

IMOC 2014
Kópavogslaug, 2. - 3.5.2014

Sundgrein 1
2.5.2014

karla, 800m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími						Stig			
1.	Ómar Snævar Friðriksson		34	SH	9:08.60							
	100m:	1:06.25	1:06.25	300m:	3:26.45	1:10.44	500m:	5:43.85	1:08.44	700m:	8:01.56	1:08.96
	200m:	2:16.01	1:09.76	400m:	4:35.41	1:08.96	600m:	6:52.60	1:08.75	800m:	9:08.60	1:07.04
2.	Ragnar Viktor Hilmarsson		37	Breiðablik	10:05.78							
	100m:	1:08.59	1:08.59	300m:	3:42.77	1:17.04	500m:	6:17.84	1:17.36	700m:	8:53.64	1:18.14
	200m:	2:25.73	1:17.14	400m:	5:00.48	1:17.71	600m:	7:35.50	1:17.66	800m:	10:05.78	1:12.14
3.	Steinn Jóhannsson		46	SH	10:26.81							
	100m:	1:11.36	1:11.36	300m:	3:46.46	1:18.75	500m:	6:26.51	1:20.09	700m:	9:07.43	1:20.61
	200m:	2:27.71	1:16.35	400m:	5:06.42	1:19.96	600m:	7:46.82	1:20.31	800m:	10:26.81	1:19.38
4.	Viðar Braji Þorsteinsson		41	Breiðablik	11:17.15							
	100m:	1:18.52	1:18.52	300m:	4:09.87	1:26.08	500m:	7:02.93	1:26.53	700m:	9:55.97	1:26.26
	200m:	2:43.79	1:25.27	400m:	5:36.40	1:26.53	600m:	8:29.71	1:26.78	800m:	11:17.15	1:21.18
5.	Torben Gregersen		40	SH	11:30.44							
	100m:	1:20.23	1:20.23	300m:	4:15.38	1:29.22	500m:	7:11.06	1:26.19	700m:	10:05.96	1:28.46
	200m:	2:46.16	1:25.93	400m:	5:44.87	1:29.49	600m:	8:37.50	1:26.44	800m:	11:30.44	1:24.48
6.	Hákon H Sigurðsson		40	SH	11:30.54							
	100m:	1:22.15	1:22.15	300m:	4:16.28	1:27.73	500m:	7:12.72	1:28.21	700m:	10:07.79	1:26.90
	200m:	2:48.55	1:26.40	400m:	5:44.51	1:28.23	600m:	8:40.89	1:28.17	800m:	11:30.54	1:22.75
7.	Þórhallur Halldórsson		45	Ægir	11:48.74							
	100m:	1:23.20	1:23.20	300m:	4:22.95	1:29.95	500m:	7:23.53	1:30.91	700m:	10:23.48	1:30.36
	200m:	2:53.00	1:29.80	400m:	5:52.62	1:29.67	600m:	8:53.12	1:29.59	800m:	11:48.74	1:25.26
8.	Sigurjón Þórðarson		50	Tindastóll	12:02.52							
	100m:	1:18.17	1:18.17	300m:	4:16.98	1:31.88	500m:	7:22.02	1:33.18	700m:	10:31.07	1:33.19
	200m:	2:45.10	1:26.93	400m:	5:48.84	1:31.86	600m:	8:57.88	1:35.86	800m:	12:02.52	1:31.45
9.	KARL GEORG KLEIN		45	SH	12:30.52							
	100m:			300m:	4:24.98		500m:			700m:	10:57.79	1:38.77
	200m:			400m:	6:02.81	1:37.83	600m:	9:19.02		800m:	12:30.52	1:32.73
10.	Alexander Arnarson		41	Breiðablik	12:40.48							
	100m:	1:23.00	1:23.00	300m:	4:36.17	1:37.65	500m:	7:51.89	1:37.28	700m:	11:06.74	1:37.70
	200m:	2:58.52	1:35.52	400m:	6:14.61	1:38.44	600m:	9:29.04	1:37.15	800m:	12:40.48	1:33.74
11.	Jakob Antonsson		43	Breiðablik	12:51.73							
	100m:	1:23.38	1:23.38	300m:	4:38.39	1:38.57	500m:	7:56.54	1:38.38	700m:	11:19.80	1:41.93
	200m:	2:59.82	1:36.44	400m:	6:18.16	1:39.77	600m:	9:37.87	1:41.33	800m:	12:51.73	1:31.93
12.	MAGNI ÞÓR SAMSONARSON		44	SH	13:12.08							
	100m:	1:25.22	1:25.22	300m:	4:37.43	1:37.98	500m:	8:04.81	1:43.96	700m:	11:31.56	1:42.90
	200m:	2:59.45	1:34.23	400m:	6:20.85	1:43.42	600m:	9:48.66	1:43.85	800m:	13:12.08	1:40.52
13.	Valgeir S Kárason		63	Tindastóll	13:20.10							
	100m:	2:25.69	2:25.69	300m:	5:53.05	1:43.84	500m:	9:16.98	1:42.01	700m:	12:35.13	1:37.88
	200m:	4:09.21	1:43.52	400m:	7:34.97	1:41.92	600m:	10:57.25	1:40.27	800m:	13:20.10	44.97
14.	Bertel Ingi Arnfinnsson		38	Breiðablik	13:46.95							
	100m:	1:28.00	1:28.00	300m:	4:58.71	1:47.29	500m:	8:34.35	1:47.26	700m:	12:05.73	1:45.11
	200m:	3:11.42	1:43.42	400m:	6:47.09	1:48.38	600m:	10:20.62	1:46.27	800m:	13:46.95	1:41.22
15.	Einar Kristinsson		50	Breiðablik	13:56.49							
	100m:	1:31.67	1:31.67	300m:	5:01.39	1:45.59	500m:	8:36.41	1:47.59	700m:	12:12.52	1:48.34
	200m:	3:15.80	1:44.13	400m:	6:48.82	1:47.43	600m:	10:24.18	1:47.77	800m:	13:56.49	1:43.97
16.	Hörður Valgarðsson		34	Ægir	14:06.47							
	100m:	1:26.07	1:26.07	300m:	4:58.87	1:48.55	500m:	8:41.23	1:53.07	700m:	12:17.73	1:47.81
	200m:	3:10.32	1:44.25	400m:	6:48.16	1:49.29	600m:	10:29.92	1:48.69	800m:	14:06.47	1:48.74
17.	Oddur Valur Þórarinnsson		47	Breiðablik	14:19.54							
	100m:	2:33.75	2:33.75	300m:			500m:	9:53.01		700m:	13:30.78	1:48.77
	200m:			400m:			600m:	11:42.01	1:49.00	800m:	14:19.54	48.76

IMOC 2014
Kópavogslaug, 2. - 3.5.2014

Sundgrein 1, karla, 800m skriðsund, Opinn

Sæti	Aldur								Tími	Stig		
18.	Gunnar Wedholm Helgason								39	Breiðablik	14:55.07	
	100m:	1:30.65	1:30.65	300m:	5:15.14	1:54.20	500m:	9:09.73	1:58.08	700m:	13:01.80	1:56.38
	200m:	3:20.94	1:50.29	400m:	7:11.65	1:56.51	600m:	11:05.42	1:55.69	800m:	14:55.07	1:53.27
19.	Ragnar Marteinnsson								57	Stjarnan	15:12.61	
	100m:	1:08.16	1:08.16	300m:	8:01.89	2:05.06	500m:	11:48.43	1:52.30	700m:	15:12.61	1:35.67
	200m:	5:56.83	4:48.67	400m:	9:56.13	1:54.24	600m:	13:36.94	1:48.51	800m:	15:12.61	
20.	Þorsteinn Ingimundarsson								68	SH	27:17.00	
	100m:	3:01.92	3:01.92	300m:	9:54.89	3:27.06	500m:	16:53.25	3:27.61	700m:	23:50.09	3:29.11
	200m:	6:27.83	3:25.91	400m:	13:25.64	3:30.75	600m:	20:20.98	3:27.73	800m:	27:17.00	3:26.91
ÓG.	Páll Sigurþórsson								76	Selfoss	17:15.80	
	100m:			300m:	6:30.06	2:10.40	500m:	10:52.50	2:10.48	700m:	15:10.62	2:08.02
	200m:	4:19.66		400m:	8:42.02	2:11.96	600m:	13:02.60	2:10.10	800m:	17:15.80	2:05.18

Sundgrein 1
2.5.2014

karla, 800m skriðsund

30 - 34 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur								Tími	Stig		
1.	Ómar Snævar Friðriksson								34	SH	9:08.60	
	100m:	1:06.25	1:06.25	300m:	3:26.45	1:10.44	500m:	5:43.85	1:08.44	700m:	8:01.56	1:08.96
	200m:	2:16.01	1:09.76	400m:	4:35.41	1:08.96	600m:	6:52.60	1:08.75	800m:	9:08.60	1:07.04
2.	Hörður Valgarðsson								34	Ægir	14:06.47	
	100m:	1:26.07	1:26.07	300m:	4:58.87	1:48.55	500m:	8:41.23	1:53.07	700m:	12:17.73	1:47.81
	200m:	3:10.32	1:44.25	400m:	6:48.16	1:49.29	600m:	10:29.92	1:48.69	800m:	14:06.47	1:48.74

Sundgrein 1
2.5.2014

karla, 800m skriðsund

35 - 39 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur								Tími	Stig		
1.	Ragnar Viktor Hilmarsson								37	Breiðablik	10:05.78	
	100m:	1:08.59	1:08.59	300m:	3:42.77	1:17.04	500m:	6:17.84	1:17.36	700m:	8:53.64	1:18.14
	200m:	2:25.73	1:17.14	400m:	5:00.48	1:17.71	600m:	7:35.50	1:17.66	800m:	10:05.78	1:12.14
2.	Bertel Ingi Arnfinnsson								38	Breiðablik	13:46.95	
	100m:	1:28.00	1:28.00	300m:	4:58.71	1:47.29	500m:	8:34.35	1:47.26	700m:	12:05.73	1:45.11
	200m:	3:11.42	1:43.42	400m:	6:47.09	1:48.38	600m:	10:20.62	1:46.27	800m:	13:46.95	1:41.22
3.	Gunnar Wedholm Helgason								39	Breiðablik	14:55.07	
	100m:	1:30.65	1:30.65	300m:	5:15.14	1:54.20	500m:	9:09.73	1:58.08	700m:	13:01.80	1:56.38
	200m:	3:20.94	1:50.29	400m:	7:11.65	1:56.51	600m:	11:05.42	1:55.69	800m:	14:55.07	1:53.27

Sundgrein 1
2.5.2014

karla, 800m skriðsund

40 - 44 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur								Tími	Stig		
1.	Viðar Braji Þorsteinsson								41	Breiðablik	11:17.15	
	100m:	1:18.52	1:18.52	300m:	4:09.87	1:26.08	500m:	7:02.93	1:26.53	700m:	9:55.97	1:26.26
	200m:	2:43.79	1:25.27	400m:	5:36.40	1:26.53	600m:	8:29.71	1:26.78	800m:	11:17.15	1:21.18
2.	Torben Gregersen								40	SH	11:30.44	
	100m:	1:20.23	1:20.23	300m:	4:15.38	1:29.22	500m:	7:11.06	1:26.19	700m:	10:05.96	1:28.46
	200m:	2:46.16	1:25.93	400m:	5:44.87	1:29.49	600m:	8:37.50	1:26.44	800m:	11:30.44	1:24.48
3.	Hákon H Sigurðsson								40	SH	11:30.54	
	100m:	1:22.15	1:22.15	300m:	4:16.28	1:27.73	500m:	7:12.72	1:28.21	700m:	10:07.79	1:26.90
	200m:	2:48.55	1:26.40	400m:	5:44.51	1:28.23	600m:	8:40.89	1:28.17	800m:	11:30.54	1:22.75

IMOC 2014
Kópavogslaug, 2. - 3.5.2014

Sundgrein 1, karla, 800m skriðsund, 40 - 44 ára

Sæti	Aldur		Tími		Stig
4. Alexander Arnarson	41	Breiðablik	12:40.48		
100m:	1:23.00	1:23.00	300m:	4:36.17	1:37.65
200m:	2:58.52	1:35.52	400m:	6:14.61	1:38.44
			500m:	7:51.89	1:37.28
			600m:	9:29.04	1:37.15
			700m:	11:06.74	1:37.70
			800m:	12:40.48	1:33.74
5. Jakob Antonsson	43	Breiðablik	12:51.73		
100m:	1:23.38	1:23.38	300m:	4:38.39	1:38.57
200m:	2:59.82	1:36.44	400m:	6:18.16	1:39.77
			500m:	7:56.54	1:38.38
			600m:	9:37.87	1:41.33
			700m:	11:19.80	1:41.93
			800m:	12:51.73	1:31.93
6. MAGNI ÞÓR SAMSONARSON	44	SH	13:12.08		
100m:	1:25.22	1:25.22	300m:	4:37.43	1:37.98
200m:	2:59.45	1:34.23	400m:	6:20.85	1:43.42
			500m:	8:04.81	1:43.96
			600m:	9:48.66	1:43.85
			700m:	11:31.56	1:42.90
			800m:	13:12.08	1:40.52

Sundgrein 1 karla, 800m skriðsund 45 - 49 ára Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Steinn Jóhannsson	46	SH	10:26.81		
100m:	1:11.36	1:11.36	300m:	3:46.46	1:18.75
200m:	2:27.71	1:16.35	400m:	5:06.42	1:19.96
			500m:	6:26.51	1:20.09
			600m:	7:46.82	1:20.31
			700m:	9:07.43	1:20.61
			800m:	10:26.81	1:19.38
2. Þórhallur Halldórsson	45	Ægir	11:48.74		
100m:	1:23.20	1:23.20	300m:	4:22.95	1:29.95
200m:	2:53.00	1:29.80	400m:	5:52.62	1:29.67
			500m:	7:23.53	1:30.91
			600m:	8:53.12	1:29.59
			700m:	10:23.48	1:30.36
			800m:	11:48.74	1:25.26
3. KARL GEORG KLEIN	45	SH	12:30.52		
100m:			300m:	4:24.98	
200m:			400m:	6:02.81	1:37.83
			500m:		
			600m:	9:19.02	
			700m:	10:57.79	1:38.77
			800m:	12:30.52	1:32.73
4. Oddur Valur Þórarinnsson	47	Breiðablik	14:19.54		
100m:	2:33.75	2:33.75	300m:		
200m:			400m:		
			500m:	9:53.01	
			600m:	11:42.01	1:49.00
			700m:	13:30.78	1:48.77
			800m:	14:19.54	48.76

Sundgrein 1 karla, 800m skriðsund 50 - 54 ára Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Sigurjón Þórðarson	50	Tindastóll	12:02.52		
100m:	1:18.17	1:18.17	300m:	4:16.98	1:31.88
200m:	2:45.10	1:26.93	400m:	5:48.84	1:31.86
			500m:	7:22.02	1:33.18
			600m:	8:57.88	1:35.86
			700m:	10:31.07	1:33.19
			800m:	12:02.52	1:31.45
2. Einar Kristinsson	50	Breiðablik	13:56.49		
100m:	1:31.67	1:31.67	300m:	5:01.39	1:45.59
200m:	3:15.80	1:44.13	400m:	6:48.82	1:47.43
			500m:	8:36.41	1:47.59
			600m:	10:24.18	1:47.77
			700m:	12:12.52	1:48.34
			800m:	13:56.49	1:43.97

Sundgrein 1 karla, 800m skriðsund 55 - 59 ára Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Ragnar Marteinnsson	57	Stjarnan	15:12.61		
100m:	1:08.16	1:08.16	300m:	8:01.89	2:05.06
200m:	5:56.83	4:48.67	400m:	9:56.13	1:54.24
			500m:	11:48.43	1:52.30
			600m:	13:36.94	1:48.51
			700m:	15:12.61	1:35.67
			800m:	15:12.61	

IMOC 2014
Kópavogslaug, 2. - 3.5.2014

Sundgrein 1, karla, 800m skriðsund

Sundgrein 1 karla, 800m skriðsund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Valgeir S Kárason	63	Tindastóll	13:20.10		
100m:	2:25.69	2:25.69	300m:	5:53.05	1:43.84
200m:	4:09.21	1:43.52	400m:	7:34.97	1:41.92
			500m:	9:16.98	1:42.01
			600m:	10:57.25	1:40.27
			700m:	12:35.13	1:37.88
			800m:	13:20.10	44.97

Sundgrein 1 karla, 800m skriðsund 65 - 69 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Þorsteinn Ingimundarsson	68	SH	27:17.00		
100m:	3:01.92	3:01.92	300m:	9:54.89	3:27.06
200m:	6:27.83	3:25.91	400m:	13:25.64	3:30.75
			500m:	16:53.25	3:27.61
			600m:	20:20.98	3:27.73
			700m:	23:50.09	3:29.11
			800m:	27:17.00	3:26.91

Sundgrein 1 karla, 800m skriðsund 75 - 79 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
ÓG. Páll Sigurþórsson	76	Selfoss	17:15.80		
100m:			300m:	6:30.06	2:10.40
200m:	4:19.66		400m:	8:42.02	2:11.96
			500m:	10:52.50	2:10.48
			600m:	13:02.60	2:10.10
			700m:	15:10.62	2:08.02
			800m:	17:15.80	2:05.18

Sundgrein 2 kvenna, 800m skriðsund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Helga Sigurðardóttir	45	Ægir	11:05.38		
100m:	1:18.59	1:18.59	300m:	4:06.36	1:24.37
200m:	2:41.99	1:23.40	400m:	5:31.35	1:24.99
			500m:	6:56.40	1:25.05
			600m:	8:21.24	1:24.84
			700m:	9:45.29	1:24.05
			800m:	11:05.38	1:20.09
2. Guðlaug Þóra Marinósdóttir	39	Ægir	11:08.42		
100m:	1:18.56	1:18.56	300m:	4:06.38	1:24.31
200m:	2:42.07	1:23.51	400m:	5:31.36	1:24.98
			500m:	6:56.32	1:24.96
			600m:	8:21.48	1:25.16
			700m:	9:45.93	1:24.45
			800m:	11:08.42	1:22.49
3. Þórunn Kristín Guðmundsdóttir	45	Ægir	11:42.63		
100m:	1:19.90	1:19.90	300m:	4:15.03	1:29.34
200m:	2:45.69	1:25.79	400m:	5:44.15	1:29.12
			500m:	7:13.67	1:29.52
			600m:	8:43.74	1:30.07
			700m:	10:13.75	1:30.01
			800m:	11:42.63	1:28.88
4. Agnes Kristánsdóttir	32	Breiðablik	12:34.20		
100m:	1:27.90	1:27.90	300m:	4:37.44	1:35.75
200m:	3:01.69	1:33.79	400m:	6:13.31	1:35.87
			500m:	7:48.92	1:35.61
			600m:	9:24.79	1:35.87
			700m:	10:59.48	1:34.69
			800m:	12:34.20	1:34.72
5. Þórdís Hrönn Pálsdóttir	48	Breiðablik	13:03.92		
100m:	1:27.70	1:27.70	300m:	4:44.71	1:39.30
200m:	3:05.41	1:37.71	400m:	6:25.92	1:41.21
			500m:	8:06.03	1:40.11
			600m:	9:45.52	1:39.49
			700m:	11:26.18	1:40.66
			800m:	13:03.92	1:37.74
6. Anna Helgadóttir	46	Breiðablik	13:19.16		
100m:	1:29.37	1:29.37	300m:	4:50.23	1:41.68
200m:	3:08.55	1:39.18	400m:	6:32.66	1:42.43
			500m:	8:14.79	1:42.13
			600m:	9:57.43	1:42.64
			700m:	11:40.13	1:42.70
			800m:	13:19.16	1:39.03
7. BIRNA Jóhanna ÓLAFSDÓTTIR	51	SH	14:14.69		
100m:	1:43.70	1:43.70	300m:	5:19.92	1:48.59
200m:	3:31.33	1:47.63	400m:	7:07.59	1:47.67
			500m:	8:55.70	1:48.11
			600m:	10:44.27	1:48.57
			700m:	12:31.00	1:46.73
			800m:	14:14.69	1:43.69
8. Heiðrún Björgvinsdóttir	28	SH	14:26.56		
100m:	1:38.01	1:38.01	300m:	5:16.77	1:49.67
200m:	3:27.10	1:49.09	400m:	7:07.48	1:50.71
			500m:	9:00.34	1:52.86
			600m:	10:52.40	1:52.06
			700m:	12:44.03	1:51.63
			800m:	14:26.56	1:42.53

IMOC 2014
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Sundgrein 2, kvenna, 800m skriðsund, Opinn

Sæti	Aldur		Tími		Stig
9. Sólbjörg Gunnbjörnsdóttir	55	UMFN	14:45.68		
100m:	1:39.38	1:39.38	300m:	5:25.56	1:53.94
200m:	3:31.62	1:52.24	400m:	7:19.94	1:54.38
			500m:	9:13.96	1:54.02
			600m:	11:05.90	1:51.94
			700m:	12:58.14	1:52.24
			800m:	14:45.68	1:47.54
10. Helga Þórðardóttir	57	Tindastóll	14:52.64		
100m:	1:43.01	1:43.01	300m:	5:30.06	1:55.33
200m:	3:34.73	1:51.72	400m:	7:23.62	1:53.56
			500m:	9:16.96	1:53.34
			600m:	11:10.21	1:53.25
			700m:	13:02.71	1:52.50
			800m:	14:52.64	1:49.93
11. Margrét Valdimarsdóttir	40	Breiðablik	15:37.00		
100m:	1:43.64	1:43.64	300m:	5:39.48	2:04.36
200m:	3:35.12	1:51.48	400m:	7:39.18	1:59.70
			500m:	9:36.74	1:57.56
			600m:	11:36.65	1:59.91
			700m:	13:40.58	2:03.93
			800m:	15:37.00	1:56.42
12. Guðmunda Ólöf Jónasdóttir	65	UMS Borgarfjarðar	15:51.90		
100m:	1:53.79	1:53.79	300m:	5:53.20	1:59.27
200m:	3:53.93	2:00.14	400m:	7:53.96	2:00.76
			500m:	9:54.11	2:00.15
			600m:	11:54.51	2:00.40
			700m:	13:56.60	2:02.09
			800m:	15:51.90	1:55.30
13. Harpa Hrund Berndsen	33	Ægir	16:17.19		
100m:	1:51.61	1:51.61	300m:	6:01.07	2:06.09
200m:	3:54.98	2:03.37	400m:	8:06.87	2:05.80
			500m:	10:12.22	2:05.35
			600m:	12:14.45	2:02.23
			700m:	15:18.98	3:04.53
			800m:	16:17.19	58.21
14. Kristjana Bergsdóttir	62	Breiðablik	17:24.23		
100m:	1:48.71	1:48.71	300m:	5:57.67	2:05.30
200m:	3:52.37	2:03.66	400m:	8:05.78	2:08.11
			500m:	10:17.60	2:11.82
			600m:	12:33.60	2:16.00
			700m:	14:54.22	2:20.62
			800m:	17:24.23	2:30.01
15. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61	SH	17:28.81		
100m:	1:59.13	1:59.13	300m:	6:24.11	2:13.29
200m:	4:10.82	2:11.69	400m:	8:38.39	2:14.28
			500m:	10:53.61	2:15.22
			600m:	13:08.85	2:15.24
			700m:	15:22.56	2:13.71
			800m:	17:28.81	2:06.25

Sundgrein 2
2.5.2014

kvenna, 800m skriðsund

25 - 29 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Heiðrún Björgvinsdóttir	28	SH	14:26.56		
100m:	1:38.01	1:38.01	300m:	5:16.77	1:49.67
200m:	3:27.10	1:49.09	400m:	7:07.48	1:50.71
			500m:	9:00.34	1:52.86
			600m:	10:52.40	1:52.06
			700m:	12:44.03	1:51.63
			800m:	14:26.56	1:42.53

Sundgrein 2
2.5.2014

kvenna, 800m skriðsund

30 - 34 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Agnes Kristánsdóttir	32	Breiðablik	12:34.20		
100m:	1:27.90	1:27.90	300m:	4:37.44	1:35.75
200m:	3:01.69	1:33.79	400m:	6:13.31	1:35.87
			500m:	7:48.92	1:35.61
			600m:	9:24.79	1:35.87
			700m:	10:59.48	1:34.69
			800m:	12:34.20	1:34.72
2. Harpa Hrund Berndsen	33	Ægir	16:17.19		
100m:	1:51.61	1:51.61	300m:	6:01.07	2:06.09
200m:	3:54.98	2:03.37	400m:	8:06.87	2:05.80
			500m:	10:12.22	2:05.35
			600m:	12:14.45	2:02.23
			700m:	15:18.98	3:04.53
			800m:	16:17.19	58.21

Sundgrein 2
2.5.2014

kvenna, 800m skriðsund

35 - 39 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Guðlaug Þóra Marinósdóttir	39	Ægir	11:08.42		
100m:	1:18.56	1:18.56	300m:	4:06.38	1:24.31
200m:	2:42.07	1:23.51	400m:	5:31.36	1:24.98
			500m:	6:56.32	1:24.96
			600m:	8:21.48	1:25.16
			700m:	9:45.93	1:24.45
			800m:	11:08.42	1:22.49

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Sundgrein 2, kvenna, 800m skriðsund

Sundgrein 2 kvenna, 800m skriðsund 40 - 44 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Margrét Valdimarsdóttir	40	Breiðablik	15:37.00		
100m:	1:43.64	1:43.64	300m:	5:39.48	2:04.36
200m:	3:35.12	1:51.48	400m:	7:39.18	1:59.70
			500m:	9:36.74	1:57.56
			600m:	11:36.65	1:59.91
			700m:	13:40.58	2:03.93
			800m:	15:37.00	1:56.42

Sundgrein 2 kvenna, 800m skriðsund 45 - 49 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Helga Sigurðardóttir	45	Ægir	11:05.38		
100m:	1:18.59	1:18.59	300m:	4:06.36	1:24.37
200m:	2:41.99	1:23.40	400m:	5:31.35	1:24.99
			500m:	6:56.40	1:25.05
			600m:	8:21.24	1:24.84
			700m:	9:45.29	1:24.05
			800m:	11:05.38	1:20.09
2. Þórunn Kristín Guðmundsdóttir	45	Ægir	11:42.63		
100m:	1:19.90	1:19.90	300m:	4:15.03	1:29.34
200m:	2:45.69	1:25.79	400m:	5:44.15	1:29.12
			500m:	7:13.67	1:29.52
			600m:	8:43.74	1:30.07
			700m:	10:13.75	1:30.01
			800m:	11:42.63	1:28.88
3. Þórdís Hrönn Pálsdóttir	48	Breiðablik	13:03.92		
100m:	1:27.70	1:27.70	300m:	4:44.71	1:39.30
200m:	3:05.41	1:37.71	400m:	6:25.92	1:41.21
			500m:	8:06.03	1:40.11
			600m:	9:45.52	1:39.49
			700m:	11:26.18	1:40.66
			800m:	13:03.92	1:37.74
4. Anna Helgadóttir	46	Breiðablik	13:19.16		
100m:	1:29.37	1:29.37	300m:	4:50.23	1:41.68
200m:	3:08.55	1:39.18	400m:	6:32.66	1:42.43
			500m:	8:14.79	1:42.13
			600m:	9:57.43	1:42.64
			700m:	11:40.13	1:42.70
			800m:	13:19.16	1:39.03

Sundgrein 2 kvenna, 800m skriðsund 50 - 54 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. BIRNA Jóhanna ÓLAFSDÓTTIR	51	SH	14:14.69		
100m:	1:43.70	1:43.70	300m:	5:19.92	1:48.59
200m:	3:31.33	1:47.63	400m:	7:07.59	1:47.67
			500m:	8:55.70	1:48.11
			600m:	10:44.27	1:48.57
			700m:	12:31.00	1:46.73
			800m:	14:14.69	1:43.69

Sundgrein 2 kvenna, 800m skriðsund 55 - 59 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími		Stig
1. Sólbjörg Gunnbjörnsdóttir	55	UMFN	14:45.68		
100m:	1:39.38	1:39.38	300m:	5:25.56	1:53.94
200m:	3:31.62	1:52.24	400m:	7:19.94	1:54.38
			500m:	9:13.96	1:54.02
			600m:	11:05.90	1:51.94
			700m:	12:58.14	1:52.24
			800m:	14:45.68	1:47.54
2. Helga Þórðardóttir	57	Tindastóll	14:52.64		
100m:	1:43.01	1:43.01	300m:	5:30.06	1:55.33
200m:	3:34.73	1:51.72	400m:	7:23.62	1:53.56
			500m:	9:16.96	1:53.34
			600m:	11:10.21	1:53.25
			700m:	13:02.71	1:52.50
			800m:	14:52.64	1:49.93

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Sundgrein 2, kvenna, 800m skriðsund

Sundgrein 2 kvenna, 800m skriðsund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Kristjana Bergsdóttir	62 Breiðablik	17:24.23	
100m: 1:48.71 1:48.71	300m: 5:57.67 2:05.30	500m: 10:17.60 2:11.82	700m: 14:54.22 2:20.62
200m: 3:52.37 2:03.66	400m: 8:05.78 2:08.11	600m: 12:33.60 2:16.00	800m: 17:24.23 2:30.01
2. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 SH	17:28.81	
100m: 1:59.13 1:59.13	300m: 6:24.11 2:13.29	500m: 10:53.61 2:15.22	700m: 15:22.56 2:13.71
200m: 4:10.82 2:11.69	400m: 8:38.39 2:14.28	600m: 13:08.85 2:15.24	800m: 17:28.81 2:06.25

Sundgrein 2 kvenna, 800m skriðsund 65 - 69 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	15:51.90	
100m: 1:53.79 1:53.79	300m: 5:53.20 1:59.27	500m: 9:54.11 2:00.15	700m: 13:56.60 2:02.09
200m: 3:53.93 2:00.14	400m: 7:53.96 2:00.76	600m: 11:54.51 2:00.40	800m: 15:51.90 1:55.30

Sundgrein 3 karla, 50m flugsund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Ómar Snævar Friðriksson	34 SH	27.99	
2. Ægir Sigurðsson	36 Selfoss	28.45	
3. Stefán Rey Ólafsson	35 Selfoss	28.59	
4. Jóhan Ásmundsson	35 HSmasters	30.47	
5. Hákon Jónsson	29 Breiðablik	30.96	
6. Albert Þór Kristjánsson	37 SH	31.45	
7. Þórir Marínó Sigurðsson	46 Ægir	31.53	
8. Elvar Níelsson	40 Breiðablik	32.92	
9. ÁRNI RÚNAR ÁRNASON	41 SH	33.04	
10. Jon Hestoy	55 HSmasters	33.37	
11. Borgar Þór Bragason	45 ÍRB	33.47	
12. Steinn Jóhannsson	46 SH	33.68	
13. GUÐNI GUÐNASON	52 SH	33.89	
14. MAGNI ÞÓR SAMSONARSON	44 SH	33.97	
15. Jón Hugi Harðarson	51 ÍA	34.10	
16. GUÐJÓN GUÐNASON	60 SH	34.68	
17. Geir Sigurður JONSSON	41 Ægir	35.73	
18. Magnús Jens Hjaltsted	38 Breiðablik	35.97	
Sigurjón Þórðarson	50 Tindastóll	35.97	
20. Magnús Tryggvason	50 Hamar	38.34	
21. Hans Birgir Friðriksson	61 Tindastóll	40.61	
22. Gunnar Þór Gunnarsson	44 Selfoss	41.71	
23. Bergþór Jóhannsson	45 SH	43.57	
24. Einar Kristinsson	50 Breiðablik	44.11	
25. Valgeir S Kárason	63 Tindastóll	45.35	
26. Oddur Valur Þórarinsson	47 Breiðablik	52.26	

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Sundgrein 3, karla, 50m flugsund

Sundgrein 3 karla, 50m flugsund 25 - 29 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hákon Jónsson	29	Breiðablik	30.96	

Sundgrein 3 karla, 50m flugsund 30 - 34 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Ómar Snævar Friðriksson	34	SH	27.99	

Sundgrein 3 karla, 50m flugsund 35 - 39 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Ægir Sigurðsson	36	Selfoss	28.45	
2. Stefán Rey Ólafsson	35	Selfoss	28.59	
3. Jóhan Ásmundsson	35	HSMasters	30.47	
4. Albert Þór Kristjánsson	37	SH	31.45	
5. Magnús Jens Hjaltsted	38	Breiðablik	35.97	

Sundgrein 3 karla, 50m flugsund 40 - 44 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Elvar Nielsson	40	Breiðablik	32.92	
2. ÁRNI RÚNAR ÁRNASON	41	SH	33.04	
3. MAGNI ÞÓR SAMSONARSON	44	SH	33.97	
4. Geir Sigurður JONSSON	41	Ægir	35.73	
5. Gunnar Þór Gunnarsson	44	Selfoss	41.71	

Sundgrein 3 karla, 50m flugsund 45 - 49 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Þórir Marínó Sigurðsson	46	Ægir	31.53	
2. Borgar Þór Bragason	45	ÍRB	33.47	
3. Steinn Jóhannsson	46	SH	33.68	
4. Bergþór Jóhannsson	45	SH	43.57	
5. Oddur Valur Þórarinsson	47	Breiðablik	52.26	

Sundgrein 3 karla, 50m flugsund 50 - 54 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. GUÐNI GUÐNASON	52	SH	33.89	
2. Jón Hugí Harðarson	51	ÍA	34.10	
3. Sigurjón Þórðarson	50	Tindastóll	35.97	
4. Magnús Tryggvason	50	Hamar	38.34	
5. Einar Kristinsson	50	Breiðablik	44.11	

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Kópavogslaug, 2. - 3.5.2014

Sundgrein 3, karla, 50m flugsund

Sundgrein 3 karla, 50m flugsund 55 - 59 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Jon Hestoy	55	HSmasters	33.37	

Sundgrein 3 karla, 50m flugsund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. GUÐJÓN GUÐNASON	60	SH	34.68	
2. Hans Birgir Friðriksson	61	Tindastóll	40.61	
3. Valgeir S Kárason	63	Tindastóll	45.35	

Sundgrein 4 kvenna, 50m flugsund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sígurlín Garðarsdóttir	40	Selfoss	34.33	
2. María Fanndal Birkisdóttir	39	Breiðablik	38.55	
3. ÍRIS RAGNARSDÓTTIR	39	SH	38.61	
4. Kristín Laufey Steinadóttir	34	SH	39.15	
5. Sarah Jane Emily Caird	34	Tindastóll	40.15	
6. Heiðrún Björgvinsdóttir	28	SH	42.60	
7. Þórdís Hrönn Pálsdóttir	48	Breiðablik	49.12	
8. Randi Holm	41	HSmasters	50.99	
9. Sigrún Halldórsdóttir	47	Breiðablik	52.13	
10. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61	SH	58.14	
11. Sigrún Árnadóttir	37	Breiðablik	58.60	
ÓG. Agnes Kristánsdóttir	32	Breiðablik	47.52	

Sundgrein 4 kvenna, 50m flugsund 25 - 29 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Heiðrún Björgvinsdóttir	28	SH	42.60	

Sundgrein 4 kvenna, 50m flugsund 30 - 34 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Kristín Laufey Steinadóttir	34	SH	39.15	
2. Sarah Jane Emily Caird	34	Tindastóll	40.15	
ÓG. Agnes Kristánsdóttir	32	Breiðablik	47.52	

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Sundgrein 4, kvenna, 50m flugsund

Sundgrein 4 kvenna, 50m flugsund 35 - 39 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. María Fanndal Birkisdóttir	39	Breiðablik	38.55	
2. ÍRIS RAGNARSDÓTTIR	39	SH	38.61	
3. Sigrún Árnadóttir	37	Breiðablik	58.60	

Sundgrein 4 kvenna, 50m flugsund 40 - 44 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sigurlín Garðarsdóttir	40	Selfoss	34.33	
2. Randi Holm	41	HSmasters	50.99	

Sundgrein 4 kvenna, 50m flugsund 45 - 49 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Þórdís Hrönn Pálsdóttir	48	Breiðablik	49.12	
2. Sigrún Halldórsdóttir	47	Breiðablik	52.13	

Sundgrein 4 kvenna, 50m flugsund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61	SH	58.14	

Sundgrein 5 karla, 100m bringusund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hákon Jónsson	29	Breiðablik	1:14.69	
2. Finnbjörn Aðalheiðarson	45	Ægir	1:20.01	
3. Arnar I Guðmundsson	25	SH	1:22.15	
4. JÓHANN SAMSONARSON	45	SH	1:25.58	
5. Vignir Barkarson	50	ÍA	1:28.83	
6. Sigurjón Þórðarson	50	Tindastóll	1:29.31	
7. Kári Kaaber	64	SH	1:30.98	
8. Sigmar Björnsson	56	Keflavík	1:31.54	
9. Rúnar Már Jóhannsson	41	SH	1:33.08	
10. Hjörtur Þorbjörnsdóttir	35	Styrmir	1:39.98	
11. Remi Spilliaert	56	Ægir	1:40.16	
12. Eyðun Bærentsen	67	HSmasters	1:45.16	
13. BJÖRGVIN BJÖRGVINSSON	59	SH	1:49.14	
14. Ólafur Þór Magnússon	44	Breiðablik	1:49.44	
15. ÓLI G H ÞÓRÐARSON	78	SH	1:56.82	
16. TRAUСТИ SVEINBJÖRNSSON	68	SH	1:59.73	
17. Sveinbjörn Sveinbjörnsson	64	Breiðablik	2:00.83	
18. Haukur Bergsteinsson	78	Breiðablik	2:37.83	
19. Þorsteinn Ingimundarsson	68	SH	2:57.58	

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Sundgrein 5, karla, 100m bringusund, Opinn

Sæti	Aldur		Tími	Stig
ÓG. Jakob Antonsson	43	Breiðablik	1:32.25	
<i>Skriðsundsfótatök eftir snúning</i>				
ÓG. Friðrik Guðmundsson	49	Breiðablik	1:53.05	
<i>Önnur hendi í bakka</i>				
ÓG. JÓN GUÐMUNDSSON	65	SH	2:03.36	
<i>Skriðsundsfótatök í Kafi</i>				

Sundgrein 5
2.5.2014 karla, 100m bringusund 25 - 29 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hákon Jónsson	29	Breiðablik	1:14.69	
2. Arnar I Guðmundsson	25	SH	1:22.15	

Sundgrein 5
2.5.2014 karla, 100m bringusund 35 - 39 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hjörtur Þorbjörnsdóttir	35	Styrmir	1:39.98	

Sundgrein 5
2.5.2014 karla, 100m bringusund 40 - 44 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Rúnar Már Jóhannsson	41	SH	1:33.08	
2. Ólafur Þór Magnússon	44	Breiðablik	1:49.44	
ÓG. Jakob Antonsson	43	Breiðablik	1:32.25	
<i>Skriðsundsfótatök eftir snúning</i>				

Sundgrein 5
2.5.2014 karla, 100m bringusund 45 - 49 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Finnbjörn Aðalheiðarson	45	Ægir	1:20.01	
2. JÓHANN SAMSONARSON	45	SH	1:25.58	
ÓG. Friðrik Guðmundsson	49	Breiðablik	1:53.05	
<i>Önnur hendi í bakka</i>				

Sundgrein 5
2.5.2014 karla, 100m bringusund 50 - 54 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Vignir Barkarson	50	ÍA	1:28.83	
2. Sigurjón Þórðarson	50	Tindastóll	1:29.31	

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Sundgrein 5, karla, 100m bringusund

Sundgrein 5 karla, 100m bringusund 55 - 59 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	56	Keflavík	1:31.54	
2.	56	Ægir	1:40.16	
3.	59	SH	1:49.14	

Sundgrein 5 karla, 100m bringusund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	64	SH	1:30.98	
2.	64	Breiðablik	2:00.83	

Sundgrein 5 karla, 100m bringusund 65 - 69 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	67	HSmasters	1:45.16	
2.	68	SH	1:59.73	
3.	68	SH	2:57.58	
ÓG.	65	SH	2:03.36	

Skriðsundsátök í Kafi

Sundgrein 5 karla, 100m bringusund 75 - 79 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	78	SH	1:56.82	
2.	78	Breiðablik	2:37.83	

Sundgrein 6 kvenna, 100m bringusund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	45	Ægir	1:40.94	
2.	51	SH	1:41.05	
3.	21	Ægir	1:48.36	
4.	57	Tindastóll	1:52.20	
5.	53	HSmasters	1:57.48	
6.	44	SH	1:58.47	
7.	52	SH	2:00.70	
8.	32	Breiðablik	2:02.04	
9.	65	UMS Borgarfjarðar	2:05.40	
10.	40	Breiðablik	2:07.49	
11.	41	Breiðablik	2:09.08	
12.	52	SH	2:10.82	
13.	46	Breiðablik	2:23.14	
14.	66	Ægir	2:26.44	
15.	66	Tindastóll	2:43.20	

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Kópavogslaug, 2. - 3.5.2014

Sundgrein 6, kvenna, 100m bringusund

Sundgrein 6 kvenna, 100m bringusund 24 ára og yngri
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sædís Rán Sveinsdóttir	21 Ægir	1:48.36	

Sundgrein 6 kvenna, 100m bringusund 30 - 34 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Katrín Lilja Sigurðardóttir	32 Breiðablik	2:02.04	

Sundgrein 6 kvenna, 100m bringusund 40 - 44 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Karitas Guðmundsdóttir	44 SH	1:58.47	
2. Margrét Valdimarsdóttir	40 Breiðablik	2:07.49	
3. María Ósk Birgisdóttir	41 Breiðablik	2:09.08	

Sundgrein 6 kvenna, 100m bringusund 45 - 49 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Björg A. Jónsdóttir	45 Ægir	1:40.94	
2. Guðrún Björk Geirsdóttir	46 Breiðablik	2:23.14	

Sundgrein 6 kvenna, 100m bringusund 50 - 54 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. BIRNA Jóhanna ÓLAFSDÓTTIR	51 SH	1:41.05	
2. Anida Johannesen	53 HSMasters	1:57.48	
3. Valgerður Jóhannsdóttir	52 SH	2:00.70	
4. Gerður Arnarsdóttir	52 SH	2:10.82	

Sundgrein 6 kvenna, 100m bringusund 55 - 59 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Helga Þórðardóttir	57 Tindastóll	1:52.20	

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Sundgrein 6, kvenna, 100m bringusund

Sundgrein 6 kvenna, 100m bringusund 65 - 69 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	65	UMS Borgarfjarðar	2:05.40	
2.	66	Ægir	2:26.44	
3.	66	Tindastóll	2:43.20	

Sundgrein 7 karla, 50m skriðsund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	27	ÍRB	23.40	
2.	36	Selfoss	26.62	
3.	35	Selfoss	26.63	
4.	29	Breiðablik	27.15	
5.	41	SH	27.98	
6.	35	HSmasters	28.38	
7.	45	ÍRB	28.39	
8.	40	Breiðablik	28.66	
9.	25	SH	29.10	
10.	41	SH	29.23	
11.	37	Breiðablik	29.35	
12.	37	SH	29.69	
13.	41	Ægir	29.80	
14.	46	Ægir	29.82	
15.	50	ÍA	30.19	
16.	51	ÍA	30.31	
17.	45	SH	30.38	
18.	43	HSmasters	30.76	
19.	27	SH	30.80	
20.	45	SH	30.93	
21.	46	Hamar	31.01	
22.	44	SH	31.10	
	45	Ægir	31.10	
24.	33	Selfoss	31.21	
25.	52	SH	31.63	
26.	56	Breiðablik	31.75	
27.	53	KR	31.77	
28.	43	Breiðablik	31.84	
29.	61	Tindastóll	31.89	
30.	41	Breiðablik	31.90	
31.	45	SH	32.41	
32.	38	Breiðablik	32.58	
33.	61	Selfoss	32.77	
34.	40	SH	33.85	
35.	35	Styrmir	34.21	
36.	50	Hamar	34.70	
	63	Tindastóll	34.70	
38.	44	Selfoss	35.25	
39.	45	Styrmir	35.40	
40.	50	Breiðablik	35.45	
41.	52	Tindastóll	37.15	
42.	70	UMS Borgarfjarðar	37.18	

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Sundgrein 7, karla, 50m skriðsund, Opinn

Sæti	Aldur		Tími	Stig
43.	34	Ægir	37.22	
44.	53	HSmasters	37.38	
45.	67	HSmasters	38.03	
46.	64	SH	38.83	
47.	65	SH	39.46	
48.	48	Breiðablik	39.51	
49.	48	Breiðablik	40.17	
50.	68	SH	40.27	
51.	47	Breiðablik	41.46	
52.	55	HSmasters	41.87	
53.	49	Breiðablik	43.21	
54.	66	Breiðablik	43.72	
55.	58	HSmasters	44.85	
56.	78	SH	45.97	
57.	64	Breiðablik	47.75	
58.	78	Breiðablik	1:10.28	
59.	68	SH	1:11.85	
ÓG.	52	HSmasters	31.67	

Þjófstart

Sundgrein 7 karla, 50m skriðsund 25 - 29 ára Úrslitalistar
2.5.2014

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	27	ÍRB	23.40	
2.	29	Breiðablik	27.15	
3.	25	SH	29.10	
4.	27	SH	30.80	

Sundgrein 7 karla, 50m skriðsund 30 - 34 ára Úrslitalistar
2.5.2014

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	33	Selfoss	31.21	
2.	34	Ægir	37.22	

Sundgrein 7 karla, 50m skriðsund 35 - 39 ára Úrslitalistar
2.5.2014

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	36	Selfoss	26.62	
2.	35	Selfoss	26.63	
3.	35	HSmasters	28.38	
4.	37	Breiðablik	29.35	
5.	37	SH	29.69	
6.	38	Breiðablik	32.58	
7.	35	Styrmir	34.21	

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Sundgrein 7, karla, 50m skriðsund

Sundgrein 7 karla, 50m skriðsund 40 - 44 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	HÁLFDÁN FREYR ÖRNÓLFSSON	41 SH	27.98	
2.	Elvar Nielsson	40 Breiðablik	28.66	
3.	ÁRNI RÚNAR ÁRNASON	41 SH	29.23	
4.	Geir Sigurður JONSSON	41 Ægir	29.80	
5.	Erling Eidesgaard	43 HSmasters	30.76	
6.	Finnbogi Gylfason	44 SH	31.10	
7.	Jakob Antonsson	43 Breiðablik	31.84	
8.	Alexander Arnarson	41 Breiðablik	31.90	
9.	Torben Gregersen	40 SH	33.85	
10.	Gunnar Þór Gunnarsson	44 Selfoss	35.25	

Sundgrein 7 karla, 50m skriðsund 45 - 49 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Borgar Þór Bragason	45 ÍRB	28.39	
2.	Þórir Marínó Sigurðsson	46 Ægir	29.82	
3.	KARL GEORG KLEIN	45 SH	30.38	
4.	JÓHANN SAMSONARSON	45 SH	30.93	
5.	Davíð Jóhann Davíðsson	46 Hamar	31.01	
6.	Finnbjörn Aðalheiðarson	45 Ægir	31.10	
7.	Bergþór Jóhannsson	45 SH	32.41	
8.	Stephan Jón Hufschmid	45 Styrmir	35.40	
9.	Sævar Guðbergsson	48 Breiðablik	39.51	
10.	Hrafn Þórðarson	48 Breiðablik	40.17	
11.	Oddur Valur Þórarinsson	47 Breiðablik	41.46	
12.	Friðrik Guðmundsson	49 Breiðablik	43.21	

Sundgrein 7 karla, 50m skriðsund 50 - 54 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Vignir Barkarson	50 ÍA	30.19	
2.	Jón Hugi Harðarson	51 ÍA	30.31	
3.	GUÐNI GUÐNASON	52 SH	31.63	
4.	Axel Á. Njarðvík	53 KR	31.77	
5.	Magnús Tryggvason	50 Hamar	34.70	
6.	Einar Kristinsson	50 Breiðablik	35.45	
7.	Gunnar Á Bjarnason	52 Tindastóll	37.15	
8.	Sámal Olsen	53 HSmasters	37.38	
ÓG.	Eyðun Húsgarð	52 HSmasters	31.67	

Þjófstart

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Sundgrein 7, karla, 50m skriðsund

Sundgrein 7 karla, 50m skriðsund 55 - 59 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Einar Hauksson	56	Breiðablik	31.75	
2. Magni Arge	55	HSmasters	41.87	
3. Leivur Michelsen	58	HSmasters	44.85	

Sundgrein 7 karla, 50m skriðsund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hans Birgir Friðriksson	61	Tindastóll	31.89	
2. Sigmundur Stefánsson	61	Selfoss	32.77	
3. Valgeir S Kárason	63	Tindastóll	34.70	
4. Kári Kaaber	64	SH	38.83	
5. Sveinbjörn Sveinbjörnsson	64	Breiðablik	47.75	

Sundgrein 7 karla, 50m skriðsund 65 - 69 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Eyðun Bærentsen	67	HSmasters	38.03	
2. JÓN GUÐMUNDSSON	65	SH	39.46	
3. TRAUSTI SVEINBJÖRNSSON	68	SH	40.27	
4. Páll Arnór Pálsson	66	Breiðablik	43.72	
5. Þorsteinn Ingimundarsson	68	SH	1:11.85	

Sundgrein 7 karla, 50m skriðsund 70 - 74 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Ingimundur Ingimundarson	70	UMS Borgarfjarðar	37.18	

Sundgrein 7 karla, 50m skriðsund 75 - 79 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. ÓLI G H ÞÓRÐARSON	78	SH	45.97	
2. Haukur Bergsteinsson	78	Breiðablik	1:10.28	

Sundgrein 8 kvenna, 50m skriðsund Opinn
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Helga Sigurðardóttir	45	Ægir	30.24	
2. Sígurlín Garðarsdóttir	40	Selfoss	30.96	
3. Annika Antoniusen	38	HSmasters	31.12	
4. Sunneva Olafsdóttir	25	Ægir	32.72	
5. ÍRIS RAGNARSDÓTTIR	39	SH	33.77	
6. Hanna Kristín Jónsdóttir	34	Ægir	33.99	
7. Sarah Jane Emily Caird	34	Tindastóll	35.15	

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Sundgrein 8, kvenna, 50m skriðsund, Opinn

Sæti	Aldur		Tími	Stig
8.	Kristín Laufey Steinadóttir	34 SH	35.22	
9.	María Fanndal Birkisdóttir	39 Breiðablik	35.78	
10.	Hrund Baldursdóttir	50 Selfoss	36.14	
11.	Þórhalla Gunnarsdóttir	42 Breiðablik	36.94	
12.	BIRNA Jóhanna ÓLAFSDÓTTIR	51 SH	39.68	
13.	Dagmar Hlín Valgeirsdóttir	41 Tindastóll	40.01	
14.	Sólbjörg Gunnbjörnsdóttir	55 UMFN	40.22	
15.	Sædís Rán Sveinsdóttir	21 Ægir	40.37	
16.	María Ósk Birgisdóttir	41 Breiðablik	40.78	
17.	Harpa Hrund Berndsen	33 Ægir	41.06	
18.	Sigrún Halldórsdóttir	47 Breiðablik	41.98	
19.	Björg H. Kristófersdóttir	62 UMS Borgarfjarðar	43.64	
20.	Inga av Reyni	52 HSmasters	43.92	
21.	Randi Holm	41 HSmasters	44.56	
22.	Valgerður Jóhannsdóttir	52 SH	45.29	
23.	Borgny Jacobsen	43 HSmasters	45.63	
24.	Erla Björg Garðarsdóttir	56 SH	45.68	
	Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	45.68	
26.	INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 SH	46.34	
27.	Sigrún Árnadóttir	37 Breiðablik	47.28	
28.	Soffía Káradóttir	58 Tindastóll	48.04	
29.	Kristjana Bergsdóttir	62 Breiðablik	48.25	
30.	Katrín Lilja Sigurðardóttir	32 Breiðablik	49.38	
31.	Karitas Guðmundsdóttir	44 SH	49.79	
32.	Kathrina L Holm	52 HSmasters	51.36	
33.	Gerður Arnarsdóttir	52 SH	52.32	
34.	Sigríður Kristjánsdóttir	47 Breiðablik	52.92	
35.	Elin Olsen	51 HSmasters	53.57	
36.	Ragna María Ragnarsdóttir	66 Ægir	55.24	
37.	Tóra á Bærentsen	67 HSmasters	1:02.99	
38.	Þórey Þórarinsdóttir	69 ÍBV	1:14.38	

Sundgrein 8 kvenna, 50m skriðsund 24 ára og yngri
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sædís Rán Sveinsdóttir	21 Ægir	40.37	

Sundgrein 8 kvenna, 50m skriðsund 25 - 29 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sunneva Olafsdóttir	25 Ægir	32.72	

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Sundgrein 8, kvenna, 50m skriðsund

Sundgrein 8 kvenna, 50m skriðsund 30 - 34 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Hanna Kristín Jónsdóttir	34 Ægir	33.99	
2. Sarah Jane Emily Caird	34 Tindastóll	35.15	
3. Kristín Laufey Steinadóttir	34 SH	35.22	
4. Harpa Hrund Berndsen	33 Ægir	41.06	
5. Katrín Lilja Sigurðardóttir	32 Breiðablik	49.38	

Sundgrein 8 kvenna, 50m skriðsund 35 - 39 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Annika Antoniussen	38 HSmasters	31.12	
2. ÍRIS RAGNARSDÓTTIR	39 SH	33.77	
3. María Fanndal Birkisdóttir	39 Breiðablik	35.78	
4. Sigrún Árnadóttir	37 Breiðablik	47.28	

Sundgrein 8 kvenna, 50m skriðsund 40 - 44 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sigurlín Garðarsdóttir	40 Selfoss	30.96	
2. Þórhalla Gunnarsdóttir	42 Breiðablik	36.94	
3. Dagmar Hlín Valgeirsdóttir	41 Tindastóll	40.01	
4. María Ósk Birgisdóttir	41 Breiðablik	40.78	
5. Randi Holm	41 HSmasters	44.56	
6. Borgny Jacobsen	43 HSmasters	45.63	
7. Karitas Guðmundsdóttir	44 SH	49.79	

Sundgrein 8 kvenna, 50m skriðsund 45 - 49 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Helga Sigurðardóttir	45 Ægir	30.24	
2. Sigrún Halldórsdóttir	47 Breiðablik	41.98	
3. Sigríður Kristjánsdóttir	47 Breiðablik	52.92	

Sundgrein 8 kvenna, 50m skriðsund 50 - 54 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Hrund Baldursdóttir	50 Selfoss	36.14	
2. BIRNA Jóhanna ÓLAFSDÓTTIR	51 SH	39.68	
3. Inga av Reyni	52 HSmasters	43.92	
4. Valgerður Jóhannsdóttir	52 SH	45.29	
5. Kathrina L Holm	52 HSmasters	51.36	
6. Gerður Arnarsdóttir	52 SH	52.32	
7. Elin Olsen	51 HSmasters	53.57	

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Sundgrein 8, kvenna, 50m skriðsund

Sundgrein 8 kvenna, 50m skriðsund 55 - 59 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sólbjörg Gunnbjörnsdóttir	55 UMFN	40.22	
2. Erla Björg Garðarsdóttir	56 SH	45.68	
3. Soffía Káradóttir	58 Tindastóll	48.04	

Sundgrein 8 kvenna, 50m skriðsund 60 - 64 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Björg H. Kristófersdóttir	62 UMS Borgarfjarðar	43.64	
2. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 SH	46.34	
3. Kristjana Bergsdóttir	62 Breiðablik	48.25	

Sundgrein 8 kvenna, 50m skriðsund 65 - 69 ára
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	45.68	
2. Ragna María Ragnarsdóttir	66 Ægir	55.24	
3. Tóra á Bærentsen	67 HSMasters	1:02.99	
4. Þórey Þórarinsdóttir	69 ÍBV	1:14.38	

Sundgrein 9 karla, 4 x 50m skriðsund ALDFL 120 - 159
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Tími	Stig
1. SH 1 SH	1:54.21	
Albert Þór Kristjánsson 37 +0,77 29.64 Hlynur S Sigurðsson 27 +0,66 30.23		
Arnar I Guðmundsson 25 +0,51 28.86 Ómar Snævar Friðriksson 34 +0,14 25.48		
2. Ægir 1 Ægir	1:55.89	
Bjarni Guðmundsson 32 +0,77 27.69 Hörður Guðmundsson 40 +0,64 28.86		
Geir Sigurður JONSSON 41 +0,58 29.58 Finnbjörn Aðalheiðarson 45 +0,52 29.76		
3. Breiðablik 4 Breiðablik	2:06.60	
Ragnar Viktor Hilmarsson 37 +0,85 29.31 Hákon Jónsson 29 +0,51 26.73		
Magnús Jens Hjaltsted 38 +0,50 33.47 Þröstur Jónasson 42 +0,46 37.09		

Sundgrein 9 karla, 4 x 50m skriðsund ALDFL 160 - 199
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Tími	Stig
1. SH 4 SH	1:57.58	
JÓHANN SAMSONARSON 45 +0,92 30.98 Finnbogi Gylfason 44 +0,46 30.15		
ÁRNI RÚNAR ÁRNASON 41 +0,46 29.24 HÁLFDÁN FREYR ÖRNÓLFSSON 41 +0,33 27.21		
2. Selfoss 1 Selfoss	1:59.99	
Stefán Rey Ólafsson 35 +1,14 27.16 Sigmundur Stefánsson 61 +0,44 24.92		
Gunnar Þór Gunnarsson 44 +0,35 34.35 Ægir Sigurðsson 36 33.56		
3. HSMasters 2 HSMasters	2:01.03	
Jóhan Ásmundsson 35 +0,90 28.44 Erling Eidesgaard 43 +0,34 29.97		
Eyður Húsgarð 52 +0,49 32.37 Jon Hestoy 55 +0,12 30.25		

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Sundgrein 9, karla, 4 x 50m skriðsund, ALDFL 160 - 199

Sæti						Tími	Stig
4.	SH 5			SH		2:06.10	
	KARL GEORG KLEIN	45	+0,82	31.35	Steinn Jóhannsson	46	+0,39 30.90
	MAGNI ÞÓR SAMSONARSON	44	+0,64	31.28	Torben Gregersen	40	+0,43 32.57
5.	Breiðablik 6			Breiðablik		2:11.20	
	Viðar Bragi Þorsteinsson	41	+0,92	34.40	Alexander Arnarson	41	+0,60 32.05
	Gunnar Wedholm Helgason	39	+0,63	35.45	Elvar Nielsson	40	+0,64 29.30
6.	Ægir 1			Ægir		2:15.58	
	Remi Spilliaert	56	+0,78	34.25	Mörður Valgarðsson	34	+0,85 37.24
	Þórir Marínó Sigurðsson	46	+0,83	29.08	Marteinn Sigurðarson	45	+0,60 35.01

Sundgrein 9 karla, 4 x 50m skriðsund ALDFL 200 - 239
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	Tindastóll 1			Tindastóll		2:16.09	
	Valgeir S Kárason	63	+1,08	34.48	Sigurjón Þórðarson	50	+0,21 32.50
	Gunnar Á Bjarnason	52	+0,38	36.43	Hans Birgir Friðriksson	61	+0,43 32.68
2.	Breiðablik 7			Breiðablik		2:30.58	
	Einar Hauksson	56	+0,86	32.68	Sævar Guðbergsson	48	+0,73 40.34
	Einar Kristinsson	50	+0,81	35.94	Friðrik Guðmundsson	49	+0,94 41.62
3.	HSmasters 1			HSmasters		2:42.43	
	Sámal Olsen	53	+0,93	39.43	Eyðun Bærentsen	67	+0,70 37.98
	Leivur Michelsen	58	+0,38	43.79	Magni Arge	55	+0,51 41.23

Sundgrein 9 karla, 4 x 50m skriðsund ALDFL 240 - 279
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	SH 3			SH		2:24.08	
	GUÐNI GUÐNASON	52	+1,03	31.98	Kári Kaaber	64	+0,77 38.68
	GUÐJÓN GUÐNASON	60	+0,69	32.01	TRAUSTI SVEINBJÖRNSSON	68	+0,77 41.41
2.	Breiðablik 1			Breiðablik		3:24.51	
	Haukur Bergsteinsson	78	+0,94	1:11.84	Páll Arnór Pálsson	66	+0,74 43.83
	Hrafn Þórðarson	48	+0,46	40.59	Sveinbjörn Sveinbjörnsson	64	+0,45 48.25
3.	SH 2			SH		3:25.89	
	BJÖRGVIÐ BJÖRGVINSSON	59	+1,21	46.10	Þorsteinn Ingimundarsson	68	+1,09 1:12.36
	ÓLI G H ÞÓRÐARSON	78	+0,62	46.30	JÓN GUÐMUNDSSON	65	0.00 41.13

Sundgrein 10 kvenna, 4 x 50m skriðsund ALDFL 120 - 159
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	Ægir 1			Ægir		2:04.09	
	Helga Sigurðardóttir	45	+0,98	30.09	Hanna Kristín Jónsdóttir	34	+0,60 32.54
	Þórunn Kristín Guðmundsdóttir	45	+0,62	34.91	Sunneva Olafsdóttir	25	+0,36 26.55
2.	SH 1			SH		2:27.05	
	ÍRIS RAGNARSDÓTTIR	39	+0,77	34.52	BIRNA Jóhanna ÓLAFSDÓTTIR	51	+0,24 38.98
	Kristín Laufey Steinadóttir	34	+0,76	35.80	Heiðrún Björgvinsdóttir	28	+0,55 37.75
3.	Breiðablik 1			Breiðablik		2:29.85	
	María Fanndal Birkisdóttir	39	+0,75	35.47	Sigrún Árnadóttir	37	+0,24 44.97
	Þórhalla Gunnarsdóttir	42	+0,51	36.74	Sigríður Lára Guðmundsdóttir	39	+0,21 32.67

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Sundgrein 10, kvenna, 4 x 50m skriðsund

Sundgrein 10 kvenna, 4 x 50m skriðsund ALDFL 160 - 199
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti					Tími	Stig
1.	Ægir 1		Ægir		2:33.66	
	Guðlaug Þóra Marinósdóttir	39 +0,97	34.53	Björg A. Jónsdóttir	45 +0,76	38.97
	Þórhildur Þorgeirsdóttir	43 +0,60	39.76	Harpa Hrund Berndsen	33 +0,45	40.40
2.	HSmasters 1		HSmasters		2:34.89	
	Randi Holm	41 +0,89	44.20	Inga av Reyni	52 +0,06	42.01
	Anna Eidesgaard	40 +0,53	36.97	Annika Antoniusson	38 +0,60	31.71
3.	Tindastóll 1		Tindastóll		2:45.21	
	Helga Þórðardóttir	57 +1,09	43.90	Dagmar Hlín Valgeirsdóttir	41 +0,37	37.59
	Soffía Káradóttir	58 +0,42	48.15	Sarah Jane Emily Caird	34 +0,68	35.57
4.	Breiðablik 2		Breiðablik		3:10.56	
	Sigríður Kristjánsdóttir	47 +1,15	1:38.88	María Ósk Birgisdóttir	41	
	Margrét Valdimarsdóttir	40 +0,49		Katrín Lilja Sigurðardóttir	32	
5.	HSmasters 1		HSmasters		3:25.81	
	Anida Johannesen	53 +0,84	1:47.39	Kathrina L Holm	52	
	Elin Olsen	51 +1,35		Borgny Jacobsen	43	

Sundgrein 10 kvenna, 4 x 50m skriðsund ALDFL 200 - 239
2.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti					Tími	Stig
1.	Breiðablik 2		Breiðablik		2:50.00	
	Kristjana Bergsdóttir	62 +1,42	49.80	Anna Helgadóttir	46 +0,53	38.45
	Þórdís Hrönn Pálsdóttir	48 +0,62	39.57	Sigrún Halldórsdóttir	47 +0,80	42.18
2.	SH 2		SH		3:14.59	
	INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 +1,29	48.18	Gerður Arnarsdóttir	52 +0,88	52.37
	Valgerður Jóhannsdóttir	52 +0,69	45.61	Karitas Guðmundsdóttir	44 +0,58	48.43

Sundgrein 11 kvenna, 400m skriðsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Helga Sigurðardóttir	45	Ægir	5:20.09	1:17.81	1:22.49	1:21.18	1:18.61
2.	Þ. Guðmundsdóttir	45	Ægir	5:41.17	1:19.56	1:26.88	1:27.72	1:27.01
3.	Þórdís Hrönn Pálsdóttir	48	Breiðablik	6:27.96	1:29.15	1:40.46	1:40.88	1:37.47
4.	Anna Helgadóttir	46	Breiðablik	6:30.91	1:28.14	1:39.83	1:42.70	1:40.24
5.	Heiðrún Björgvinsdóttir	28	SH	6:47.86	1:31.06	1:46.11	1:46.39	1:44.30
6.	B. ÓLAFSDÓTTIR	51	SH	6:53.39	1:40.53	1:46.78	1:44.44	1:41.64
7.	Helga Þórðardóttir	57	Tindastóll	7:17.56	1:43.07	1:51.74	1:51.78	1:50.97
8.	Sólbjörg Gunnbjörnsdóttir	55	UMFN	7:18.06	1:40.18	1:50.14	1:54.38	1:53.36
9.	Margrét Valdimarsdóttir	40	Breiðablik	7:23.78	1:40.11	1:50.41	1:56.40	1:56.86
10.	Guðmunda Ólöf Jónasdóttir	65	UMS Borgarfjarðar	7:39.42	1:49.89	1:57.76	1:57.12	1:54.65
11.	Sigrún Þ Geirsdóttir	42	Ægir	7:49.36	1:46.82	1:59.72	2:00.64	2:02.18
12.	Harpa Hrund Berndsen	33	Ægir	7:51.87	1:46.83	2:00.01	2:02.24	2:02.79
13.	I. ÓLAFSDÓTTIR	61	SH	8:29.45	1:57.53	2:09.54	2:08.83	2:13.55
14.	Katrín Lilja Sigurðardóttir	32	Breiðablik	9:02.77	3:07.66	2:19.54	2:16.73	1:18.84
LAUK	LAUKekki Kristjana Bergsdóttir	62	Breiðablik		1:51.63	2:10.96	2:18.01	

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Sundgrein 11, kvenna, 400m skriðsund

Sundgrein 11 kvenna, 400m skriðsund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Heiðrún Björgvinsdóttir 28 SH	6:47.86		1:31.06	1:46.11	1:46.39	1:44.30

Sundgrein 11 kvenna, 400m skriðsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Harpa Hrund Berndsen 33 Ægir	7:51.87		1:46.83	2:00.01	2:02.24	2:02.79
2.	Katrín Lilja Sigurðardóttir 32 Breiðablik	9:02.77		3:07.66	2:19.54	2:16.73	1:18.84

Sundgrein 11 kvenna, 400m skriðsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Margrét Valdimarsdóttir 40 Breiðablik	7:23.78		1:40.11	1:50.41	1:56.40	1:56.86
2.	Sigrún Þ Geirsdóttir 42 Ægir	7:49.36		1:46.82	1:59.72	2:00.64	2:02.18

Sundgrein 11 kvenna, 400m skriðsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Helga Sigurðardóttir 45 Ægir	5:20.09		1:17.81	1:22.49	1:21.18	1:18.61
2.	Þ. Guðmundsdóttir 45 Ægir	5:41.17		1:19.56	1:26.88	1:27.72	1:27.01
3.	Þórdís Hrönn Pálsdóttir 48 Breiðablik	6:27.96		1:29.15	1:40.46	1:40.88	1:37.47
4.	Anna Helgadóttir 46 Breiðablik	6:30.91		1:28.14	1:39.83	1:42.70	1:40.24

Sundgrein 11 kvenna, 400m skriðsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	B. ÓLAFSDÓTTIR 51 SH	6:53.39		1:40.53	1:46.78	1:44.44	1:41.64

Sundgrein 11 kvenna, 400m skriðsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Helga Þórðardóttir 57 Tindastóll	7:17.56		1:43.07	1:51.74	1:51.78	1:50.97
2.	Sólbjörg Gunnbjörnsdóttir 55 UMFN	7:18.06		1:40.18	1:50.14	1:54.38	1:53.36

Sundgrein 11 kvenna, 400m skriðsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	I. ÓLAFSDÓTTIR 61 SH	8:29.45		1:57.53	2:09.54	2:08.83	2:13.55
LAUKekki	Kristjana Bergsdóttir 62 Breiðablik			1:51.63	2:10.96	2:18.01	

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Sundgrein 11, kvenna, 400m skriðsund

Sundgrein 11 kvenna, 400m skriðsund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Guðmunda Ólöf Jónasdóttir 65	UMS Borgarfjarðar	7:39.42	1:49.89	1:57.76	1:57.12	1:54.65

Sundgrein 12 karla, 400m skriðsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Ómar Snævar Friðriksson 34	SH	4:23.04	1:04.63	1:06.95	1:06.38	1:05.08
2.	Ragnar Viktor Hilmarsson 37	Breiðablik	4:56.08	1:08.06	1:15.57	1:17.06	1:15.39
3.	Steinn Jóhannsson 46	SH	5:00.77	1:10.53	1:15.34	1:17.52	1:17.38
4.	Jón Hugi Harðarson 51	ÍA	5:12.83	1:13.69	1:18.51	1:19.61	1:21.02
5.	Viðar Bragi Þorsteinsson 41	Breiðablik	5:35.22	1:17.98	1:26.01	1:27.45	1:23.78
6.	Einar Hauksson 56	Breiðablik	5:51.18	1:19.55	1:29.31	1:31.36	1:30.96
7.	Sigurjón Þórðarson 50	Tindastóll	5:52.78				
8.	Alexander Arnarson 41	Breiðablik	6:11.99	1:18.23	1:35.25	1:39.98	1:38.53
9.	Valgeir S Kárason 63	Tindastóll	6:39.65	1:34.01	1:44.02	1:44.26	1:37.36
10.	Einar Kristinsson 50	Breiðablik	6:46.74	1:30.62	1:46.79	1:46.84	1:42.49
11.	Hörður Valgarðsson 34	Ægir	6:58.73	1:27.32	1:49.61	1:50.17	1:51.63
12.	Gunnar Wedholm Helgas 39	Breiðablik	7:15.98	1:35.97	1:49.01	1:55.54	1:55.46
13.	Friðrik Guðmundsson 49	Breiðablik	7:42.21	1:44.33	1:58.78	1:57.91	2:01.19
14.	Sveinbjörn Sveinbjörnsson 64	Breiðablik	8:34.62	2:01.95	2:15.28	2:12.70	2:04.69
15.	Páll Sigurþórsson 76	Selfoss	8:38.55	2:05.70	2:11.47	2:09.96	2:11.42
16.	Þorsteinn Ingimundarsson 68	SH	12:08.06	3:05.68	3:36.61	3:34.79	1:50.98

Sundgrein 12 karla, 400m skriðsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Ómar Snævar Friðriksson 34	SH	4:23.04	1:04.63	1:06.95	1:06.38	1:05.08
2.	Hörður Valgarðsson 34	Ægir	6:58.73	1:27.32	1:49.61	1:50.17	1:51.63

Sundgrein 12 karla, 400m skriðsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Ragnar Viktor Hilmarsson 37	Breiðablik	4:56.08	1:08.06	1:15.57	1:17.06	1:15.39
2.	Gunnar Wedholm Helgas 39	Breiðablik	7:15.98	1:35.97	1:49.01	1:55.54	1:55.46

Sundgrein 12 karla, 400m skriðsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig	100m	200m	300m	400m
1.	Viðar Bragi Þorsteinsson 41	Breiðablik	5:35.22	1:17.98	1:26.01	1:27.45	1:23.78
2.	Alexander Arnarson 41	Breiðablik	6:11.99	1:18.23	1:35.25	1:39.98	1:38.53

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Sundgrein 12, karla, 400m skriðsund

Sundgrein 12 karla, 400m skriðsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Steinn Jóhannsson	46 SH	5:00.77		1:10.53	1:15.34	1:17.52	1:17.38
2.	Friðrik Guðmundsson	49 Breiðablik	7:42.21		1:44.33	1:58.78	1:57.91	2:01.19

Sundgrein 12 karla, 400m skriðsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Jón Hugi Harðarson	51 ÍA	5:12.83		1:13.69	1:18.51	1:19.61	1:21.02
2.	Sigurjón Þórðarson	50 Tindastóll	5:52.78					
3.	Einar Kristinsson	50 Breiðablik	6:46.74		1:30.62	1:46.79	1:46.84	1:42.49

Sundgrein 12 karla, 400m skriðsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Einar Hauksson	56 Breiðablik	5:51.18		1:19.55	1:29.31	1:31.36	1:30.96

Sundgrein 12 karla, 400m skriðsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Valgeir S Kárason	63 Tindastóll	6:39.65		1:34.01	1:44.02	1:44.26	1:37.36
2.	Sveinbjörn Sveinbjörnsson	64 Breiðablik	8:34.62		2:01.95	2:15.28	2:12.70	2:04.69

Sundgrein 12 karla, 400m skriðsund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Þorsteinn Ingimundarsson	68 SH	12:08.06		3:05.68	3:36.61	3:34.79	1:50.98

Sundgrein 12 karla, 400m skriðsund 75 - 79 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig	100m	200m	300m	400m
1.	Páll Sigurbjörnsson	76 Selfoss	8:38.55		2:05.70	2:11.47	2:09.96	2:11.42

Sundgrein 14 karla, 100m flugsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Ægir Sigurðsson	36 Selfoss	1:06.93	
2.	Hákon Örn Birgisson	38 Ægir	1:09.59	
3.	Elvar Níelsson	40 Breiðablik	1:20.18	
4.	GUÐNI GUÐNASON	52 SH	1:22.91	
5.	Sigurjón Þórðarson	50 Tindastóll	1:42.56	

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Sundgrein 14, karla, 100m flugsund

Sundgrein 14 karla, 100m flugsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Ægir Sigurðsson	36	Selfoss	1:06.93
2.	Hákon Örn Birgisson	38	Ægir	1:09.59

Sundgrein 14 karla, 100m flugsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Elvar Níelsson	40	Breiðablik	1:20.18

Sundgrein 14 karla, 100m flugsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	GUÐNI GUÐNASON	52	SH	1:22.91
2.	Sigurjón Þórðarson	50	Tindastóll	1:42.56

Sundgrein 15 kvenna, 50m bringusund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sigurlín Garðarsdóttir	40	Selfoss	40.20
2.	Hanna Kristín Jónsdóttir	34	Ægir	44.71
3.	BIRNA Jóhanna ÓLAFSDÓTTIR	51	SH	44.83
4.	Björg A. Jónsdóttir	45	Ægir	45.68
5.	Sarah Jane Emily Caird	34	Tindastóll	48.44
6.	Hrund Baldursdóttir	50	Selfoss	49.37
7.	Sædís Rán Sveinsdóttir	21	Ægir	49.49
8.	Helga Þórðardóttir	57	Tindastóll	50.64
9.	Anida Johannesen	53	HSmasters	50.91
10.	Björg H. Kristófersdóttir	62	UMS Borgarfjarðar	51.50
11.	Borgny Jacobsen	43	HSmasters	52.99
12.	Harpa Hrund Berndsen	33	Ægir	53.08
13.	Karitas Guðmundsdóttir	44	SH	53.14
14.	Erla Björg Garðarsdóttir	56	SH	54.27
15.	Randi Holm	41	HSmasters	54.54
16.	Katrín Lilja Sigurðardóttir	32	Breiðablik	54.64
17.	Valgerður Jóhannsdóttir	52	SH	57.05
18.	Guðmunda Ólöf Jónasdóttir	65	UMS Borgarfjarðar	57.10
19.	Anna Beder	56	HSmasters	57.14
20.	Margrét Valdimarsdóttir	40	Breiðablik	57.61
21.	Elin Olsen	51	HSmasters	58.27
22.	Gerður Arnarsdóttir	52	SH	59.71
23.	Soffía Káradóttir	58	Tindastóll	59.76
24.	Guðrún Björk Geirsdóttir	46	Breiðablik	1:01.24
25.	Ragna María Ragnarsdóttir	66	Ægir	1:07.00
26.	Sunneva Jacobsen	52	HSmasters	1:11.11
27.	Steinunn Hjartardóttir	66	Tindastóll	1:17.79

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Sundgrein 15, kvenna, 50m bringusund

Sundgrein 15 kvenna, 50m bringusund 24 ára og yngri
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sædís Rán Sveinsdóttir	21	Ægir	49.49	

Sundgrein 15 kvenna, 50m bringusund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hanna Kristín Jónsdóttir	34	Ægir	44.71	
2. Sarah Jane Emily Caird	34	Tindastóll	48.44	
3. Harpa Hrund Berndsen	33	Ægir	53.08	
4. Katrín Lilja Sigurðardóttir	32	Breiðablik	54.64	

Sundgrein 15 kvenna, 50m bringusund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sigurlín Garðarsdóttir	40	Selfoss	40.20	
2. Borgny Jacobsen	43	HSmasters	52.99	
3. Karitas Guðmundsdóttir	44	SH	53.14	
4. Randi Holm	41	HSmasters	54.54	
5. Margrét Valdimarsdóttir	40	Breiðablik	57.61	

Sundgrein 15 kvenna, 50m bringusund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Björg A. Jónsdóttir	45	Ægir	45.68	
2. Guðrún Björk Geirsdóttir	46	Breiðablik	1:01.24	

Sundgrein 15 kvenna, 50m bringusund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. BIRNA Jóhanna ÓLAFSDÓTTIR	51	SH	44.83	
2. Hrund Baldursdóttir	50	Selfoss	49.37	
3. Anida Johannesen	53	HSmasters	50.91	
4. Valgerður Jóhannsdóttir	52	SH	57.05	
5. Elin Olsen	51	HSmasters	58.27	
6. Gerður Arnarsdóttir	52	SH	59.71	
7. Sunneva Jacobsen	52	HSmasters	1:11.11	

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Sundgrein 15, kvenna, 50m bringusund

Sundgrein 15 kvenna, 50m bringusund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Helga Þórðardóttir	57	Tindastóll	50.64
2.	Erla Björg Garðarsdóttir	56	SH	54.27
3.	Anna Beder	56	HSmasters	57.14
4.	Soffía Káradóttir	58	Tindastóll	59.76

Sundgrein 15 kvenna, 50m bringusund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Björg H. Kristófersdóttir	62	UMS Borgarfjarðar	51.50

Sundgrein 15 kvenna, 50m bringusund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Guðmunda Ólöf Jónasdóttir	65	UMS Borgarfjarðar	57.10
2.	Ragna María Ragnarsdóttir	66	Ægir	1:07.00
3.	Steinunn Hjartardóttir	66	Tindastóll	1:17.79

Sundgrein 16 karla, 50m bringusund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Árni Már Árnason	27	ÍRB	28.78
2.	Hákon Jónsson	29	Breiðablik	32.99
3.	Arnoddur Erlendsson	47	Umf Afturelding	34.70
4.	Finnbjörn Aðalheiðarson	45	Ægir	35.54
5.	Arnar I Guðmundsson	25	SH	36.75
6.	Borgar Þór Bragason	45	ÍRB	37.96
7.	Hreiðar Jónsson	33	Selfoss	38.12
8.	JÓHANN SAMSONARSON	45	SH	38.72
9.	Jóhan Ásmundsson	35	HSmasters	39.09
10.	Þórir Marínó Sigurðsson	46	Ægir	39.26
11.	ÁRNI RÚNAR ÁRNASON	41	SH	39.85
12.	GUÐJÓN GUÐNASON	60	SH	41.18
13.	Vignir Barkarson	50	ÍA	42.10
14.	Bergþór Jóhannsson	45	SH	42.28
15.	Kári Kaaber	64	SH	42.39
16.	Rúnar Már Jóhannsson	41	SH	42.82
17.	KARL GEORG KLEIN	45	SH	42.85
18.	Eyðun Bærentsen	67	HSmasters	46.00
19.	Hjörtur Þorbjörnsdóttir	35	Styrmir	46.49
20.	Stephan Jón Hufschmid	45	Styrmir	46.92
21.	Hans Birgir Friðriksson	61	Tindastóll	47.13
22.	BJÖRGVIN BJÖRGVINSSON	59	SH	48.01
23.	Friðrik Guðmundsson	49	Breiðablik	48.34
24.	Jens Mikkelsen	56	HSmasters	49.05
25.	TRAUSTI SVEINBJÖRNSSON	68	SH	49.07
26.	Eypór Gissurarson	52	Breiðablik	49.34

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Sundgrein 16, karla, 50m bringusund, Opinn

Sæti	Aldur		Tími	Stig
27. Hrafn Þórðarson	48	Breiðablik	49.59	
28. Sámal Olsen	53	HSmasters	50.77	
29. JÓN GUÐMUNDSSON	65	SH	51.54	
30. Steinbjörn í Dali	58	HSmasters	52.33	
31. Páll Beder	61	HSmasters	52.94	
32. ÓLI G H ÞÓRÐARSON	78	SH	55.33	
33. Sveinbjörn Sveinbjörnsson	64	Breiðablik	57.55	
ÓG. Ólafur Þór Magnússon	44	Breiðablik	48.30	
<i>Önnur hönd í bakka</i>				
ÓG. Þorsteinn Ingimundarsson	68	SH	1:15.13	
<i>Skrifundsfótatök við snúning</i>				

Sundgrein 16 karla, 50m bringusund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Árni Már Árnason	27	ÍRB	28.78	
2. Hákon Jónsson	29	Breiðablik	32.99	
3. Arnar I Guðmundsson	25	SH	36.75	

Sundgrein 16 karla, 50m bringusund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hreiðar Jónsson	33	Selfoss	38.12	

Sundgrein 16 karla, 50m bringusund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Jóhan Ásmundsson	35	HSmasters	39.09	
2. Hjörtur Þorbjörnsdóttir	35	Styrmir	46.49	

Sundgrein 16 karla, 50m bringusund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. ÁRNI RÚNAR ÁRNASON	41	SH	39.85	
2. Rúnar Már Jóhannsson	41	SH	42.82	
ÓG. Ólafur Þór Magnússon	44	Breiðablik	48.30	
<i>Önnur hönd í bakka</i>				

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Sundgrein 16, karla, 50m bringusund

Sundgrein 16 karla, 50m bringusund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Arnoddur Erlendsson	47	Umf Afturelding	34.70
2.	Finnbjörn Aðalheiðarson	45	Ægir	35.54
3.	Borgar Þór Bragason	45	ÍRB	37.96
4.	JÓHANN SAMSONARSON	45	SH	38.72
5.	Þórir Marínó Sigurðsson	46	Ægir	39.26
6.	Bergþór Jóhannsson	45	SH	42.28
7.	KARL GEORG KLEIN	45	SH	42.85
8.	Stephan Jón Hufschmid	45	Styrmir	46.92
9.	Friðrik Guðmundsson	49	Breiðablik	48.34
10.	Hrafn Þórðarson	48	Breiðablik	49.59

Sundgrein 16 karla, 50m bringusund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Vignir Barkarson	50	ÍA	42.10
2.	Eyþór Gissurarson	52	Breiðablik	49.34
3.	Sámal Olsen	53	HSmasters	50.77

Sundgrein 16 karla, 50m bringusund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	BJÖRGVIN BJÖRGVINSSON	59	SH	48.01
2.	Jens Mikkelsen	56	HSmasters	49.05
3.	Steinbjörn í Dali	58	HSmasters	52.33

Sundgrein 16 karla, 50m bringusund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	GUÐJÓN GUÐNASON	60	SH	41.18
2.	Kári Kaaber	64	SH	42.39
3.	Hans Birgir Friðriksson	61	Tindastóll	47.13
4.	Páll Beder	61	HSmasters	52.94
5.	Sveinbjörn Sveinbjörnsson	64	Breiðablik	57.55

Sundgrein 16 karla, 50m bringusund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Eyðun Bærentsen	67	HSmasters	46.00
2.	TRAUSTI SVEINBJÖRNSSON	68	SH	49.07
3.	JÓN GUÐMUNDSSON	65	SH	51.54
ÓG.	Þorsteinn Ingimundarsson	68	SH	1:15.13
	<i>Skrifundsfótatök við snúning</i>			

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Sundgrein 16, karla, 50m bringusund

Sundgrein 16 karla, 50m bringusund 75 - 79 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. ÓLI G H ÞÓRÐARSON	78 SH	55.33	

Sundgrein 17 kvenna, 100m baksund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sunneva Olafsdóttir	25 Ægir	1:21.43	
2. Hanna Kristín Jónsdóttir	34 Ægir	1:28.73	
3. Sarah Jane Emily Caird	34 Tindastóll	1:34.30	
4. María Fanndal Birkisdóttir	39 Breiðablik	1:35.00	
5. Þórhalla Gunnarsdóttir	42 Breiðablik	1:38.07	
6. Heiðrún Björgvinsdóttir	28 SH	1:40.35	
7. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 SH	1:59.48	
8. Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	2:01.31	

Sundgrein 17 kvenna, 100m baksund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sunneva Olafsdóttir	25 Ægir	1:21.43	
2. Heiðrún Björgvinsdóttir	28 SH	1:40.35	

Sundgrein 17 kvenna, 100m baksund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Hanna Kristín Jónsdóttir	34 Ægir	1:28.73	
2. Sarah Jane Emily Caird	34 Tindastóll	1:34.30	

Sundgrein 17 kvenna, 100m baksund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. María Fanndal Birkisdóttir	39 Breiðablik	1:35.00	

Sundgrein 17 kvenna, 100m baksund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Þórhalla Gunnarsdóttir	42 Breiðablik	1:38.07	

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Sundgrein 17, kvenna, 100m baksund

Sundgrein 17 kvenna, 100m baksund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	61	SH	1:59.48	

Sundgrein 17 kvenna, 100m baksund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	65	UMS Borgarfjarðar	2:01.31	

Sundgrein 18 karla, 100m baksund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	34	SH	1:04.02	
2.	34	KR	1:06.33	
3.	51	ÍA	1:18.47	
4.	40	Breiðablik	1:20.60	
5.	45	SH	1:23.46	
6.	44	Selfoss	1:34.79	
7.	45	SH	1:35.92	
8.	56	Ægir	1:39.70	
9.	64	SH	1:52.32	
10.	65	SH	2:13.94	

Sundgrein 18 karla, 100m baksund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	34	SH	1:04.02	
2.	34	KR	1:06.33	

Sundgrein 18 karla, 100m baksund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	40	Breiðablik	1:20.60	
2.	44	Selfoss	1:34.79	

Sundgrein 18 karla, 100m baksund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	45	SH	1:23.46	
2.	45	SH	1:35.92	

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Sundgrein 18, karla, 100m baksund

Sundgrein 18 karla, 100m baksund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Jón Hugi Harðarson	51 ÍA	1:18.47	

Sundgrein 18 karla, 100m baksund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Remi Spilliaert	56 Ægir	1:39.70	

Sundgrein 18 karla, 100m baksund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Kári Kaaber	64 SH	1:52.32	

Sundgrein 18 karla, 100m baksund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. JÓN GUÐMUNDSSON	65 SH	2:13.94	

Sundgrein 19 kvenna, 200m skriðsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Helga Sigurðardóttir	45 Ægir	2:29.06	
2. Sigríður Lára Guðmundsdóttir	39 Breiðablik	2:44.95	
3. Þórunn Kristín Guðmundsdóttir	45 Ægir	2:45.63	
4. Anna Helgadóttir	46 Breiðablik	3:06.28	
5. Þórdís Hrönn Pálsdóttir	48 Breiðablik	3:07.17	
6. BIRNA Jóhanna ÓLAFSDÓTTIR	51 SH	3:15.43	
7. Sædís Rán Sveinsdóttir	21 Ægir	3:23.60	
8. Sólbjörg Gunnbjörnsdóttir	55 UMFN	3:25.29	
9. Helga Þórðardóttir	57 Tindastóll	3:26.93	
10. Margrét Valdimarsdóttir	40 Breiðablik	3:31.61	
11. Irina Óskarsdóttir	41 Breiðablik	3:35.23	
12. Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	3:43.39	
13. Harpa Hrund Berndsen	33 Ægir	3:44.12	
14. Sigrún Þ Geirsdóttir	42 Ægir	3:48.56	
15. Sigrún Árnadóttir	37 Breiðablik	3:52.98	
16. Katrín Lilja Sigurðardóttir	32 Breiðablik	4:12.50	
17. Ragna María Ragnarsdóttir	66 Ægir	4:35.40	
18. Gerður Arnarsdóttir	52 SH	4:38.18	
19. Þórey Þórarinsdóttir	69 ÍBV	5:04.74	
20. Sigríður Kristjánsdóttir	47 Breiðablik	5:05.04	

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Sundgrein 19, kvenna, 200m skriðsund

Sundgrein 19 kvenna, 200m skriðsund 24 ára og yngri
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sædís Rán Sveinsdóttir	21 Ægir	3:23.60	

Sundgrein 19 kvenna, 200m skriðsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Harpa Hrund Berndsen	33 Ægir	3:44.12	
2. Katrín Lilja Sigurðardóttir	32 Breiðablik	4:12.50	

Sundgrein 19 kvenna, 200m skriðsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Sigríður Lára Guðmundsdóttir	39 Breiðablik	2:44.95	
2. Sigrún Árnadóttir	37 Breiðablik	3:52.98	

Sundgrein 19 kvenna, 200m skriðsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Margrét Valdimarsdóttir	40 Breiðablik	3:31.61	
2. Irina Óskarsdóttir	41 Breiðablik	3:35.23	
3. Sigrún Þ Geirsdóttir	42 Ægir	3:48.56	

Sundgrein 19 kvenna, 200m skriðsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Helga Sigurðardóttir	45 Ægir	2:29.06	
2. Þórunn Kristín Guðmundsdóttir	45 Ægir	2:45.63	
3. Anna Helgadóttir	46 Breiðablik	3:06.28	
4. Þórdís Hrönn Pálsdóttir	48 Breiðablik	3:07.17	
5. Sigríður Kristjánsdóttir	47 Breiðablik	5:05.04	

Sundgrein 19 kvenna, 200m skriðsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. BIRNA Jóhanna ÓLAFSDÓTTIR	51 SH	3:15.43	
2. Gerður Arnarsdóttir	52 SH	4:38.18	

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Sundgrein 19, kvenna, 200m skriðsund

Sundgrein 19 kvenna, 200m skriðsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	55	UMFN	3:25.29	
2.	57	Tindastóll	3:26.93	

Sundgrein 19 kvenna, 200m skriðsund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	65	UMS Borgarfjarðar	3:43.39	
2.	66	Ægir	4:35.40	
3.	69	ÍBV	5:04.74	

Sundgrein 20 karla, 200m skriðsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	35	Selfoss	2:16.78	
2.	46	SH	2:24.46	
3.	51	ÍA	2:25.44	
4.	50	ÍA	2:26.09	
5.	40	Breiðablik	2:26.13	
6.	45	ÍRB	2:27.48	
7.	52	SH	2:38.72	
8.	41	Ægir	2:39.66	
9.	50	Tindastóll	2:40.99	
10.	43	HSmasters	2:41.96	
11.	56	Breiðablik	2:44.34	
12.	52	HSmasters	2:46.39	
13.	61	Selfoss	2:54.17	
14.	38	Breiðablik	3:04.24	
15.	34	Ægir	3:07.36	
16.	63	Tindastóll	3:08.04	
17.	47	Breiðablik	3:18.56	
18.	49	Breiðablik	3:40.25	
19.	65	SH	3:45.21	
20.	78	SH	3:56.26	
21.	64	Breiðablik	4:13.42	
22.	68	SH	6:34.08	

Sundgrein 20 karla, 200m skriðsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	34	Ægir	3:07.36	

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Sundgrein 20, karla, 200m skriðsund

Sundgrein 20 karla, 200m skriðsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Stefán Reyр Ólafsson	35	Selfoss	2:16.78	
2. Bertel Ingi Arnfinnsson	38	Breiðablik	3:04.24	

Sundgrein 20 karla, 200m skriðsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Elvar Níelsson	40	Breiðablik	2:26.13	
2. Geir Sigurður JONSSON	41	Ægir	2:39.66	
3. Erling Eidesgaard	43	HSmasters	2:41.96	

Sundgrein 20 karla, 200m skriðsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Steinn Jóhannsson	46	SH	2:24.46	
2. Borgar Þór Bragason	45	ÍRB	2:27.48	
3. Oddur Valur Þórarinsson	47	Breiðablik	3:18.56	
4. Friðrik Guðmundsson	49	Breiðablik	3:40.25	

Sundgrein 20 karla, 200m skriðsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Jón Hugi Harðarson	51	ÍA	2:25.44	
2. Vignir Barkarson	50	ÍA	2:26.09	
3. GUÐNI GUÐNASON	52	SH	2:38.72	
4. Sigurjón Þórðarson	50	Tindastóll	2:40.99	
5. Eyðun Húsgarð	52	HSmasters	2:46.39	

Sundgrein 20 karla, 200m skriðsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Einar Hauksson	56	Breiðablik	2:44.34	

Sundgrein 20 karla, 200m skriðsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sigmundur Stefánsson	61	Selfoss	2:54.17	
2. Valgeir S Kárason	63	Tindastóll	3:08.04	
3. Sveinbjörn Sveinbjörnsson	64	Breiðablik	4:13.42	

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Sundgrein 20, karla, 200m skriðsund

Sundgrein 20 karla, 200m skriðsund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	JÓN GUÐMUNDSSON	65 SH	3:45.21	
2.	Þorsteinn Ingimundarsson	68 SH	6:34.08	

Sundgrein 20 karla, 200m skriðsund 75 - 79 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	ÓLI G H ÞÓRÐARSON	78 SH	3:56.26	

Sundgrein 21 kvenna, 100m fjórsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sígurlín Garðarsdóttir	40 Selfoss	1:17.73	
2.	Helga Sigurðardóttir	45 Ægir	1:21.13	
3.	Sunneva Olafsdóttir	25 Ægir	1:24.46	
4.	ÍRIS RAGNARSDÓTTIR	39 SH	1:29.74	
5.	María Fanndal Birkisdóttir	39 Breiðablik	1:31.26	
6.	Sarah Jane Emily Caird	34 Tindastóll	1:31.96	
7.	Þórhalla Gunnarsdóttir	42 Breiðablik	1:34.78	
8.	Hrund Baldursdóttir	50 Selfoss	1:35.73	
9.	Heiðrún Björgvinsdóttir	28 SH	1:38.14	
10.	Þórdís Hrönn Pálsdóttir	48 Breiðablik	1:45.17	
11.	Harpa Hrund Berndsen	33 Ægir	1:55.66	
12.	Sigrún Þ Geirsdóttir	42 Ægir	2:03.43	
13.	INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 SH	2:03.95	
ÓG.	Hanna Kristín Jónsdóttir	34 Ægir	1:30.36	

Kláraði ekki á baki

Sundgrein 21 kvenna, 100m fjórsund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sunneva Olafsdóttir	25 Ægir	1:24.46	
2.	Heiðrún Björgvinsdóttir	28 SH	1:38.14	

Sundgrein 21 kvenna, 100m fjórsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sarah Jane Emily Caird	34 Tindastóll	1:31.96	
2.	Harpa Hrund Berndsen	33 Ægir	1:55.66	
ÓG.	Hanna Kristín Jónsdóttir	34 Ægir	1:30.36	

Kláraði ekki á baki

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Sundgrein 21, kvenna, 100m fjórsund

Sundgrein 21 kvenna, 100m fjórsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	39	SH	1:29.74	
2.	39	Breiðablik	1:31.26	

Sundgrein 21 kvenna, 100m fjórsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	40	Selfoss	1:17.73	
2.	42	Breiðablik	1:34.78	
3.	42	Ægir	2:03.43	

Sundgrein 21 kvenna, 100m fjórsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	45	Ægir	1:21.13	
2.	48	Breiðablik	1:45.17	

Sundgrein 21 kvenna, 100m fjórsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	50	Selfoss	1:35.73	

Sundgrein 21 kvenna, 100m fjórsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	61	SH	2:03.95	

Sundgrein 22 karla, 100m fjórsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	34	SH	1:06.04	
2.	29	Breiðablik	1:09.47	
3.	35	HSmasters	1:12.54	
4.	25	SH	1:14.41	
5.	37	SH	1:14.42	
6.	46	SH	1:15.26	
7.	51	ÍA	1:15.61	
8.	40	Breiðablik	1:17.21	
9.	37	Breiðablik	1:19.14	
10.	45	SH	1:20.83	
11.	55	HSmasters	1:21.45	
12.	60	SH	1:22.37	
13.	50	Tindastóll	1:23.87	
14.	41	Ægir	1:23.97	

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Sundgrein 22, karla, 100m fjórsund, Opinn

Sæti	Aldur		Tími	Stig
15. GUÐNI GUÐNASON	52	SH	1:24.75	
16. Kári Kaaber	64	SH	1:42.93	
17. Oddur Valur Þórarinnsson	47	Breiðablik	1:52.74	
18. Sveinbjörn Sveinbjörnsson	64	Breiðablik	2:11.82	
ÓG. Borgar Þór Bragason	45	ÍRB	1:20.05	

Kláraði ekki baksundið á bakinu

Sundgrein 22 karla, 100m fjórsund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hákon Jónsson	29	Breiðablik	1:09.47	
2. Arnar I Guðmundsson	25	SH	1:14.41	

Sundgrein 22 karla, 100m fjórsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Ómar Snævar Friðriksson	34	SH	1:06.04	

Sundgrein 22 karla, 100m fjórsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Jóhan Ásmundsson	35	HSmasters	1:12.54	
2. Albert Þór Kristjánsson	37	SH	1:14.42	
3. Ragnar Viktor Hilmarsson	37	Breiðablik	1:19.14	

Sundgrein 22 karla, 100m fjórsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Elvar Níelsson	40	Breiðablik	1:17.21	
2. Geir Sigurður JONSSON	41	Ægir	1:23.97	

Sundgrein 22 karla, 100m fjórsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Steinn Jóhannsson	46	SH	1:15.26	
2. JÓHANN SAMSONARSON	45	SH	1:20.83	
3. Oddur Valur Þórarinnsson	47	Breiðablik	1:52.74	
ÓG. Borgar Þór Bragason	45	ÍRB	1:20.05	

Kláraði ekki baksundið á bakinu

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Sundgrein 22, karla, 100m fjórsund

Sundgrein 22 karla, 100m fjórsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Jón Hugi Harðarson	51 ÍA	1:15.61	
2. Sigurjón Þórðarson	50 Tindastóll	1:23.87	
3. GUÐNI GUÐNASON	52 SH	1:24.75	

Sundgrein 22 karla, 100m fjórsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Jon Hestoy	55 HSmasters	1:21.45	

Sundgrein 22 karla, 100m fjórsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. GUÐJÓN GUÐNASON	60 SH	1:22.37	
2. Kári Kaaber	64 SH	1:42.93	
3. Sveinbjörn Sveinbjörnsson	64 Breiðablik	2:11.82	

Sundgrein 23 blandað, 4 x 50m fjórsund ALDFL 120 - 159
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Ægir 1	Ægir	2:14.85	
Sunneva Olafsdóttir	25 +0,69 37.36 Hákon Örn Birgisson	38 +0,63 32.10	
Finnbjörn Aðalheiðarson	45 +0,60 35.48 Helga Sigurðardóttir	45 +0,58 29.91	
2. Breiðablik 1	Breiðablik	2:21.39	
Elvar Nielsson	40 +0,80 36.05 María Fanndal Birkisdóttir	39 +0,46 38.48	
Hákon Jónsson	29 +0,37 33.25 Sigríður Lára Guðmundsdóttir	39 +0,50 33.61	
3. SH 4	SH	2:27.86	
Heiðrún Björgvinsdóttir	28 +0,72 45.85 Ómar Snævar Friðriksson	34 +0,45 29.21	
ÍRIS RAGNARSDÓTTIR	39 +0,65 43.61 Arnar I Guðmundsson	25 +0,71 29.19	
4. Ægir 3	Ægir	2:39.13	
Hanna Kristín Jónsdóttir	34 +1,08 40.91 Geir Sigurður JONSSON	41 +0,62 37.13	
Harpa Hrund Berndsen	33 +0,62 53.16 Hörður Guðmundsson	40 +0,46 27.93	

Sundgrein 23 blandað, 4 x 50m fjórsund ALDFL 160 - 199
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Selfoss 1	Selfoss	2:15.99	
Stefán Rey Ólafsson	35 +0,71 31.93 Ægir Sigurðsson	36 +0,70 28.92	
Sigurlín Garðarsdóttir	40 +0,52 38.59 Hrund Baldursdóttir	50 +0,65 36.55	
2. SH 2	SH	2:45.47	
JÓHANN SAMSONARSON	45 +0,77 39.65 GUÐNI GUÐNASON	52 30.66	
Gerður Arnarsdóttir	52 59.41 Karitas Guðmundsdóttir	44 +0,15 35.75	
3. Breiðablik 2	Breiðablik	2:49.70	
Þórhalla Gunnarsdóttir	42 +0,70 44.70 Viðar Bragi Þorsteinsson	41 +0,65 43.17	
Irina Óskarsdóttir	41 +0,86 51.98 Ragnar Viktor Hilmarsson	37 +0,66 29.85	

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Sundgrein 23, blandað, 4 x 50m fjórsund, ALDFL 160 - 199

Sæti						Tími	Stig
4.	Breiðablik 3			Breiðablik		3:04.44	
	Anna Helgadóttir	46	+0,75	51.03	Þórdís Hrönn Pálsdóttir	48	+0,81 50.40
	Hrafn Þórðarson	48	+0,47	50.23	Einar Hauksson	56	+0,36 32.78
5.	Breiðablik 4			Breiðablik		3:56.85	
	Sveinbjörn Sveinbjörnsson	64	+1,37	1:22.85	Sigrún Árnadóttir	37	+0,26 1:00.31
	Katrín Lilja Sigurðardóttir	32	+0,70	57.41	Einar Kristinsson	50	+0,68 36.28
ÓG.	HSmasters 3			HSmasters		2:29.42	
	<i>false start, 2nd lap</i>						
	Jóhan Ásmundsson	35	+0,78	34.54	Jon Hestoy	55	-0,11 32.76
	Anida Johannesen	53	+0,66	50.48	Annika Antoniusen	38	+0,84 31.64
ÓG.	HSmasters 2			HSmasters		3:00.34	
	<i>false start 1st lap</i>						
	Anna Eidesgaard	40	+0,58	57.12	Randi Holm	41	+0,57 49.94
	Eyðun Húsgarð	52	-1,86	41.92	Erling Eidesgaard	43	+1,02 31.36

Sundgrein 23 blandað, 4 x 50m fjórsund ALDFL 200 - 239
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	SH 1			SH		2:48.13	
	Albert Þór Kristjánsson	37	+0,70	36.54	GUÐJÓN GUÐNASON	60	+0,66 37.64
	Valgerður Jóhannsdóttir	52	+0,79	55.09	BIRNA Jóhanna ÓLAFSDÓTTIR	51	+0,43 38.86
2.	Tindastóll 1			Tindastóll		2:48.31	
	Sarah Jane Emily Caird	34	+0,77	41.93	Hans Birgir Friðriksson	61	+0,57 41.69
	Sigurjón Þórðarson	50	+0,59	41.24	Helga Þórðardóttir	57	+0,54 43.45
3.	Ægir 2			Ægir		2:59.07	
	Þórunn Kristín Guðmundsdóttir	45	+0,81	44.87	Þórir Marínó Sigurðsson	46	
	Ragna María Ragnarsdóttir	66	+1,11		Remi Spilliaert	56	+0,68 35.61
4.	Tindastóll 2			Tindastóll		3:04.78	
	Soffía Káradóttir	58	+0,97	57.26	Dagmar Hlín Valgeirsdóttir	41	+0,38 40.95
	Gunnar Á Bjarnason	52	+0,62	52.40	Valgeir S Kárason	63	+0,42 34.17

Sundgrein 23 blandað, 4 x 50m fjórsund ALDFL 240 - 279
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
ÓG.	SH 3			SH		3:38.33	
	<i>Önnur hendi í baka sundmaður 2</i>						
	Erla Björg Garðarsdóttir	56		59.20	INGIBJÖRG SVALA ÓLAFSDÓTTIR	61	+0,84 59.31
	ÓLI G H ÞÓRÐARSON	78	+0,48	58.54	TRAUSTI SVEINBJÖRNSSON	68	+0,89 41.28

Sundgrein 24 karla, 200m fjórsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti		Aldur		Tími	Stig
1.	Steinn Jóhannsson	46	SH	2:38.58	
2.	Jón Hugji Harðarson	51	ÍA	2:49.68	
3.	Jóhan Ásmundsson	35	HSmasters	2:52.85	
4.	HÁLFDÁN FREYR ÖRNÓLFSSON	41	SH	3:04.14	
5.	GUÐNI GUÐNASON	52	SH	3:07.09	
6.	Geir Sigurður JONSSON	41	Ægir	3:07.83	
7.	Sigurjón Þórðarson	50	Tindastóll	3:10.53	

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Sundgrein 24, karla, 200m fjórsund, Opinn

Sæti	Aldur	Tími	Stig
8. Einar Hauksson	56 Breiðablik	3:19.74	
9. Remi Spilliaert	56 Ægir	3:21.90	
10. Kári Kaaber	64 SH	3:43.78	

Sundgrein 24 karla, 200m fjórsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Jóhan Ásmundsson	35 HSmasters	2:52.85	

Sundgrein 24 karla, 200m fjórsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. HÁLFDÁN FREYR ÖRNÓLFSSON	41 SH	3:04.14	
2. Geir Sigurður JONSSON	41 Ægir	3:07.83	

Sundgrein 24 karla, 200m fjórsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Steinn Jóhannsson	46 SH	2:38.58	

Sundgrein 24 karla, 200m fjórsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Jón Hugi Harðarson	51 ÍA	2:49.68	
2. GUÐNI GUÐNASON	52 SH	3:07.09	
3. Sigurjón Þórðarson	50 Tindastóll	3:10.53	

Sundgrein 24 karla, 200m fjórsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Einar Hauksson	56 Breiðablik	3:19.74	
2. Remi Spilliaert	56 Ægir	3:21.90	

Sundgrein 24 karla, 200m fjórsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Kári Kaaber	64 SH	3:43.78	

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Sundgrein 25 kvenna, 200m fjórsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sigurlín Garðarsdóttir	40	Selfoss	3:04.13	
2. Þórdís Hrönn Pálsdóttir	48	Breiðablik	3:51.15	

Sundgrein 25 kvenna, 200m fjórsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sigurlín Garðarsdóttir	40	Selfoss	3:04.13	

Sundgrein 25 kvenna, 200m fjórsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Þórdís Hrönn Pálsdóttir	48	Breiðablik	3:51.15	

Sundgrein 26 karla, 50m baksund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Ómar Snævar Friðriksson	34	SH	29.74	
2. Guðmundur Hafþórsson	34	KR	30.08	
3. Arnar I Guðmundsson	25	SH	34.46	
4. Jóhan Ásmundsson	35	HSmasters	34.84	
5. Albert Þór Kristjánsson	37	SH	36.06	
6. Jón Hugi Harðarson	51	ÍA	36.08	
7. Elvar Nielsson	40	Breiðablik	36.50	
8. ÁRNI RÚNAR ÁRNASON	41	SH	37.53	
9. Gunnar Þór Gunnarsson	44	Selfoss	41.68	
10. KARL GEORG KLEIN	45	SH	45.06	
11. GUÐJÓN GUÐNASON	60	SH	45.18	
12. Eyðun Bærentsen	67	HSmasters	52.74	
13. Páll Arnór Pálsson	66	Breiðablik	1:01.11	
ÓG. JÓN GUÐMUNDSSON	65	SH	54.29	

Kom inn á maganum

Sundgrein 26 karla, 50m baksund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Arnar I Guðmundsson	25	SH	34.46	

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Sundgrein 26, karla, 50m baksund

Sundgrein 26 karla, 50m baksund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Ómar Snævar Friðriksson	34	SH	29.74	
2. Guðmundur Hafþórsson	34	KR	30.08	

Sundgrein 26 karla, 50m baksund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Jóhan Ásmundsson	35	HSmasters	34.84	
2. Albert Þór Kristjánsson	37	SH	36.06	

Sundgrein 26 karla, 50m baksund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Elvar Níelsson	40	Breiðablik	36.50	
2. ÁRNI RÚNAR ÁRNASON	41	SH	37.53	
3. Gunnar Þór Gunnarsson	44	Selfoss	41.68	

Sundgrein 26 karla, 50m baksund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. KARL GEORG KLEIN	45	SH	45.06	

Sundgrein 26 karla, 50m baksund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Jón Hugí Harðarson	51	ÍA	36.08	

Sundgrein 26 karla, 50m baksund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. GUÐJÓN GUÐNASON	60	SH	45.18	

Sundgrein 26 karla, 50m baksund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Eyðun Bærentsen	67	HSmasters	52.74	
2. Páll Arnór Pálsson	66	Breiðablik	1:01.11	
ÓG. JÓN GUÐMUNDSSON	65	SH	54.29	

Kom inn á maganum

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Sundgrein 27 kvenna, 50m baksund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Helga Sigurðardóttir	45	Ægir	37.90
2.	Annika Antoniussen	38	HSmasters	39.09
3.	Hanna Kristín Jónsdóttir	34	Ægir	40.67
4.	Sarah Jane Emily Caird	34	Tindastóll	43.02
5.	María Fanndal Birkisdóttir	39	Breiðablik	44.15
	Þórhalla Gunnarsdóttir	42	Breiðablik	44.15
7.	INGIBJÖRG SVALA ÓLAFSDÓTTIR	61	SH	53.11
8.	Þórdís Hrönn Pálsdóttir	48	Breiðablik	54.27
9.	Guðmunda Ólöf Jónasdóttir	65	UMS Borgarfjarðar	54.59
10.	Björg H. Kristófersdóttir	62	UMS Borgarfjarðar	1:02.36
11.	Erla Björg Garðarsdóttir	56	SH	1:03.05
12.	Kristjana Bergsdóttir	62	Breiðablik	1:03.23
13.	Steinunn Hjartardóttir	66	Tindastóll	1:32.03

Sundgrein 27 kvenna, 50m baksund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Hanna Kristín Jónsdóttir	34	Ægir	40.67
2.	Sarah Jane Emily Caird	34	Tindastóll	43.02

Sundgrein 27 kvenna, 50m baksund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Annika Antoniussen	38	HSmasters	39.09
2.	María Fanndal Birkisdóttir	39	Breiðablik	44.15

Sundgrein 27 kvenna, 50m baksund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Þórhalla Gunnarsdóttir	42	Breiðablik	44.15

Sundgrein 27 kvenna, 50m baksund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Helga Sigurðardóttir	45	Ægir	37.90
2.	Þórdís Hrönn Pálsdóttir	48	Breiðablik	54.27

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Sundgrein 27, kvenna, 50m baksund

Sundgrein 27 kvenna, 50m baksund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Erla Björg Garðarsdóttir	56 SH	1:03.05	

Sundgrein 27 kvenna, 50m baksund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61 SH	53.11	
2. Björg H. Kristófersdóttir	62 UMS Borgarfjarðar	1:02.36	
3. Kristjana Bergsdóttir	62 Breiðablik	1:03.23	

Sundgrein 27 kvenna, 50m baksund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	54.59	
2. Steinunn Hjartardóttir	66 Tindastóll	1:32.03	

Sundgrein 28 karla, 200m bringusund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Hákon Jónsson	29 Breiðablik	2:50.60	
2. Steinn Jóhannsson	46 SH	2:58.56	
3. Sigurjón Þórðarson	50 Tindastóll	3:20.05	
4. Kári Kaaber	64 SH	3:28.04	
5. Rúnar Már Jóhannsson	41 SH	3:29.22	
6. BJÖRGVIN BJÖRGVINSSON	59 SH	4:04.24	
7. Friðrik Guðmundsson	49 Breiðablik	4:06.78	
8. Ólafur Þór Magnússon	44 Breiðablik	4:08.29	
9. ÓLI G H ÞÓRÐARSON	78 SH	4:34.69	
10. Sveinbjörn Sveinbjörnsson	64 Breiðablik	4:36.29	
11. JÓN GUÐMUNDSSON	65 SH	4:43.51	
12. Haukur Bergsteinsson	78 Breiðablik	6:23.58	
ÓG. Viðar Bragi Þorsteinsson	41 Breiðablik	3:20.17	

SW 7.1 sporður tekinn áður en flugsundstak er opnað

Sundgrein 28 karla, 200m bringusund 25 - 29 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Hákon Jónsson	29 Breiðablik	2:50.60	

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Sundgrein 28, karla, 200m bringusund

Sundgrein 28 karla, 200m bringusund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Rúnar Már Jóhannsson	41 SH	3:29.22	
2.	Ólafur Þór Magnússon	44 Breiðablik	4:08.29	
ÓG.	Viðar Bragi Þorsteinsson	41 Breiðablik	3:20.17	

SW 7.1 sporður tekinn áður en flugsundstak er opnað

Sundgrein 28 karla, 200m bringusund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Steinn Jóhannsson	46 SH	2:58.56	
2.	Friðrik Guðmundsson	49 Breiðablik	4:06.78	

Sundgrein 28 karla, 200m bringusund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sigurjón Þórðarson	50 Tindastóll	3:20.05	

Sundgrein 28 karla, 200m bringusund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	BJÖRGVIN BJÖRGVINSSON	59 SH	4:04.24	

Sundgrein 28 karla, 200m bringusund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Kári Kaaber	64 SH	3:28.04	
2.	Sveinbjörn Sveinbjörnsson	64 Breiðablik	4:36.29	

Sundgrein 28 karla, 200m bringusund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	JÓN GUÐMUNDSSON	65 SH	4:43.51	

Sundgrein 28 karla, 200m bringusund 75 - 79 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	ÓLI G H ÞÓRÐARSON	78 SH	4:34.69	
2.	Haukur Bergsteinsson	78 Breiðablik	6:23.58	

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Sundgrein 29 kvenna, 200m bringusund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	45	Ægir	3:29.18	
2.	51	SH	3:31.86	
3.	41	Breiðablik	4:05.47	
4.	44	SH	4:19.28	
5.	52	SH	4:41.06	

Sundgrein 29 kvenna, 200m bringusund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	41	Breiðablik	4:05.47	
2.	44	SH	4:19.28	

Sundgrein 29 kvenna, 200m bringusund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	45	Ægir	3:29.18	

Sundgrein 29 kvenna, 200m bringusund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	51	SH	3:31.86	
2.	52	SH	4:41.06	

Sundgrein 30 karla, 100m skriðsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	35	Selfoss	58.58	
2.	36	Selfoss	59.02	
3.	29	Breiðablik	1:01.72	
4.	45	ÍRB	1:03.43	
5.	35	HSmasters	1:03.72	
6.	37	Breiðablik	1:04.06	
7.	41	SH	1:04.98	
8.	34	SH	1:05.30	
9.	50	ÍA	1:06.24	
10.	51	ÍA	1:06.33	
11.	25	SH	1:07.02	
12.	46	SH	1:08.16	
13.	41	Ægir	1:08.47	
14.	45	Ægir	1:08.55	
15.	27	SH	1:08.80	
16.	45	SH	1:09.09	
17.	45	SH	1:09.11	
18.	46	Ægir	1:10.76	
19.	40	SH	1:11.24	
20.	43	HSmasters	1:11.48	

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Sundgrein 30, karla, 100m skriðsund, Opinn

Sæti	Aldur		Tími	Stig
21.	GUÐNI GUÐNASON	52 SH	1:11.78	
22.	Einar Hauksson	56 Breiðablik	1:12.64	
23.	Eyðun Húsgarð	52 HSMasters	1:14.56	
24.	Sigmundur Stefánsson	61 Selfoss	1:15.73	
25.	Magnús Jens Hjaltsted	38 Breiðablik	1:16.82	
26.	Gunnar Þór Gunnarsson	44 Selfoss	1:20.56	
27.	Hörður Valgarðsson	34 Ægir	1:22.23	
28.	Bertel Ingi Arnfinnsson	38 Breiðablik	1:22.42	
29.	Sámal Olsen	53 HSMasters	1:24.48	
30.	Ingimundur Ingimundarson	70 UMS Borgarfjarðar	1:25.57	
31.	Eyðun Bærentsen	67 HSMasters	1:26.60	
32.	Stephan Jón Hufschmid	45 Styrmir	1:30.46	
33.	Oddur Valur Þórarinnsson	47 Breiðablik	1:31.81	
34.	JÓN GUÐMUNDSSON	65 SH	1:36.50	
35.	Friðrik Guðmundsson	49 Breiðablik	1:37.04	
36.	Hrafn Þórðarson	48 Breiðablik	1:38.68	
37.	Leivur Michelsen	58 HSMasters	1:41.73	
38.	ÓLI G H ÞÓRÐARSON	78 SH	1:47.66	
39.	Páll Sigurþórsson	76 Selfoss	1:48.36	
40.	Páll Arnór Pálsson	66 Breiðablik	1:48.66	
41.	Sveinbjörn Sveinbjörnsson	64 Breiðablik	1:58.83	
42.	Þorsteinn Ingimundarsson	68 SH	2:46.21	
43.	Haukur Bergsteinnsson	78 Breiðablik	2:58.41	

Sundgrein 30
3.5.2014

karla, 100m skriðsund

25 - 29 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Hákon Jónsson	29 Breiðablik	1:01.72	
2.	Arnar I Guðmundsson	25 SH	1:07.02	
3.	Hlynur S Sigurðsson	27 SH	1:08.80	

Sundgrein 30
3.5.2014

karla, 100m skriðsund

30 - 34 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Ómar Snævar Friðriksson	34 SH	1:05.30	
2.	Hörður Valgarðsson	34 Ægir	1:22.23	

Sundgrein 30
3.5.2014

karla, 100m skriðsund

35 - 39 ára
Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Stefán Rey Ólafsson	35 Selfoss	58.58	
2.	Ægir Sigurðsson	36 Selfoss	59.02	
3.	Jóhan Ásmundsson	35 HSMasters	1:03.72	
4.	Ragnar Víktor Hilmarsson	37 Breiðablik	1:04.06	
5.	Magnús Jens Hjaltsted	38 Breiðablik	1:16.82	
6.	Bertel Ingi Arnfinnsson	38 Breiðablik	1:22.42	

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Sundgrein 30, karla, 100m skriðsund

Sundgrein 30 karla, 100m skriðsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	HÁLFDÁN FREYR ÖRNÓLFSSON	41 SH	1:04.98	
2.	Geir Sigurður JONSSON	41 Ægir	1:08.47	
3.	Anders Möller Nielsen	40 SH	1:11.24	
4.	Erling Eidesgaard	43 HSMasters	1:11.48	
5.	Gunnar Þór Gunnarsson	44 Selfoss	1:20.56	

Sundgrein 30 karla, 100m skriðsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Borgar Þór Bragason	45 ÍRB	1:03.43	
2.	Steinn Jóhannsson	46 SH	1:08.16	
3.	Finnbjörn Aðalheiðarson	45 Ægir	1:08.55	
4.	KARL GEORG KLEIN	45 SH	1:09.09	
5.	JÓHANN SAMSONARSON	45 SH	1:09.11	
6.	Þórir Marínó Sigurðsson	46 Ægir	1:10.76	
7.	Stephan Jón Hufschmid	45 Styrmir	1:30.46	
8.	Oddur Valur Þórarinsson	47 Breiðablik	1:31.81	
9.	Friðrik Guðmundsson	49 Breiðablik	1:37.04	
10.	Hrafn Þórðarson	48 Breiðablik	1:38.68	

Sundgrein 30 karla, 100m skriðsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Vignir Barkarson	50 ÍA	1:06.24	
2.	Jón Hugl Harðarson	51 ÍA	1:06.33	
3.	GUÐNI GUÐNASON	52 SH	1:11.78	
4.	Eyðun Húsgarð	52 HSMasters	1:14.56	
5.	Sámal Olsen	53 HSMasters	1:24.48	

Sundgrein 30 karla, 100m skriðsund 55 - 59 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Einar Hauksson	56 Breiðablik	1:12.64	
2.	Leivur Michelsen	58 HSMasters	1:41.73	

Sundgrein 30 karla, 100m skriðsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	Sigmundur Stefánsson	61 Selfoss	1:15.73	
2.	Sveinbjörn Sveinbjörnsson	64 Breiðablik	1:58.83	

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Sundgrein 30, karla, 100m skriðsund

Sundgrein 30 karla, 100m skriðsund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	67	HSmasters	1:26.60	
2.	65	SH	1:36.50	
3.	66	Breiðablik	1:48.66	
4.	68	SH	2:46.21	

Sundgrein 30 karla, 100m skriðsund 70 - 74 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	70	UMS Borgarfjarðar	1:25.57	

Sundgrein 30 karla, 100m skriðsund 75 - 79 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	78	SH	1:47.66	
2.	76	Selfoss	1:48.36	
3.	78	Breiðablik	2:58.41	

Sundgrein 31 kvenna, 100m skriðsund Opinn
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1.	40	Selfoss	1:07.35	
2.	45	Ægir	1:07.54	
3.	67	HSmasters	1:14.67	
4.	34	Ægir	1:15.67	
5.	34	Tindastóll	1:20.41	
6.	39	Breiðablik	1:21.77	
7.	50	Selfoss	1:22.83	
8.	46	Breiðablik	1:24.61	
9.	42	Breiðablik	1:25.47	
10.	51	SH	1:29.31	
11.	48	Breiðablik	1:33.41	
12.	41	Breiðablik	1:36.43	
13.	65	UMS Borgarfjarðar	1:43.93	
14.	37	Breiðablik	1:44.00	
15.	61	SH	1:47.32	
16.	62	Breiðablik	1:52.18	
17.	52	SH	2:01.87	
18.	66	Ægir	2:03.23	
19.	47	Breiðablik	2:15.24	
20.	69	ÍBV	2:34.08	

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Sundgrein 31, kvenna, 100m skriðsund

Sundgrein 31 kvenna, 100m skriðsund 30 - 34 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hanna Kristín Jónsdóttir	34	Ægir	1:15.67	
2. Sarah Jane Emily Caird	34	Tindastóll	1:20.41	

Sundgrein 31 kvenna, 100m skriðsund 35 - 39 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. María Fanndal Birkisdóttir	39	Breiðablik	1:21.77	
2. Sigrún Árnadóttir	37	Breiðablik	1:44.00	

Sundgrein 31 kvenna, 100m skriðsund 40 - 44 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Sigurlín Garðarsdóttir	40	Selfoss	1:07.35	
2. Þórhalla Gunnarsdóttir	42	Breiðablik	1:25.47	
3. Irina Óskarsdóttir	41	Breiðablik	1:36.43	

Sundgrein 31 kvenna, 100m skriðsund 45 - 49 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Helga Sigurðardóttir	45	Ægir	1:07.54	
2. Anna Helgadóttir	46	Breiðablik	1:24.61	
3. Þórdís Hrönn Pálsdóttir	48	Breiðablik	1:33.41	
4. Sigríður Kristjánsdóttir	47	Breiðablik	2:15.24	

Sundgrein 31 kvenna, 100m skriðsund 50 - 54 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. Hrund Baldursdóttir	50	Selfoss	1:22.83	
2. BIRNA Jóhanna ÓLAFSDÓTTIR	51	SH	1:29.31	
3. Gerður Arnarsdóttir	52	SH	2:01.87	

Sundgrein 31 kvenna, 100m skriðsund 60 - 64 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur		Tími	Stig
1. INGIBJÖRG SVALA ÓLAFSDÓTTIR	61	SH	1:47.32	
2. Kristjana Bergsdóttir	62	Breiðablik	1:52.18	

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Sundgrein 31, kvenna, 100m skriðsund

Sundgrein 31 kvenna, 100m skriðsund 65 - 69 ára
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Aldur	Tími	Stig
1. Tóra á Bærentsen	67 HSmasters	1:14.67	
2. Guðmunda Ólöf Jónasdóttir	65 UMS Borgarfjarðar	1:43.93	
3. Ragna María Ragnarsdóttir	66 Ægir	2:03.23	
4. Þórey Þórarinsdóttir	69 ÍBV	2:34.08	

Sundgrein 32 karla, 4 x 50m fjórsund ALDFL 120 - 159
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Tími	Stig
1. SH 1	2:08.25	
Ómar Snævar Friðriksson 34 +0,76 30.15	Albert Þór Kristjánsson 37 +0,65 30.99	
Arnar I Guðmundsson 25 +0,42 37.07	Hlynur S Sigurðsson 27 +0,55 30.04	
2. Breiðablik 2	2:19.60	
Ragnar Viktor Hilmarsson 37 +0,72 37.66	Elvar Níelsson 40 +0,53 33.07	
Hákon Jónsson 29 +0,26 33.90	Viðar Bragi Þorsteinsson 41 +0,66 34.97	

Sundgrein 32 karla, 4 x 50m fjórsund ALDFL 160 - 199
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Tími	Stig
1. Ægir 1	2:10.56	
Hörður Guðmundsson 40 +0,78 33.40	Kári Sturlaugsson 41 +0,66 31.47	
Finnbjörn Aðalheiðarson 45 +0,80 35.57	Geir Sigurður JONSSON 41 +0,70 30.12	
2. Selfoss 1	2:11.67	
Stefán Rey Ólafsson 35 +0,66 32.68	Ægir Sigurðsson 36 37.40	
Hreiðar Jónsson 33 +0,70 29.03	Sigmundur Stefánsson 61 +0,61 32.56	
3. SH 2	2:19.64	
Anders Möller Nielsen 40 +0,59 37.14	Steinn Jóhannsson 46 +0,52 34.34	
ÁRNI RÚNAR ÁRNASON 41 +0,62 39.08	HÁLFDÁN FREYR ÖRNÓLFSSON 41 +0,12 29.08	
ÓG. Ægir 2	2:53.11	
<i>Þjófstart skipting 1-2</i>		
Hörður Oddfríðarson 49 +0,70 1:04.43	Þórir Marínó Sigurðsson 46 +0,64 31.70	
Ragnar Friðbjörnsson 41 -0,07 41.93	Remi Spilliaert 56 +0,72 35.05	

Sundgrein 32 karla, 4 x 50m fjórsund ALDFL 200 - 239
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti	Tími	Stig
1. HSmasters 3	2:28.95	
Jóhan Ásmundsson 35 +0,82 35.04	Jon Hestoy 55 +0,57 34.36	
Eyðun Bærentsen 67 +0,67 48.12	Erling Eidesgaard 43 +0,83 31.43	
2. SH 4	3:06.16	
JÓN GUÐMUNDSSON 65 +0,89 53.53	KARL GEORG KLEIN 45 +0,69 37.94	
BJÖRGVIN BJÖRGVINSSON 59 +0,84 52.73	TRAUSTI SVEINBJÖRNSSON 68 +0,89 41.96	

IMOC 2014
Kópavogslaug, 2. - 3.5.2014

Sundgrein 32, karla, 4 x 50m fjórsund

Sundgrein 32 karla, 4 x 50m fjórsund ALDFL 240 - 279
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	SH 3			SH		2:56.97	
	GUÐJÓN GUÐNASON	60	+0,77	44.05	GUÐNI GUÐNASON	52	+0,81 37.55
	ÓLI G H ÞÓRÐARSON	78	+0,49	54.74	Kári Kaaber	64	+0,71 40.63
ÓG.	Breiðablik 1			Breiðablik		3:40.45	
	<i>Þjófstart skipting 1 -2</i>						
	Páll Arnór Pálsson	66	+0,76	1:02.14	Einar Hauksson	56	+0,10 44.70
	Haukur Bergsteinsson	78	-0,30	1:08.87	Fríðrik Guðmundsson	49	+1,07 44.74

Sundgrein 33 kvenna, 4 x 50m fjórsund ALDFL 160 - 199
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	Ægir 1			Ægir		2:32.20	
	Eygló Traustadóttir	43	+0,70	37.46	Helga Sigurðardóttir	45	+0,75 37.12
	Þórunn Kristín Guðmundsdóttir	45	+0,69	44.54	Hanna Kristín Jónsdóttir	34	+0,49 33.08
2.	Breiðablik 2			Breiðablik		2:46.73	
	Anna Þórey Sveinbjörnsdóttir	40		38.71	María Fanndal Birkisdóttir	39	+0,40 38.16
	Irina Óskarsdóttir	41	+0,68	52.29	Þórhalla Gunnarsdóttir	42	+0,80 37.57
ÓG.	HSmasters 1			HSmasters		3:00.07	
	<i>False Start change 2 - 3</i>						
	Annika Antoniusen	38	+1,52	39.13	Randi Holm	41	-0,05 48.91
	Anida Johannesen	53	+0,39	53.06	Anna Eidesgaard	40	+0,75 38.97

Sundgrein 33 kvenna, 4 x 50m fjórsund ALDFL 200 - 239
3.5.2014 Úrslitalistar

Stig: FINA 2014

Sæti						Tími	Stig
1.	SH 1			SH		3:35.07	
	Erla Björg Garðarsdóttir	56	+0,86	1:00.84	INGIBJÖRG SVALA ÓLAFSDÓTTIR61	+1,00	1:00.50
	Karítas Guðmundsdóttir	44	+0,76	53.83	BIRNA Jóhanna ÓLAFSDÓTTIR	51	+0,59 39.90
ÓG.	Breiðablik 1			Breiðablik		3:30.71	
	<i>Þjófstart, skipting 1-2</i>						
	Kristjana Bergsdóttir	62	+0,80	1:03.36	Sigrún Halldórsdóttir	47	+0,56 54.11
	Þórdís Hrönn Pálsdóttir	48	-0,77	55.42	Anna Helgadóttir	46	+0,59 37.82