|----|---------|

Grein 13 Konur 40-44 100 SC Metra Flugsund

| | | | | | |
|---|-----------------------|----|---------|----|---------|
| 1 | María Valdimarsdóttir | 40 | Snæfell | NT | 1:25.89 |
|---|-----------------------|----|---------|----|---------|

Grein 14 Karlar 35-39 100 SC Metra Flugsund

| | | | | | |
|---|--------------------|----|------------------|----|---------|
| 1 | Hörður Guðmundsson | 36 | Sundfélagið Ægir | NT | 1:09.09 |
|---|--------------------|----|------------------|----|---------|

Grein 14 Karlar 40-44 100 SC Metra Flugsund

| | | | | | |
|---|-----------------------|----|-------------------------|---------|---------|
| 1 | Magni Þór Samsonarson | 40 | Sundfélag Hafnarfjarðar | 1:17.30 | 1:16.82 |
|---|-----------------------|----|-------------------------|---------|---------|

Grein 14 Karlar 45-49 100 SC Metra Flugsund

| | | | | | |
|---|--------------------|----|-------------------------|---------|---------|
| 1 | Guðni Guðnason | 48 | Sundfélag Hafnarfjarðar | 1:16.84 | 1:16.27 |
| 2 | Sigurjón Þórðarson | 46 | Tindastóll | NT | 1:28.00 |

Grein 15 Konur 25-29 50 SC Metra Bringusund

| | | | | | |
|---|-------------------------|----|-----------------|----|-------|
| 1 | Guðrún H Halldórsdóttir | 25 | Umf Bolungarvík | NT | 48.51 |
|---|-------------------------|----|-----------------|----|-------|

Grein 15 Konur 30-34 50 SC Metra Bringusund

| | | | | | |
|---|-----------------------------|----|-------------------|----|-------|
| 1 | Jóna Dögg Sveinbjörnsdóttir | 30 | Breiðablik | NT | 43.12 |
| 2 | Sarah-Jane E Caird | 30 | Tindastóll | NT | 45.68 |
| 3 | Rachael L Jonestone | 33 | Sundfélagið Óðinn | NT | 45.71 |

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(Grein 15 Konur 30-34 50 SC Metra Bringusund)

| | | | | | |
|---|----------------------|----|-----------------|----|-------|
| 4 | Hrund Karlsdóttir | 34 | Umf Bolungarvík | NT | 49.50 |
| 5 | Kristín Hreinsdóttir | 34 | Breiðablik | NT | 50.46 |

Grein 15 Konur 35-39 50 SC Metra Bringusund

| | | | | | |
|---|------------------------|----|-------------------------|-------|-------|
| 1 | Hugborg Ómarsdóttir | 39 | Sundfélag Hafnarfjarðar | 53.36 | 43.66 |
| 2 | Sólveig Sigurðardóttir | 38 | Umf Bolungarvík | NT | 49.24 |

Grein 15 Konur 40-44 50 SC Metra Bringusund

| | | | | | |
|-----|-----------------------------|----|-------------------------|-------|-------|
| 1 | Pórunn Kristín Guðmundsdótt | 41 | Sundfélagið Ægir | NT | 46.56 |
| 2 | Karitas Guðmundsdóttir | 40 | Sundfélag Hafnarfjarðar | 55.32 | 54.47 |
| --- | Linda Ólafsdóttir | 42 | Sundfélag Hafnarfjarðar | 47.73 | NS |

Grein 15 Konur 45-49 50 SC Metra Bringusund

| | | | | | |
|---|----------------------|----|-------------------------|-------|-------|
| 1 | Sarah Buckley | 46 | Sunddeild Fjölnis | 43.12 | 43.31 |
| 2 | Birna Ólafsdóttir | 47 | Sundfélag Hafnarfjarðar | 43.67 | 43.59 |
| 3 | Ásta Þ. Ólafsdóttir | 47 | Sundfélagið Ægir | NT | 49.72 |
| 4 | Maria F Jakobsdóttir | 48 | Breiðablik | NT | 50.78 |

Grein 15 Konur 60-64 50 SC Metra Bringusund

| | | | | | |
|---|---------------------------|----|-------------------------------|----|-------|
| 1 | Guðmunda Ólöf Jónasdóttir | 61 | Ungmennasamband Borgarfjarðar | NT | 55.75 |
|---|---------------------------|----|-------------------------------|----|-------|

Grein 16 Karlar 40-44 50 SC Metra Bringusund

| | | | | | |
|---|---------------------------|----|-------------------------|-------|-------|
| 1 | Jóhann Samsonarson | 41 | Sundfélag Hafnarfjarðar | 37.94 | 37.76 |
| 2 | Gunnar Haukur Kristinsson | 42 | Sundfélag Akraness | NT | 40.33 |
| 3 | Bergþór Jóhannsson | 41 | Sundfélag Hafnarfjarðar | 41.02 | 41.14 |
| 4 | Karl Georg Klein | 41 | Sundfélag Hafnarfjarðar | 46.95 | 43.04 |

Grein 16 Karlar 45-49 50 SC Metra Bringusund

| | | | | | |
|---|----------------------|----|-------------------------|-------|-------|
| 1 | Vignir Barkarson | 46 | Sundfélag Akraness | 38.61 | 39.88 |
| 2 | Kristinn Samsonarson | 45 | Sundfélag Hafnarfjarðar | NT | 43.54 |

Grein 16 Karlar 50-54 50 SC Metra Bringusund

| | | | | | |
|---|---------------------|----|--------------------------------|-------|-------|
| 1 | Örn Ólafson | 54 | Sundfélag Hafnarfjarðar | 37.76 | 37.82 |
| 2 | Sigmar Björnsson | 52 | Ípróttabandalag Reykjanesbæjar | 39.64 | 39.69 |
| 3 | Ragnar Marteinsson | 53 | Breiðablik | 39.59 | 39.80 |
| 4 | Einar Hauksson | 52 | Breiðablik | NT | 43.32 |
| 5 | Aðalsteinn Einarson | 52 | Sundfélag Hafnarfjarðar | NT | 47.04 |

Grein 16 Karlar 55-59 50 SC Metra Bringusund

| | | | | | |
|---|-------------------------|----|-------------------------|-------|-------|
| 1 | Guðjón Guðnason | 56 | Sundfélag Hafnarfjarðar | 40.50 | 39.75 |
| 2 | Hans Birgir Friðriksson | 57 | Tindastóll | NT | 43.79 |
| 3 | Björgvin Björgvinsson | 55 | Sundfélag Hafnarfjarðar | 44.48 | 45.26 |
| 4 | Valgeir Kárason | 59 | Tindastóll | NT | 50.21 |

Grein 16 Karlar 60-64 50 SC Metra Bringusund

| | | | | | |
|---|--------------------------|----|-------------------------|-------|---------|
| 1 | Trausti Sveinbjörnsson | 64 | Sundfélag Hafnarfjarðar | 46.04 | 46.81 |
| 2 | Þorsteinn Ingimundarsson | 64 | Sundfélag Hafnarfjarðar | NT | 1:19.40 |

Grein 16 Karlar 70-74 50 SC Metra Bringusund

| | | | | | |
|---|-------------------|----|-------------------------|-------|-------|
| 1 | Óli G H Þórðarson | 74 | Sundfélag Hafnarfjarðar | 47.35 | 51.43 |
|---|-------------------|----|-------------------------|-------|-------|

Grein 17 Konur 30-34 100 SC Metra Baksund

| | | | | | |
|---|--------------------|----|------------|----|---------|
| 1 | Sarah-Jane E Caird | 30 | Tindastóll | NT | 1:31.78 |
|---|--------------------|----|------------|----|---------|

Grein 17 Konur 35-39 100 SC Metra Baksund

| | | | | | |
|---|----------------------------|----|--------------------|----|---------|
| 1 | Berglind J Valdimarsdóttir | 35 | Sundfélag Akraness | NT | 1:25.14 |
| 2 | Lóa Birna Birgisdóttir | 38 | Sundfélagið Ægir | NT | 1:30.62 |

Grein 17 Konur 45-49 100 SC Metra Baksund

| | | | | | |
|---|-------------------|----|-------------------|---------|---------|
| 1 | Elín Viðarsdóttir | 46 | Sunddeild Fjölnis | NT | 1:25.25 |
| 2 | Karen Malmquist | 49 | Sundfélagið Óðinn | 1:27.37 | 1:35.31 |

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(Grein 17 Konur 45-49 100 SC Metra Baksund)

| | | | |
|-------------------------------|----------------------|---------|---------|
| 3 Harpa Lind Guðbrandsdóttir | 45 Sunddeild Fjölnis | NT | 1:35.64 |
| 4 Sigríður Helga Sveinsdóttir | 47 Breiðablik | 1:43.73 | 1:45.75 |

Grein 17 Konur 55-59 100 SC Metra Baksund

| | | | |
|-------------------------------|----------------------------|---------|---------|
| 1 Ingibjörg Svala Ólafsdóttir | 57 Sundfélag Hafnarfjarðar | 1:52.94 | 1:54.11 |
|-------------------------------|----------------------------|---------|---------|

Grein 17 Konur 60-64 100 SC Metra Baksund

| | | | |
|-------------------------------|----------------------------------|----|----|
| --- Guðmunda Ólöf Jónasdóttir | 61 Ungmennasamband Borgarfjarðar | NT | DQ |
|-------------------------------|----------------------------------|----|----|

Grein 18 Karlar 35-39 100 SC Metra Baksund

| | | | |
|---------------------------|----------------------------|---------|---------|
| 1 Elvar Nielsson | 36 Breiðablik | NT | 1:18.29 |
| 2 Hálfán Freyr Örnólfsson | 37 Sundfélag Hafnarfjarðar | 1:24.54 | 1:23.67 |

Grein 18 Karlar 40-44 100 SC Metra Baksund

| | | | |
|----------------------|----------------------------|---------|---------|
| 1 Jóhann Samsonarson | 41 Sundfélag Hafnarfjarðar | 1:21.55 | 1:24.70 |
|----------------------|----------------------------|---------|---------|

Grein 18 Karlar 45-49 100 SC Metra Baksund

| | | | |
|----------------------|----------------------------|---------|---------|
| 1 Jón Hugi Harðarson | 47 Sundfélag Akraness | NT | 1:16.47 |
| 2 Guðni Guðnason | 48 Sundfélag Hafnarfjarðar | 1:23.37 | 1:27.38 |

Grein 18 Karlar 50-54 100 SC Metra Baksund

| | | | |
|----------------------|---------------|----|---------|
| 1 Þorgeir Sigurðsson | 53 Breiðablik | NT | 1:45.94 |
|----------------------|---------------|----|---------|

Grein 19 Konur 25-29 200 SC Metra Skriðsund

| | | | |
|------------------------------|---------------------|----|---------|
| 1 María Björk Guðmundsdóttir | 28 Sundfélagið Ægir | NT | 2:36.49 |
|------------------------------|---------------------|----|---------|

Grein 19 Konur 30-34 200 SC Metra Skriðsund

| | | | |
|-------------------------------|---------------|----|---------|
| 1 Jóna Dögg Sveinbjörnsdóttir | 30 Breiðablik | NT | 2:48.82 |
|-------------------------------|---------------|----|---------|

Grein 19 Konur 40-44 200 SC Metra Skriðsund

| | | | |
|---------------------------------|---------------------|----|---------|
| 1 María Valdimarsdóttir | 40 Snæfell | NT | 2:47.55 |
| 2 Þórunn Kristín Guðmundsdóttir | 41 Sundfélagið Ægir | NT | 2:51.76 |
| 3 Þórdís Pálsdóttir | 44 Breiðablik | NT | 3:04.23 |

Grein 19 Konur 45-49 200 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------------|---------|---------|
| 1 Sarah Buckley | 46 Sunddeild Fjölnis | NT | 2:56.88 |
| 2 Birna Ólafsdóttir | 47 Sundfélag Hafnarfjarðar | 3:02.84 | 3:03.65 |
| 3 Sigríður Helga Sveinsdóttir | 47 Breiðablik | 3:30.28 | 3:22.45 |

Grein 19 Konur 55-59 200 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------------|---------|---------|
| 1 Ingibjörg Svala Ólafsdóttir | 57 Sundfélag Hafnarfjarðar | 3:34.98 | 3:43.33 |
|-------------------------------|----------------------------|---------|---------|

Grein 20 Karlar 35-39 200 SC Metra Skriðsund

| | | | |
|---------------------------|----------------------------|---------|---------|
| 1 Hörður Guðmundsson | 36 Sundfélagið Ægir | NT | 2:17.85 |
| 2 Hálfán Freyr Örnólfsson | 37 Sundfélag Hafnarfjarðar | 2:24.29 | 2:27.02 |
| 3 Helgi Hinriksson | 38 Sundfélag Hafnarfjarðar | NT | 2:51.23 |

Grein 20 Karlar 40-44 200 SC Metra Skriðsund

| | | | |
|-------------------------|----------------------------|---------|---------|
| 1 Steinn Jóhannsson | 42 Sundfélag Hafnarfjarðar | 2:26.49 | 2:28.15 |
| 2 Magni Þór Samsonarson | 40 Sundfélag Hafnarfjarðar | 2:40.26 | 2:36.57 |
| 3 Karl Georg Klein | 41 Sundfélag Hafnarfjarðar | 2:53.42 | 2:50.18 |

Grein 20 Karlar 45-49 200 SC Metra Skriðsund

| | | | |
|----------------------|----------------------------|---------|---------|
| 1 Guðni Guðnason | 48 Sundfélag Hafnarfjarðar | 2:34.46 | 2:34.36 |
| 2 Sigurjón Þórðarson | 46 Tindastóll | NT | 2:40.72 |

Grein 20 Karlar 50-54 200 SC Metra Skriðsund

| | | | |
|----------------------|---------------------|---------|---------|
| 1 Remi Spilliaert | 52 Sundfélagið Ægir | 2:44.61 | 2:45.21 |
| 2 Þorgeir Sigurðsson | 53 Breiðablik | NT | 3:08.04 |

Grein 20 Karlar 55-59 200 SC Metra Skriðsund

| | | | |
|-------------------|---------------|----|---------|
| 1 Valgeir Kárason | 59 Tindastóll | NT | 3:07.07 |
|-------------------|---------------|----|---------|

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Grein 20 Karlar 70-74 200 SC Metra Skriðsund

| | | | |
|---------------------|----------------------------|---------|---------|
| 1 Óli G H Þórðarson | 74 Sundfélag Hafnarfjarðar | 3:45.26 | 3:43.61 |
|---------------------|----------------------------|---------|---------|

Grein 21 Konur 30-34 100 SC Metra Fjór

| | | | |
|----------------------------------|----------------------|----|---------|
| 1 Hrafnhildur B Sigurgeirsdóttir | 31 Umf Bolungarvík | NT | 1:27.95 |
| 2 Sarah-Jane E Caird | 30 Tindastóll | NT | 1:28.10 |
| 3 Rachael L Jonestone | 33 Sundfélagið Óðinn | NT | 1:36.93 |

Grein 21 Konur 35-39 100 SC Metra Fjór

| | | | |
|--------------------------|---------------------|----|---------|
| 1 Lóa Birna Birgisdóttir | 38 Sundfélagið Ægir | NT | 1:31.95 |
|--------------------------|---------------------|----|---------|

Grein 21 Konur 40-44 100 SC Metra Fjór

| | | | |
|---------------------------------|---------------------|----|---------|
| 1 Þórunn Kristín Guðmundsdóttir | 41 Sundfélagið Ægir | NT | 1:33.90 |
|---------------------------------|---------------------|----|---------|

Grein 21 Konur 45-49 100 SC Metra Fjór

| | | | |
|-------------------------------|----------------------------|---------|---------|
| 1 Elín Viðarsdóttir | 46 Sunddeild Fjölnis | NT | 1:25.86 |
| 2 Harpa Lind Guðbrandsdóttir | 45 Sunddeild Fjölnis | NT | 1:31.06 |
| 3 Birna Ólafsdóttir | 47 Sundfélag Hafnarfjarðar | 1:42.59 | 1:38.86 |
| 4 Ásta Þ. Ólafsdóttir | 47 Sundfélagið Ægir | NT | 1:39.38 |
| 5 Sigríður Helga Sveinsdóttir | 47 Breiðablik | NT | 1:43.61 |

Grein 22 Karlar 35-39 100 SC Metra Fjór

| | | | |
|----------------------------|----------------------------|----|---------|
| 1 Elvar Níelsson | 36 Breiðablik | NT | 1:16.63 |
| 2 Hálfván Freyr Örnólfsson | 37 Sundfélag Hafnarfjarðar | NT | 1:19.14 |
| 3 Viðar B Þorsteinsson | 37 Breiðablik | NT | 1:32.08 |

Grein 22 Karlar 40-44 100 SC Metra Fjór

| | | | |
|-----------------------------|----------------------------|---------|---------|
| 1 Ingólfur Gauti Arnarson | 41 Sundfélag Hafnarfjarðar | 1:12.66 | 1:14.84 |
| 2 Steinn Jóhannsson | 42 Sundfélag Hafnarfjarðar | NT | 1:17.65 |
| 3 Jóhann Samsonarson | 41 Sundfélag Hafnarfjarðar | 1:17.81 | 1:18.58 |
| 4 Gunnar Haukur Kristinsson | 42 Sundfélag Akraness | NT | 1:22.70 |
| 5 Bergþór Jóhannsson | 41 Sundfélag Hafnarfjarðar | NT | 1:33.76 |

Grein 22 Karlar 45-49 100 SC Metra Fjór

| | | | |
|----------------------|----------------------------|---------|---------|
| 1 Jón Hugí Harðarson | 47 Sundfélag Akraness | NT | 1:14.34 |
| 2 Vignir Barkarson | 46 Sundfélag Akraness | 1:18.31 | 1:19.46 |
| 3 Guðni Guðnason | 48 Sundfélag Hafnarfjarðar | 1:21.94 | 1:21.53 |

Grein 22 Karlar 50-54 100 SC Metra Fjór

| | | | |
|----------------------|-----------------------------------|---------|---------|
| 1 Sigmar Björnsson | 52 Íþróttabandalag Reykjanesbæjar | 1:26.17 | 1:28.98 |
| 2 Ragnar Marteinsson | 53 Breiðablik | NT | 1:29.20 |
| 3 Remi Spilliaert | 52 Sundfélagið Ægir | NT | 1:35.60 |

Grein 22 Karlar 55-59 100 SC Metra Fjór

| | | | |
|-------------------|----------------------------|---------|---------|
| 1 Guðjón Guðnason | 56 Sundfélag Hafnarfjarðar | 1:21.60 | 1:23.74 |
| 2 Valgeir Kárason | 59 Tindastóll | NT | 1:47.51 |

Grein 23 Blandað 120-159 200 SC Metra Fjór Sund Boðsund

| | | | |
|--|-----------------------------------|----|---------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 2:37.47 |
| 1) Hálfván Freyr Örnólfsson M32) Hugborg Ómarsdóttir W39 | | | |
| 3) Ingólfur Gauti Arnarson M414) Karítas Guðmundsdóttir W4 | | | |
| 2 Breiðablik | A | NT | 2:45.02 |
| 1) Elvar Níelsson M36 | 2) Jóna Dögg Sveinbjörnsdóttir W3 | | |
| 3) Viðar B Þorsteinsson M37 | 4) Kristín Hreinsdóttir W34 | | |

Grein 23 Blandað 160-199 200 SC Metra Fjór Sund Boðsund

| | | | |
|-----------------------------------|-------------------------------------|----------------------------------|-------------------------------|
| 1 Sundfélag Akraness | A | NT | 2:24.43 |
| 1) Jón Hugí Harðarson M47 | 2) Vignir Barkarson M46 | 3) Berglind J Valdimarsdóttir W4 | 4) Bjarney Guðbjörnsdóttir W3 |
| 2 Sundfélagið Ægir | A | NT | 2:27.69 |
| 1) Lóa Birna Birgisdóttir W38 | 2) Þórunn Kristín Guðmundsdóttir W3 | 3) Hörður Guðmundsson M36 | 4) Remi Spilliaert M52 |
| 3 Breiðablik | A | NT | 2:50.28 |
| 1) Sigríður Helga Sveinsdóttir W2 | 2) Einar Hauksson M52 | 3) Ragnar Marteinsson M53 | 4) Þórdís Pálsdóttir W44 |

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Grein 23 Blandað 240-279 200 SC Metra Fjór Sund Boðsund

| | | | |
|---|---|----|---------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 3:17.58 |
| 1) Ingibjörg Svala Ólafsdóttir W2) Trausti Sveinbjörnsson M64 3) Birna Ólafsdóttir W47 4) Óli G H Þórðarson M74 | | | |

Grein 24 Karlar 35-39 200 SC Metra Fjór

| | | | |
|----------------------|-----------------------|----|---------|
| 1 Hörður Guðmundsson | 36 Sundfélagið Ægir | NT | 2:36.58 |
| 2 Alexander Eck | 39 Sundfélag Akraness | NT | 3:18.01 |

Grein 24 Karlar 40-44 200 SC Metra Fjór

| | | | |
|---------------------------|----------------------------|---------|---------|
| 1 Steinn Jóhannsson | 42 Sundfélag Hafnarfjarðar | 2:43.64 | 2:43.50 |
| 2 Ingólfur Gauti Arnarson | 41 Sundfélag Hafnarfjarðar | 2:40.80 | 2:48.16 |
| 3 Jóhann Samsonarson | 41 Sundfélag Hafnarfjarðar | NT | 3:03.78 |
| 4 Magni Þór Samsonarson | 40 Sundfélag Hafnarfjarðar | 3:02.00 | 3:03.92 |

Grein 24 Karlar 45-49 200 SC Metra Fjór

| | | | |
|------------------------|----------------------------|---------|---------|
| 1 Guðni Guðnason | 48 Sundfélag Hafnarfjarðar | 2:56.85 | 2:59.83 |
| --- Sigurjón Þórðarson | 46 Tindastóll | 3:07.83 | DQ |

Grein 24 Karlar 50-54 200 SC Metra Fjór

| | | | |
|-----------------------|---------------------|----|---------|
| 1 Remi Spilliaert | 52 Sundfélagið Ægir | NT | 3:28.19 |
| 2 Ragnar Marteinnsson | 53 Breiðablik | NT | 3:35.56 |

Grein 25 Konur 30-34 200 SC Metra Fjór

| | | | |
|-----------------------|----------------------|----|---------|
| 1 Rachael L Jonestone | 33 Sundfélagið Óðinn | NT | 3:25.41 |
|-----------------------|----------------------|----|---------|

Grein 25 Konur 35-39 200 SC Metra Fjór

| | | | |
|---------------------------|-----------------------|---------|---------|
| 1 Bjarney Guðbjörnsdóttir | 36 Sundfélag Akraness | 3:11.11 | 3:09.00 |
| 2 Lóa Birna Birgisdóttir | 38 Sundfélagið Ægir | NT | 3:22.07 |

Grein 25 Konur 40-44 200 SC Metra Fjór

| | | | |
|---------------------------------|---------------------|----|---------|
| 1 Þórunn Kristín Guðmundsdóttir | 41 Sundfélagið Ægir | NT | 3:18.29 |
| 2 Þórdís Pálsdóttir | 44 Breiðablik | NT | 3:35.76 |

Grein 25 Konur 45-49 200 SC Metra Fjór

| | | | |
|------------------------------|----------------------------|---------|---------|
| 1 Elín Viðarsdóttir | 46 Sunddeild Fjölnis | NT | 3:04.60 |
| 2 Harpa Lind Guðbrandsdóttir | 45 Sunddeild Fjölnis | 3:21.80 | 3:19.99 |
| 3 Birna Ólafsdóttir | 47 Sundfélag Hafnarfjarðar | NT | 3:43.51 |

Grein 26 Karlar 35-39 50 SC Metra Baksund

| | | | |
|----------------------------|----------------------------|----|-------|
| 1 Elvar Nielsson | 36 Breiðablik | NT | 35.45 |
| 2 Hálfván Freyr Örnólfsson | 37 Sundfélag Hafnarfjarðar | NT | 35.79 |
| 3 Viðar B Þorsteinsson | 37 Breiðablik | NT | 40.48 |

Grein 26 Karlar 40-44 50 SC Metra Baksund

| | | | |
|-----------------------------|----------------------------|-------|-------|
| 1 Jóhann Samsonarson | 41 Sundfélag Hafnarfjarðar | 36.37 | 38.06 |
| 2 Gunnar Haukur Kristinsson | 42 Sundfélag Akraness | NT | 38.83 |
| 3 Karl Georg Klein | 41 Sundfélag Hafnarfjarðar | 42.82 | 43.91 |
| 4 Bergþór Jóhannsson | 41 Sundfélag Hafnarfjarðar | NT | 45.08 |

Grein 26 Karlar 45-49 50 SC Metra Baksund

| | | | |
|----------------------|----------------------------|-------|-------|
| 1 Jón Hugi Harðarson | 47 Sundfélag Akraness | NT | 34.39 |
| 2 Guðni Guðnason | 48 Sundfélag Hafnarfjarðar | 36.91 | 38.79 |
| 3 Vignir Barkarson | 46 Sundfélag Akraness | 38.80 | 45.32 |

Grein 26 Karlar 50-54 50 SC Metra Baksund

| | | | |
|------------------------------|---------------|----|-------|
| 1 Einar Hauksson | 52 Breiðablik | NT | 45.90 |
| 2 Þorgeir Sigurðsson | 53 Breiðablik | NT | 49.66 |
| 3 Jóhannes Rúnar Jóhannesson | 50 Breiðablik | NT | 52.22 |

Grein 26 Karlar 55-59 50 SC Metra Baksund

| | | | |
|---------------------|----------------------------|-------|----|
| --- Guðjón Guðnason | 56 Sundfélag Hafnarfjarðar | 40.12 | NS |
|---------------------|----------------------------|-------|----|

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Grein 27 Konur 30-34 50 SC Metra Baksund

| | | | |
|----------------------------------|--------------------|----|-------|
| 1 Sarah-Jane E Caird | 30 Tindastóll | NT | 39.11 |
| 2 Hrafnhildur B Sigurgeirsdóttir | 31 Umf Bolungarvík | NT | 40.98 |

Grein 27 Konur 35-39 50 SC Metra Baksund

| | | | |
|------------------------------|-----------------------|-------|-------|
| 1 Berglind J Valdimarsdóttir | 35 Sundfélag Akraness | NT | 38.40 |
| 2 Lóa Birna Birgisdóttir | 38 Sundfélagið Ægir | 42.02 | 41.77 |

Grein 27 Konur 45-49 50 SC Metra Baksund

| | | | |
|-------------------------------|----------------------|-------|-------|
| 1 Elín Viðarsdóttir | 46 Sunddeild Fjölnis | NT | 40.99 |
| 2 Karen Malmquist | 49 Sundfélagið Óðinn | 41.17 | 44.50 |
| 3 Ásta Þ. Ólafsdóttir | 47 Sundfélagið Ægir | NT | 48.49 |
| 4 Sigríður Helga Sveinsdóttir | 47 Breiðablik | 49.11 | 48.67 |

Grein 27 Konur 55-59 50 SC Metra Baksund

| | | | |
|-------------------------------|----------------------------|-------|-------|
| 1 Ingibjörg Svala Ólafsdóttir | 57 Sundfélag Hafnarfjarðar | 48.99 | 52.47 |
|-------------------------------|----------------------------|-------|-------|

Grein 27 Konur 60-64 50 SC Metra Baksund

| | | | |
|-----------------------------|----------------------------------|-------|-------|
| 1 Guðmunda Ólöf Jónasdóttir | 61 Ungmennasamband Borgarfjarðar | 53.36 | 52.97 |
|-----------------------------|----------------------------------|-------|-------|

Grein 28 Karlar 40-44 200 SC Metra Bringusund

| | | | |
|---------------------|----------------------------|---------|---------|
| 1 Steinn Jóhannsson | 42 Sundfélag Hafnarfjarðar | 2:53.68 | 2:56.90 |
|---------------------|----------------------------|---------|---------|

Grein 28 Karlar 45-49 200 SC Metra Bringusund

| | | | |
|----------------------|---------------|---------|---------|
| 1 Sigurjón Þórðarson | 46 Tindastóll | 3:20.03 | 3:23.25 |
|----------------------|---------------|---------|---------|

Grein 28 Karlar 50-54 200 SC Metra Bringusund

| | | | |
|-----------------------|-----------------------------------|---------|---------|
| 1 Sigmar Björnsson | 52 Íþróttabandalag Reykjanesbæjar | 3:10.73 | 3:11.80 |
| 2 Örn Ólafson | 54 Sundfélag Hafnarfjarðar | NT | 3:16.00 |
| 3 Aðalsteinn Einarson | 52 Sundfélag Hafnarfjarðar | NT | 3:55.17 |

Grein 28 Karlar 55-59 200 SC Metra Bringusund

| | | | |
|-------------------------|----------------------------|---------|---------|
| 1 Björgvin Björgvinsson | 55 Sundfélag Hafnarfjarðar | 3:47.00 | 3:57.38 |
|-------------------------|----------------------------|---------|---------|

Grein 28 Karlar 70-74 200 SC Metra Bringusund

| | | | |
|---------------------|----------------------------|---------|---------|
| 1 Óli G H Þórðarson | 74 Sundfélag Hafnarfjarðar | 3:47.68 | 4:03.24 |
|---------------------|----------------------------|---------|---------|

Grein 29 Konur 30-34 200 SC Metra Bringusund

| | | | |
|-------------------------------|--------------------|----|---------|
| 1 Jóna Dögg Sveinbjörnsdóttir | 30 Breiðablik | NT | 3:12.53 |
| 2 Hrund Karlsdóttir | 34 Umf Bolungarvík | NT | 3:55.77 |

Grein 29 Konur 35-39 200 SC Metra Bringusund

| | | | |
|---------------------------|----------------------------|---------|---------|
| 1 Bjarney Guðbjörnsdóttir | 36 Sundfélag Akraness | 3:20.67 | 3:21.20 |
| 2 Hugborg Ómarsdóttir | 39 Sundfélag Hafnarfjarðar | NT | 3:32.93 |

Grein 29 Konur 40-44 200 SC Metra Bringusund

| | | | |
|---------------------------------|----------------------------|---------|---------|
| 1 Þórunn Kristín Guðmundsdóttir | 41 Sundfélagið Ægir | NT | 3:32.68 |
| 2 Karitas Guðmundsdóttir | 40 Sundfélag Hafnarfjarðar | 4:26.71 | 4:24.16 |
| --- Linda Ólafsdóttir | 42 Sundfélag Hafnarfjarðar | 3:42.58 | NS |

Grein 29 Konur 45-49 200 SC Metra Bringusund

| | | | |
|---------------------|----------------------------|---------|---------|
| 1 Birna Ólafsdóttir | 47 Sundfélag Hafnarfjarðar | 3:23.53 | 3:28.62 |
|---------------------|----------------------------|---------|---------|

Grein 30 Karlar 35-39 100 SC Metra Skriðsund

| | | | |
|---------------------------|----------------------------|---------|---------|
| 1 Hörður Guðmundsson | 36 Sundfélagið Ægir | NT | 1:01.15 |
| 2 Hálfán Freyr Örnólfsson | 37 Sundfélag Hafnarfjarðar | 1:00.17 | 1:02.33 |
| 3 Elvar Níelsson | 36 Breiðablik | NT | 1:02.98 |
| 4 Helgi Hinriksson | 38 Sundfélag Hafnarfjarðar | NT | 1:13.16 |
| 5 Alexander Eck | 39 Sundfélag Akraness | NT | 1:15.24 |
| 6 Viðar B Þorsteinsson | 37 Breiðablik | NT | 1:18.48 |

Grein 30 Karlar 40-44 100 SC Metra Skriðsund

| | | | |
|---------------------------|----------------------------|---------|---------|
| 1 Ingólfur Gauti Arnarson | 41 Sundfélag Hafnarfjarðar | 1:02.34 | 1:03.61 |
|---------------------------|----------------------------|---------|---------|

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(Grein 30 Karlar 40-44 100 SC Metra Skriðsund)

| | | | |
|-------------------------|----------------------------|---------|---------|
| 2 Magni Þór Samsonarson | 40 Sundfélag Hafnarfjarðar | 1:06.93 | 1:06.93 |
| 3 Jóhann Samsonarson | 41 Sundfélag Hafnarfjarðar | 1:07.77 | 1:08.43 |
| 4 Bergþór Jóhannsson | 41 Sundfélag Hafnarfjarðar | NT | 1:14.13 |
| 5 Karl Georg Klein | 41 Sundfélag Hafnarfjarðar | NT | 1:14.78 |

Grein 30 Karlar 45-49 100 SC Metra Skriðsund

| | | | |
|------------------------|----------------------------|---------|---------|
| 1 Jón Hugí Harðarson | 47 Sundfélag Akraness | NT | 1:06.12 |
| 2 Vignir Barkarson | 46 Sundfélag Akraness | 1:04.92 | 1:06.23 |
| 3 Guðni Guðnason | 48 Sundfélag Hafnarfjarðar | 1:06.69 | 1:07.99 |
| 4 Kristinn Samsonarson | 45 Sundfélag Hafnarfjarðar | NT | 1:13.99 |

Grein 30 Karlar 50-54 100 SC Metra Skriðsund

| | | | |
|-----------------------|---------------------|---------|---------|
| 1 Ragnar Marteinnsson | 53 Breiðablik | 1:07.68 | 1:09.20 |
| 2 Remi Spilliaert | 52 Sundfélagið Ægir | 1:10.60 | 1:10.68 |
| 3 Þorgeir Sigurðsson | 53 Breiðablik | NT | 1:26.00 |

Grein 30 Karlar 55-59 100 SC Metra Skriðsund

| | | | |
|---------------------------|---------------|----|---------|
| 1 Hans Birgir Friðriksson | 57 Tindastóll | NT | 1:17.85 |
|---------------------------|---------------|----|---------|

Grein 30 Karlar 70-74 100 SC Metra Skriðsund

| | | | |
|---------------------|----------------------------|---------|---------|
| 1 Óli G H Þórðarson | 74 Sundfélag Hafnarfjarðar | 1:33.50 | 1:37.69 |
|---------------------|----------------------------|---------|---------|

Grein 31 Konur 25-29 100 SC Metra Skriðsund

| | | | |
|------------------------------|--------------------|----|---------|
| 1 Sigurbjörg Hallgrímsdóttir | 26 Umf Bolungarvík | NT | 1:25.65 |
|------------------------------|--------------------|----|---------|

Grein 31 Konur 30-34 100 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------|----|---------|
| 1 Sarah-Jane E Caird | 30 Tindastóll | NT | 1:17.24 |
| 2 Jóna Dögg Sveinbjörnsdóttir | 30 Breiðablik | NT | 1:19.72 |
| 3 Rachael L Jonestone | 33 Sundfélagið Óðinn | NT | 1:27.88 |

Grein 31 Konur 35-39 100 SC Metra Skriðsund

| | | | |
|------------------------------|-----------------------|----|---------|
| 1 Berglind J Valdimarsdóttir | 35 Sundfélag Akraness | NT | 1:13.85 |
| 2 Halldóra Sveinbjörnsdóttir | 36 Umf Bolungarvík | NT | 1:14.30 |

Grein 31 Konur 45-49 100 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------|---------|---------|
| 1 Sarah Buckley | 46 Sunddeild Fjölnis | 1:20.28 | 1:20.52 |
| 2 Karen Malmquist | 49 Sundfélagið Óðinn | 1:13.63 | 1:20.61 |
| 3 Harpa Lind Guðbrandsdóttir | 45 Sunddeild Fjölnis | 1:23.93 | 1:22.08 |
| 4 Ásta Þ. Ólafsdóttir | 47 Sundfélagið Ægir | NT | 1:23.68 |
| 5 Sigríður Helga Sveinsdóttir | 47 Breiðablik | 1:33.24 | 1:30.72 |

Grein 31 Konur 55-59 100 SC Metra Skriðsund

| | | | |
|-------------------------------|----------------------------|---------|---------|
| 1 Ingibjörg Svala Ólafsdóttir | 57 Sundfélag Hafnarfjarðar | 1:37.59 | 1:39.34 |
|-------------------------------|----------------------------|---------|---------|

Grein 31 Konur 60-64 100 SC Metra Skriðsund

| | | | |
|-----------------------------|----------------------------------|----|---------|
| 1 Guðmunda Ólöf Jónasdóttir | 61 Ungmennasamband Borgarfjarðar | NT | 1:39.12 |
|-----------------------------|----------------------------------|----|---------|

Grein 32 Konur 100-119 200 SC Metra Fjór Sund Boðsund

| | | | |
|--------------------------|--|----|---------|
| 1 Umf Bolungarvík | A | NT | 2:52.91 |
| 1) Hrund Karlsdóttir W34 | 2) Guðrún H Halldórsdóttir W253) Hrafnhildur B Sigurgeirsdóttir4) Sigurbjörg Hallgrímsdóttir V | | |

Grein 32 Konur 120-159 200 SC Metra Fjór Sund Boðsund

| | | | |
|-------------------------------|----------------------------|--|---------|
| 1 Sundfélagið Ægir | A | NT | 2:53.52 |
| 1) Lóa Birna Birgisdóttir W38 | 2) Ásta Þ. Ólafsdóttir W47 | 3) Þórunn Kristín Guðmundsdóttir4) Elsa Pellerin W26 | |

Grein 32 Konur 160-199 200 SC Metra Fjór Sund Boðsund

| | | | |
|--|--------------------------|------------------------------|---------|
| 1 Breiðablik | A | NT | 3:03.12 |
| 1) Sigríður Helga Sveinsdóttir W2) Jóna Dögg Sveinbjörnsdóttir V3) Þórdís Pálsdóttir W44 | | 4) María F Jakobsdóttir W48 | |
| 2 Sundfélag Hafnarfjarðar | A | NT | 3:17.30 |
| 1) Ingibjörg Svala Ólafsdóttir W2) Hugborg Ómarsdóttir W39 | 3) Birna Ólafsdóttir W47 | 4) Karitas Guðmundsdóttir W4 | |

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| | | | |
|---------------------------|---------------------------|--------------------------------|-------------------------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 2:40.51 |
| 1) Karl Georg Klein M41 | 2) Bergþór Jóhannsson M41 | 3) Hálfán Freyr Örnólfsson M34 | 4) Helgi Hinriksson M38 |

Grein 33 Karlar 160-199 200 SC Metra Fjósund Boðsund

| | | | |
|---------------------------|--------------------------|---------------------------------|-------------------------------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 2:15.99 |
| 1) Jóhann Samsonarson M41 | 2) Steinn Jóhannsson M42 | 3) Magni Þór Samsonarson M40 | 4) Ingólfur Gauti Arnarson M4 |
| 2 Sundfélag Akraness | A | NT | 2:22.09 |
| 1) Jón Hugí Harðarson M47 | 2) Vignir Barkarson M46 | 3) Gunnar Haukur Kristinsson M4 | 4) Alexander Eck M39 |

Grein 33 Karlar 200-239 200 SC Metra Fjósund Boðsund

| | | | |
|-----------------------------|------------------------------|----------------------------|-------------------------------|
| --- Breiðablik | A | NT | DQ |
| 1) Þorgeir Sigurðsson M53 | 2) Einar Hauksson M52 | 3) Ragnar Marteinnsson M53 | 4) Jóhannes Rúnar Jóhannesson |
| --- Sundfélag Hafnarfjarðar | A | NT | DQ |
| 1) Kristinn Samsonarson M45 | 2) Björgvin Björgvinsson M55 | 3) Guðni Guðnason M48 | 4) Þorsteinn Ingimundarsson M |

Grein 33 Karlar 240-279 200 SC Metra Fjósund Boðsund

| | | | |
|----------------------------|-------------------------------|--------------------|--------------------------|
| 1 Sundfélag Hafnarfjarðar | A | NT | 3:16.21 |
| 1) Aðalsteinn Einarson M52 | 2) Trausti Sveinbjörnsson M64 | 3) Örn Ólafson M54 | 4) Óli G H Þórðarson M74 |